

**Integrated Autism Service data collection 2021-22**

Please select your Integrated Autism Service from the list provided  ✓

Quarter  ✓

Please enter the name of the main contact in relation to this return\*  ✓

Please enter the telephone number for this contact\*  ✓

Please enter the e-mail address for this contact\*  ✓

[\\*How will we use this information?](#)



**Please return this spreadsheet via EMYR no later than 29 April 2022**

[Guidance on how to use the form](#)

**If you require any assistance with completing this form please contact:**

[PIEnquiries@data.cymru](mailto:PIEnquiries@data.cymru)

You can navigate through the form by using the blue hyperlinks below, or by clicking on the tab of the relevant worksheet:

- [1. Professionals](#)
- [2. Parents / Carers](#)
- [3. Autistic Individuals](#)

Submission dates 2021-22	
Quarter	Return date to Data Cymru
1	20 August 2021
2	29 October 2021
3	28 January 2022
4	29 April 2022

Supporting information	
Budget allocation	Please note that in addition to the usual funding stated below Cardiff and Vale University Health
Budget spend to date	TBC
Composition of staff	see appendix 1
Any changes within the team structure	We continue to have 3 staff on maternity leave, and along with the ongoing issues of being
Highlight key challenges/barriers/achievements	Demand continues to outweigh capacity across all aspects of service provision. The demand for diagnostic assessments continues to increase and we are also seeing an increase in the complexity of assessments, thus taking longer. We have seen an increase in referrals for diagnostic assessments: 2018/19- 227; 2019/20 - 296; 2020/21 – 255; 2021/ 22 – 433.

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## Integrated Autism Service data collection 2021-22

### General guidance for completing the form

#### Navigation

You will be able to move from sheet to sheet by clicking the appropriate hyperlink.

For example to return to the home page click the "Home page" hyperlink

#### Completing the form

On receiving the spreadsheet the cells requiring data items will have the following properties:

All cells requiring data will be coloured green.



Some cells derive values from other data items. These cells are coloured in dark grey. You will not be able to enter data into these cells.



**If you are unable to provide any data item, please leave the cell BLANK. Do not enter text (NA or Not collected etc.) into any cell other than the comments cells. We will assume that a zero in any cell signifies a zero count for this data item.**

A yellow box is provided below each table for your comments. If any data items are missing then a comment must be added to the spreadsheet.



#### Validation

**Validation involves checking for common sense errors. These errors must be resolved before the spreadsheet is returned to Data Cymru.**

Data items which break a validation rule will be coloured red (V). Click in the validation cell for an explanation.



Data items where no data is entered will be coloured red (C). These items require a zero to be entered if the return is nil, or a comment must be made.



Missing data items with a comment provided will be coloured orange (M)



Data items that pass validation will be coloured green (√)



Resolved validation errors will be coloured green (R)



#### **Contact details**

We, Data Cymru, collect your contact details so that we can liaise with you about the data provided. This is our legitimate interest for collecting this information. These details may be shared with your lead IAS data collection contact (if different) and the WLGA leads for this project, but will not be shared any wider. A copy of this form, including your contact details and any relevant emails about the collection, will be kept for the life of the project and for up to 10 years after. If you wish to access, amend or erase your contact details, or if you would like to restrict or object to us processing your information as set out above, please contact us.



# 1. Professionals

## Service

Cardiff and Vale Integrated Autism Service

	<b>Validation</b>
<i>i) All interactions with professionals during the quarter</i>	254 ✓

*Section 1: This section focuses on new referrals from professionals during the quarter and the nature o*

	<b>Validation</b>
<i>ii) New contact from professionals during the quarter</i>	200 ✓

### 1.1 Local Authority or Health Board area of professional contacting the service

	Count	%	Validation
Isle of Anglesey	0	0.0	✓
Gwynedd	0	0.0	✓
Conwy	0	0.0	✓
Denbighshire	0	0.0	✓
Flintshire	0	0.0	✓
Wrexham	0	0.0	✓
Powys	0	0.0	✓
Ceredigion	0	0.0	✓
Pembrokeshire	0	0.0	✓
Carmarthenshire	0	0.0	✓
Swansea	0	0.0	✓
Neath Port Talbot	0	0.0	✓
Bridgend	0	0.0	✓
The Vale of Glamorgan	0	0.0	✓
Rhondda Cynon Taf	0	0.0	✓
Merthyr Tydfil	0	0.0	✓
Caerphilly	0	0.0	✓
Blaenau Gwent	0	0.0	✓
Torfaen	0	0.0	✓
Monmouthshire	0	0.0	✓
Newport	0	0.0	✓
Cardiff	0	0.0	✓
Betsi Cadwaladr University Health Board	0	0.0	✓
Powys Teaching Health Board	0	0.0	✓
Hywel Dda University Health Board	0	0.0	✓
Swansea Bay University Health Board	0	0.0	✓
Cwm Taf Morgannwg University Health Board	0	0.0	✓

Aneurin Bevan University Health Board	0	0.0	√
Cardiff and Vale University Health Board	200	100.0	√
<b>Total</b>	<b>200</b>	<b>0.0</b>	<b>√</b>
<b>Comments</b>			

*f that contact – if a professional contacts the service more than once during the quarter you should cou*

## 1.2 Method of contact

	Count	%	Validation
Email	148	74.0	√
Phone	28	14.0	√
Face to face	3	1.5	√
Post	5	2.5	√
Other	16	8.0	√
<b>Total</b>	<b>200</b>	<b>100.0</b>	√
<b>Comments</b>	The 'other' contacts were through Paris and virtual media such as Teams.		

## 1.4 Sector

	Count	%	Validation
Local Authority	36	18.0	√
Health	117	58.5	√
Private Sector	5	2.5	√
Voluntary Sector	10	5.0	√
Criminal Justice	2	1.0	√
Other	30	15.0	√
<b>Total</b>	<b>200</b>	<b>100.0</b>	√
<b>Comments</b>			



**Quarter**

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nt each contact as a new contact providing they are related to a new issue / person.

**1.3 Primary reason for contact**

	Count	%	Validation
Referral for an adult diagnosis	0	0.0	√
Request joint work / consultation for a client	129	64.5	√
Request support to work with a client(s)	0	0.0	√
Request for training	40	20.0	√
Other general enquiry	31	15.5	√
Referral for Parents / Carers support	0	0.0	√
<b>Total</b>	<b>200</b>	<b>100.0</b>	√
<b>Comments</b>	Please see Appendix 6 for feedback from the ASD and MH training commissioned by the IAS for LIHB and		





## 2. Parents / Carers

### Service

Cardiff and Vale Integrated Autism Service

	<b>Validation</b>
<b>i) All interactions with parents / carers during the quarter</b>	112 ✓

Section 1: This section focuses on new referrals from parents / carers during the quarter and the nature

	<b>Validation</b>
<b>ii) New referrals from parents / carers during the quarter</b>	89 ✓

### 1.1 Home Local Authority

	Count	%	Validation
Isle of Anglesey	0	0.0	✓
Gwynedd	0	0.0	✓
Conwy	0	0.0	✓
Denbighshire	0	0.0	✓
Flintshire	0	0.0	✓
Wrexham	0	0.0	✓
Powys	0	0.0	✓
Ceredigion	0	0.0	✓
Pembrokeshire	0	0.0	✓
Cardiganshire	0	0.0	✓
Swansea	0	0.0	✓
Neath Port Talbot	0	0.0	✓
Bridgend	0	0.0	✓
The Vale of Glamorgan	0	0.0	✓
Rhondda Cynon Taf	0	0.0	✓
Merthyr Tydfil	0	0.0	✓
Caerphilly	0	0.0	✓
Blaenau Gwent	0	0.0	✓
Torfaen	0	0.0	✓
Monmouthshire	0	0.0	✓
Newport	0	0.0	✓
Cardiff	0	0.0	✓
Betsi Cadwaladr University Health Board	0	0.0	✓
Powys Teaching Health Board	0	0.0	✓
Hywel Dda University Health Board	0	0.0	✓
Swansea Bay University Health Board	0	0.0	✓
Cwm Taf Morgannwg University Health Board	0	0.0	✓

Aneurin Bevan University Health Board	0	0.0	√
Cardiff and Vale University Health Board	89	100.0	√
<b>Total</b>	<b>89</b>	<b>100.0</b>	<b>√</b>
<b>Comments</b>			

### 1.9 IAS history

	Count	%	Validation
New service user	87	97.8	√
Re-visiting service user	2	2.2	√
<b>Total</b>	<b>89</b>	<b>100.0</b>	<b>√</b>
<b>Comments</b>			

### 1.10 Employment Status

	Count	%	Validation
Employed			M
Unemployed			M
Other			M
<b>Total</b>	<b>0</b>	<b>0.0</b>	<b>√</b>
<b>Comments</b>	Because many of our parent/carer contacts are email or telephone		

Section 2: This section focuses on the outcomes of the referrals. Include all decisions made/interventio

### 2.1 Decision

	Count	%	Validation
Accepted	89	100.0	√
Not accepted	0	0.0	√
Pending more information	0	0.0	√
<b>Total</b>	<b>89</b>	<b>100.0</b>	
<b>Comments</b>			

## 2.4 Outcomes

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	Count	Validation
Number of parents / carers that showed an improvement following the intervention		M
<b>Comments</b>	We are unable collect all this data. Many of these interventions are signposting; it is not feasible to follow up each person	

---

*Section 3: This section focuses on additional information about the service provided to parents / carers*

## 3.1 Support Groups

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	Count	Validation
Number of support group sessions held	9	✓
<b>Comments</b>	Carers Month Workshops: Code Of Practice on the delivery of	

of those referrals - if a parent / carer makes more than one referral during the quarter you should count

ii-a) Total referred by professionals

1

### 1.2 Method of referral

	Count	%	Validation
Email	10	11.2	√
Phone	16	18.0	√
Face to face	2	2.2	√
Post	0	0.0	√
Other	61	68.5	√
<b>Total</b>	<b>89</b>	<b>100.0</b>	<b>√</b>
<b>Comments</b>			

### 1.4 Age

	Count	%	Validation
17 - 25	0	0.0	√
26 - 45	0	0.0	√
46 - 64	4	100.0	√
65+	0	0.0	√
Prefer not to say	0	0.0	√
<b>Total</b>	<b>4</b>	<b>100.0</b>	<b>R</b>
<b>Comments</b>	Because many of our parent/carer contacts are email or telephone enquiries it is not appropriate to automatically		

### 1.6 Gender

## 1.6 Gender

	Count	%	Validation
Male	7	7.9	√
Female	22	24.7	√
Prefer not to say	0	0.0	√
Other	60	67.4	√
<b>Total</b>	<b>89</b>	<b>100.0</b>	√
<b>Comments</b>	60 Parents/carers attended our carers month workshops. It would not have been appropriate to automatically gather this		

## 1.7 Primary reason for referral - advice in relation to:

	Count	%	Validation
Post diagnostic support / advice	0	0.0	√
Education support	0	0.0	√
Daily living skills	0	0.0	√
Challenging behaviour	4	4.5	√
Leisure / Recreation	1	1.1	√
Social skills	0	0.0	√
Parent / Carer support	27	30.3	√
Emotional dysregulation	0	0.0	√
Anxiety	0	0.0	√
Depression	0	0.0	√
Sleep / Diet	0	0.0	√
Access to other services	1	1.1	√
Parenting support (programmes)	56	62.9	√
Other	0	0.0	√
<b>Total</b>	<b>89</b>	<b>100.0</b>	√
<b>Comments</b>			

ns received during the quarter, including those where the initial referral was made in the previous quarter

## 2.2 Reason for not accepting the referral

	Count	%	Validation
Out of area	0		√
Not appropriate	0		√
Insufficient information	0		√
<b>Total</b>	<b>0</b>	<b>0.0</b>	√
<b>Comments</b>			

## 2.5 Timeliness of support

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	Count	Validation
Average weeks from point of referral received to accepted	1	√
Average weeks from referral accepted to start of intervention	4	√
Comments	We respond to emails and calls as soon as possible. This is sometimes within a few hours but can take a few days.	


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## 3.2 Formal Complaints

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	Count	Validation
Number of formal complaints received	0	√
Comments		

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**Quarter**

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each as a new referral providing they are related to a new issue.

**ii-b) Total self-referred**

88

**1.3 Service user**

	Count	%	Validation
Parents / carers of autistic adults	27	30.3	√
Parents / carers autistic children	2	2.2	√
Other (please provide comment)	60	67.4	√
<b>Total</b>	<b>89</b>	<b>100.0</b>	<b>√</b>
<b>Comments</b>	60 Parents/carers attended our carers month workshops. It would not have been appropriate to automatically gather this		

**1.5 Ethnicity**

	Count	%	Validation
White	0		√
Mixed/ multiple ethnic groups	0		√
Asian/ Asian British	0		√
Black/African/ Caribbean /Black British	0		√
Other ethnic group	0		√
Prefer not to say	0		√
<b>Total</b>	<b>0</b>	<b>0.0</b>	<b>√</b>
<b>Comments</b>	Because many of our parent/carer contacts are email or telephone enquiries it is not appropriate to automatically		

### 1.8 Other service history - currently working with:

	Count	%	Validation
CAMHS			M
ND team			M
Health visitor			M
Portage			M
Community Child Health Team			M
Childrens disability team			M
Families First			M
Flying Start			M
Social care			M
Primary mental health services			M
Adult Learning Disability service			M
Other			M
<b>Total</b>	<b>0</b>	<b>0.0</b>	
<b>Comments</b>	Because many of our parent/carer contacts are email or telephone enquiries		

S.

### 2.3 Interventions Received

	Count	%	Validation
IAS psychology staff	0	0.0	√
IAS SaLT staff	0	0.0	√
IAS OT staff	4	4.5	√
IAS dieticians	1	1.1	√
IAS support workers	3	3.4	√
ASD practitioner	8	9.0	√



IAS team managers	5	5.6	√
Access support group	60	67.4	√
Refer to other service	1	1.1	√
No further action	0	0.0	√
Signpost to other service	1	1.1	√
Information provided	6	6.7	√
Other	0	0.0	√
<b>Total</b>	<b>89</b>	<b>100.0</b>	

**Comments**

It is important to note that this is not a good reflection of the amount or type of interventions offered. These are outcomes

**3.3 Compliments**

	Count	Validation
Number of compliments received	30	√

**Comments**

We get positive feedback from people using our service to say that they have



### 3. Autistic Individuals

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Service  
Cardiff and Vale Integrated Autism Service

Quarter  
Quarter 4 - 2021 - 22

**i) All interactions with autistic individuals during the quarter**

Count	Validation
284	✓

Section 1: This section focuses on new referrals from autistic individuals during the quarter and the nature of those referrals - if an autistic individual makes more than one referral during the quarter you should count each as a new referral providing they are related to a new issue.

**ii-a) New referrals from autistic individuals during the quarter**

Count	Validation
259	✓

**ii-b) Total referred by professionals**

166
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**ii-c) Total self-referred**

89
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**ii-c) Total referred by parents / carers**

4
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**1.1 Local Authority**

	Count	%	Validation
Isle of Angelsey	0	0.0	✓
Gwynedd	0	0.0	✓
Conwy	0	0.0	✓
Denbighshire	0	0.0	✓
Flintshire	0	0.0	✓
Wrexham	0	0.0	✓
Powys	0	0.0	✓
Ceredigion	0	0.0	✓
Pembrokeshire	0	0.0	✓
Camarthenshire	0	0.0	✓
Swansea	0	0.0	✓
Neath Port Talbot	0	0.0	✓
Bridgend	0	0.0	✓
The Vale of Glamorgan	0	0.0	✓
Rhondda Cynon Taf	0	0.0	✓
Merthyr Tydfil	0	0.0	✓
Caerphilly	0	0.0	✓
Blaenau Gwent	0	0.0	✓
Torfaen	0	0.0	✓
Monmouthshire	0	0.0	✓
Newport	0	0.0	✓
Cardiff	0	0.0	✓
Betsi Cadwaladr University Health Board	0	0.0	✓
Powys Teaching Health Board	0	0.0	✓
Hywel Dda University Health Board	0	0.0	✓
Swansea Bay University Health Board	0	0.0	✓
Cam Taf Morgannwg University Health Board	0	0.0	✓
Anaclin Bevan University Health Board	0	0.0	✓
Cardiff and Vale University Health Board	259	100.0	✓
<b>Total</b>	<b>259</b>	<b>100.0</b>	<b>✓</b>

**1.6 Gender**

	Count	%	Validation
Male	138	53.3	✓
Female	88	34.0	✓
Prefer not to say	28	10.8	✓
Other	5	1.9	✓
<b>Total</b>	<b>259</b>	<b>100.0</b>	<b>✓</b>

Comments: The 'prefer not to say' section represents those from whom it would not be

**1.9 IAS history**

	Count	%	Validation
New service user	223	86.1	✓
Re-visiting service user	36	13.9	✓
<b>Total</b>	<b>259</b>	<b>100.0</b>	<b>✓</b>

**1.2 Method of referral**

	Count	%	Validation
Email	118	24.7	✓
Phone	38	8.0	✓
Face to face	12	2.5	✓
Post	50	10.5	✓
Other	259	54.3	✓
<b>Total</b>	<b>477</b>	<b>100.0</b>	<b>R</b>

Comments: The other section represents the referrals that we received via our electronic record system and those that are not represented.

**1.4 Age**

	Count	%	Validation
16-17	12	4.6	✓
18-25	63	24.3	✓
26-45	68	26.3	✓
46-64	13	5.0	✓
65+	1	0.4	✓
Prefer not to say	102	39.4	✓
<b>Total</b>	<b>259</b>	<b>60.6</b>	<b>✓</b>

Comments: The 'prefer not to say' section represents those from whom it would not be appropriate for us to automatically collect

**1.7 Primary reason for referral - advice in relation to:**

	Count	%	Validation
Post diagnostic support / advice	68	26.3	✓
Employment support	3	1.2	✓
Daily living skills	5	1.9	✓
Challenging behaviour	3	1.2	✓
Leisure / recreation	6	2.3	✓
Social skills	2	0.8	✓
Diagnostic assessment	125	48.3	✓
Emotional dysregulation	3	1.2	✓
Anxiety	5	1.9	✓
Depression	1	0.4	✓
Sleep / diet	4	1.5	✓
Access to other services	3	1.2	✓
Parenting support	0	0.0	✓
Other	31	12.0	✓
<b>Total</b>	<b>259</b>	<b>100.0</b>	<b>✓</b>

Comments: Those referred for groups are included under the Post diagnostic support. The

**1.10 Employment Status**

	Count	%	Validation
Employed			M
Unemployed			M
Other			M
<b>Total</b>	<b>8</b>	<b>8.0</b>	<b>✓</b>

Comments: we are unable to collect this data at the moment.

**1.3 Service user**

	Count	%	Validation
Autistic adults requesting support	134	51.7	✓
Autistic adults seeking diagnosis	125	48.3	✓
<b>Total</b>	<b>259</b>	<b>100.0</b>	<b>✓</b>

**1.5 Ethnicity**

	Count	%	Validation
White	65	25.1	✓
Mixed/ multiple ethnic groups	5	1.9	✓
Asian/ Asian British	2	0.8	✓
Black/African/ Caribbean/Black British	1	0.4	✓
Other ethnic group	5	1.9	✓
Prefer not to say	181	69.9	✓
<b>Total</b>	<b>259</b>	<b>100.0</b>	<b>✓</b>

Comments: CAV IAS recognise the importance of collecting this information and have introduced ways of collecting this when

**1.8 Other service history - currently working with:**

	Count	%	Validation
Community Mental Health Team	14	56.0	✓
Adult Learning Disability service	1	4.0	✓
Forensic services	0	0.0	✓
Adult physical disability service	0	0.0	✓
Primary mental health services	9	36.0	✓
Social care	1	4.0	✓
Joint diagnosis	0	0.0	✓
Other	0	0.0	✓
<b>Total</b>	<b>25</b>	<b>100.0</b>	<b>✓</b>

Comments: Because many of our contacts with autistic adults are email or telephone

Section 2: This section focuses on the outcomes of the referrals. Include all decisions made/interventions received during the quarter, including those where the initial referral was made in the previous quarters.

**2.1 Decision**

	Count	%	Validation
Accepted	208	80.0	✓
Not accepted	14	5.8	✓
Pending more information	20	8.3	✓
<b>Total</b>	<b>242</b>	<b>100.0</b>	<b>✓</b>

Comments: 21 of the accepted referrals required more information to be rested prior to

**2.4 Outcomes**

	Count	Validation
Number of autistic individuals that showed any improvement following the intervention	2	M

Comments: CAV IAS are unable to report on this information this quarter due to staff

**2.6 Timeliness of diagnosis assessment**

	Count	Validation
Average weeks from point of referral received to accepted	2	✓
Average weeks from referral accepted to start of intervention	87	✓
Average weeks from initial appointment to diagnosis / outcome	0	✓

Comments: The result of the pandemic restrictions, staff long term sickness and staff

**2.2 Reason for not accepting the referral**

	Count	%	Validation
Out of area	0	0.0	✓
Not appropriate	14	100.0	✓
Insufficient information	0	0.0	✓
<b>Total</b>	<b>14</b>	<b>100.0</b>	<b>✓</b>

Comments: 14 referrals were not accepted: 4 ADHD Ax requests, 1 had already been

**2.5 Timeliness of support**

	Count	Validation
Average weeks from point of referral received to accepted	1	✓
Average weeks from referral accepted to start of intervention	2	✓

Comments: The IAS continue to respond to referrals for support as promptly as possible. Most

**2.7 Diagnostic Assessment**

	Count	Validation
Number of autistic individuals who received an assessment	32	✓
Number of assessments that lead to a positive diagnosis	19	✓

Comments: 32 Dx Ax were offer, 4 are still ongoing, 19 were diagnosed with autism and 9

**2.3 Interventions Received**

	Count	%	Validation
Diagnostic assessment	32	23.9	✓
IAS psychology staff	3	2.2	✓
IAS Sa.T staff	0	0.0	✓
IAS OT staff	9	6.7	✓
IAS dieticians	3	2.2	✓
IAS support workers	22	16.4	✓
Access support group	25	18.7	✓
Refer to other service	3	2.2	✓
No further action	0	0.0	✓
Signpost to other service	6	4.5	✓
Information provided	12	9.0	✓
ASD practitioner	2	1.5	✓
Social Worker	0	0.0	✓
Registered nurse	0	0.0	✓
IAS team managers	17	12.7	✓
Other	0	0.0	✓
<b>Total</b>	<b>134</b>	<b>100.0</b>	<b>✓</b>

Comments: It is important to note that this is not a good reflection of the amount or type of

Section 3: This section focuses on additional information about the service provided to autistic individuals

**3.1 Support Groups**

	Count	Validation
Number of support group sessions held	17	✓

Comments: 2 x PDG groups of 6 sessions each, 8 places available in each, 1 x Social

**3.2 Formal Complaints**

	Count	Validation
Number of formal complaints received	2	✓

Comments: Both complaints that were made about a number of services including the IAS and

**3.3 Compliments**

	Count	Validation
Number of compliments received	30	✓

Comments: Please see appendix 2 for Friends and Family feedback. It is not possible to