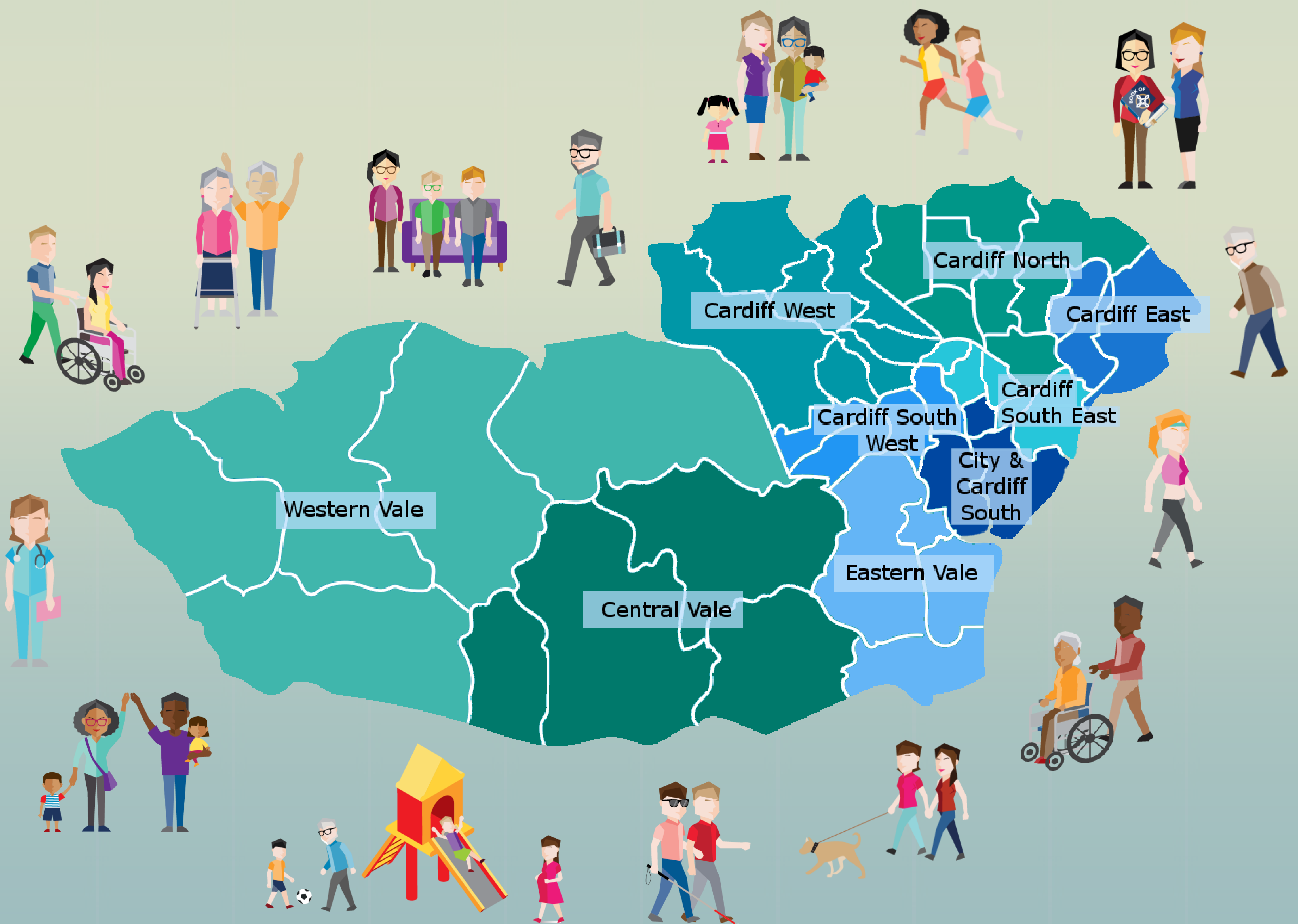


Cardiff and Vale of Glamorgan Area Plan for Care and Support Needs

Shaping Our Future Well-being:
'Me, My Home, My Community'

2018-2023



Executive Summary



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Caerdydd a'r Fro
Cardiff and Vale
University Health Board



Cardiff Third Sector Council
Cyngor Trydydd Sector Caerdydd



Empowering people. Inspiring excellence. Strengthening communities.
Grymuso pobl. Ysbyrdoli rhagoriaeth. Cryfhau cymunedau.



Cardiff & Vale of Glamorgan
INTEGRATED HEALTH
& SOCIAL CARE PARTNERSHIP
PARTNERIAETH IECHYD
& GOFAL CYMDEITHASOL INTEGREDIG
Caerdydd & Bro Morgannwg

Understanding the Care and Support Needs in Our Region

The Social Services and Well-being (Wales) Act 2014 introduced a duty on local authorities and local health boards to prepare and publish an assessment of the care and support needs of the population, including carers who need support.

Partners from the public and voluntary sectors in Cardiff and the Vale of Glamorgan joined forces under the banner 'Let's Talk' to identify the key care and support needs, prevention issues and assets (such as people, buildings, organisations or services which contribute to enhancing or maintaining well-being) in the region.

An assessment was undertaken between February 2016 and January 2017. Over this time, information was brought together from a number of sources: public surveys tailored to the audience; focus group interviews with local residents; a survey of local professionals and organisations providing care or support, including the third sector; service and population data; key documents; and previous work.

The Population Needs Assessment highlighted a number of cross-cutting key care and support needs for the Cardiff and Vale of Glamorgan population. These were:



Key Finding 1 (KF1)

Increase citizen involvement in shaping both preventative and reactionary services



Key Finding 2 (KF2)

Promote and improve access to high quality and accessible information and advice



Key Finding 3 (KF3)

Further support the development of opportunities that enable social and economic well-being



Key Finding 4 (KF4)

Strengthen links between schools, vocational opportunities, apprenticeships, further education and adult learning



Key Finding 5 (KF5)

Support people to make healthier lifestyle choices to reduce the prevalence of unhealthy behaviours



Key Finding 6 (KF6)

Improve access to low level and specialist mental health care and support



Key Finding 7 (KF7)

Provide appropriate and safe housing and community environments, to enable people to remain independent



Key Finding 8 (KF8)

Improve public transport, to enable better access to services, employment and social activities



Key Finding 9 (KF9)

Develop services that prevent the need for more intensive care and support



Key Finding 10 (KF10)

Develop services to respond to existing and future care and support needs, including those for carers



Key Finding 11 (KF11)

Improve support for people as they transition between services



Key Finding 12 (KF12)

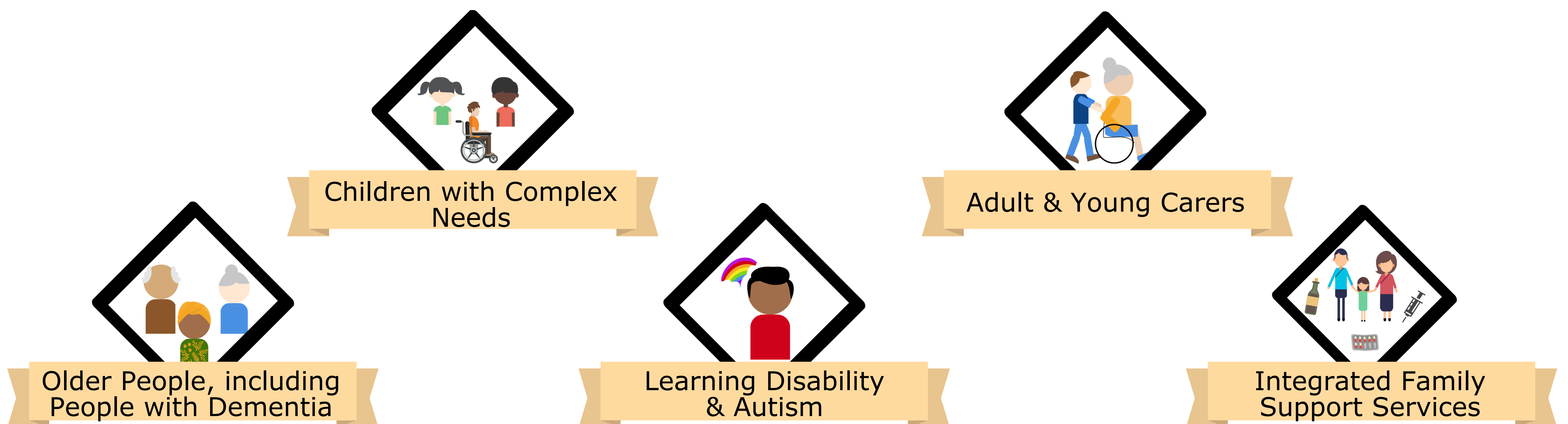
Improve organisational working practices, to ensure that services help people to achieve the outcomes they seek

Addressing the Identified Care and Support Needs: Our Regional Priorities

In response to the findings of the Population Needs Assessment, a review was undertaken in relation to all suggested areas for action in the report. This review was done against existing or planned activity in current Partnerships or organisational delivery mechanisms to identify where this work is already being progressed.

Two reports have been produced as a result of this review. The first is an Area Plan, which sets out the key needs identified within the Population Assessment, along with the priority areas for action in response to the findings. In addition, an Area Action Plan has also been developed, which provides the detail of how these priorities will be delivered. Both reports also set out the contributions to Cardiff and Vale of Glamorgan's Well-being Objectives and the National Social Services Outcomes Framework.




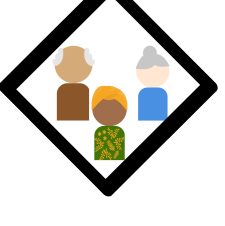

The main focus of both Plans will be the Regional Partnership Board's responsibilities for the integration of services in relation to:



Our regional priority areas for action are:



Older People, including People with Dementia

Regional Partnership Board Priorities

-  **OP1.1.** Building on the First Point of Contact and Single Point of Access services, further develop digital services along with easily accessible telephone, online and face-to-face access points for the region, for both professionals and the public
-  **OP1.2.** Develop resilient communities with local services, infrastructure and strong community networks to meet local needs where older people live
-  **OP1.3.** Develop and provide a range of future accommodation options to meet demand and enable people to remain at home for as long as possible
-  **OP1.4.** Develop improved assessment, diagnosis and care planning practices which are built upon genuine collaboration with older people and their carers and families, so that their plan reflects what is important to them and achieves the outcomes they seek
-  **OP1.5.** Develop Cardiff and Vale of Glamorgan as a dementia friendly region

Children with Complex Needs

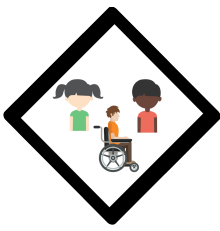







Regional Partnership Board Priorities

-  **CYP1.1.** Improve provision for children and young people with Additional Learning Needs
-  **CYP1.2.** Improve integrated provision for children with complex needs, including transition between children's and adult's services

Addressing the Identified Care and Support Needs: Our Regional Priorities

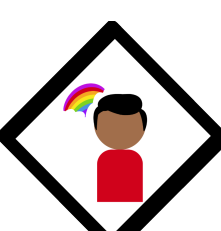
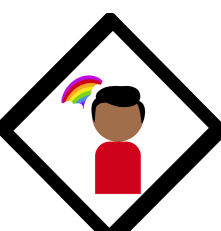
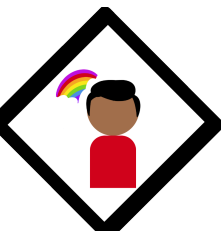
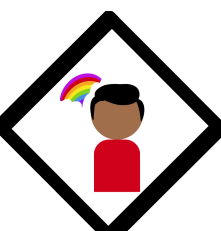
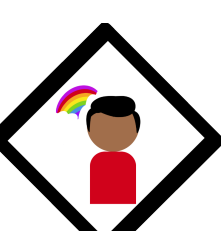
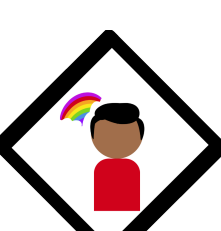
Children and Young People

Other Partnership Priorities

-  **CYP2.1.** Increase the role of children and young people in decision making and service delivery
-  **CYP2.2.** Improve educational outcomes
-  **CYP2.3.** Increase the successful transition into employment, education or training of children and young people
-  **CYP2.4.** Increase access to appropriate services for looked after children and children in need, recognising increased rates of emotional and mental health issues
-  **CYP2.5.** Increase support for children and young people affected directly or indirectly by parental relationship breakdown and domestic violence
-  **CYP2.6.** Prevent child sexual exploitation
-  **CYP2.7.** Enable children and young people to be happy and healthy
-  **CYP2.8.** Develop the Welsh skills of children and create new Welsh speakers, to support the Welsh Government's vision of having a million Welsh speakers by 2050

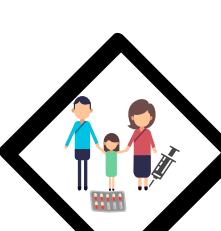
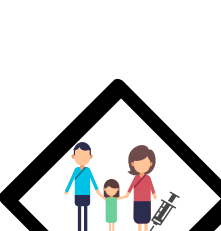
Learning Disability and Autism

Regional Partnership Board Priorities

-  **LDA1.1.** People with learning disabilities are supported to maximise their independence
-  **LDA1.2.** People with learning disabilities are supported to play an active role in society and engage in meaningful day time activities and employment or volunteering
-  **LDA1.3.** People with learning disabilities are valued and included, supported to have a voice, and able to exercise choice and control over their lives
-  **LDA1.4.** People with learning disabilities are enabled to stay healthy and feel safe
-  **LDA1.5.** People with learning disabilities are supported to become lifelong learners
-  **LDA1.6.** Develop a new Integrated Autism Service which all agencies working in integrated, multi-disciplinary ways will provide appropriate services for children, young people and adults with an autism spectrum disorder, addressing their education, health, employment, social interaction and emotional needs

Integrated Family Support Services

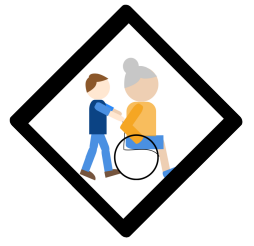
Regional Partnership Board Priorities

-  **IFSS1.1.** Continue to provide an intensive intervention with families referred by Children's Services where there are serious child protection concerns as a result of parental / carer substance misuse, domestic abuse or mental health
-  **IFSS1.2.** Explore the extension of the Integrated Family Support Service model to include other parental additional needs (e.g. learning disability) and consider how it can help tackle adverse childhood experiences

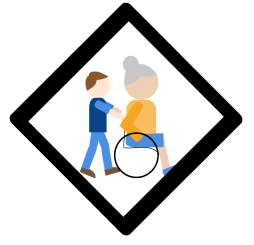
Addressing the Identified Care and Support Needs: Our Regional Priorities

Adult and Young Carers

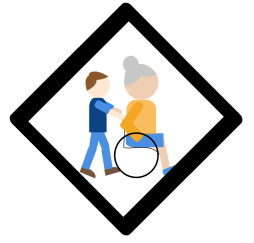
Regional Partnership Board Priorities



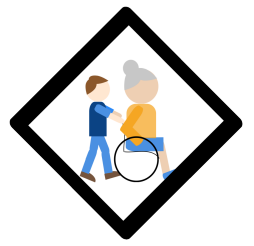
AYC1.1. Identify and implement a carer engagement model based on best practice



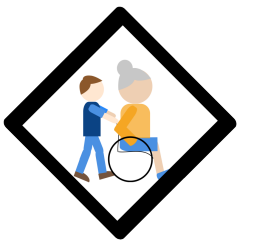
AYC1.2. Improve physical and emotional support for young carers, including emergency and pre-planned respite and reducing the risk of adverse childhood experiences



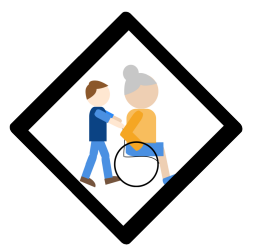
AYC1.3. Improve physical and emotional support for adult carers, including emergency and pre-planned respite



AYC1.4. Involve carers, including young carers, in the planning of hospital admission and discharge if the person they care for is in hospital



AYC1.5. Provide easily accessible information to carers and relatives in a range of formats and languages through existing information points, such as primary care and libraries



AYC1.6. Raise awareness around caring and carers among the public and health and social care professionals, (e.g. adopting an approach similar to Making Every Contact Count), to ensure that carers are identified as early as possible and all involved are aware of their rights as a carer

Health and Physical Disabilities

Other Partnership Priorities



HPD1.1. Promote healthy lifestyles and improve and protect the health and well-being of Cardiff and Vale of Glamorgan residents

Adult Mental Health and Cognitive Impairment

Other Partnership Priorities



AMHCI1.1. Deliver the Cardiff and Vale of Glamorgan 'Together for Mental Health' Plan

Sensory Loss and Impairment

Other Partnership Priorities



SLI1.1. Deliver the Cardiff and Vale of Glamorgan Eye Care Plan in conjunction with Primary Care, Secondary Care, Cardiff and Vale of Glamorgan University Health Board and Welsh Government



SLI1.2. Develop and implement a health board wide action plan to meet the All Wales Standards for Accessible Information and Communication for People with Sensory Loss, in order to improve provision across Primary Care, Secondary Care and Emergency and Unscheduled Care

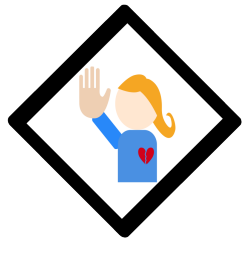


SLI1.3. Explore the establishment of a partnership delivery mechanism to meet the wider needs of people with sensory loss and impairment

Addressing the Identified Care and Support Needs: Our Regional Priorities

Violence Against Women, Domestic Abuse and Sexual Violence

Other Partnership Priorities



VAWDASV1.1. Deliver the Cardiff and Vale of Glamorgan Violence Against Women, Domestic Abuse and Sexual Violence Strategy (*under development*)

Asylum Seekers and Refugees

Other Partnership Priorities



ASR1.1. Deliver the Cardiff and Vale of Glamorgan Community Cohesion Delivery Plan 2017/2020 (*under development*)

Offenders

Other Partnership Priorities



O1.1. Ensure that the local criminal justice system works effectively and efficiently, meeting the needs of victims and challenging offenders

Veterans

Other Partnership Priorities



V1.1. Deliver the Cardiff and Vale of Glamorgan Armed Forces Community Action Plan 2017/2019

Substance Misuse

Other Partnership Priorities



SM1.1. Deliver the Cardiff and Vale of Glamorgan Substance Misuse and Wellbeing Commissioning Strategy 2016/2020 with a focus on prevention, education, treatment, support and sustainable long-term recovery



SM1.2. Increase the safety of our communities by delivering multi-agency responses in locations where discarded injecting equipment and other drug paraphernalia is prevalent

You can view the full Area Plan and Area Action Plan on the Cardiff and Vale of Glamorgan Integrated Health and Social Care website:

www.cvihsc.co.uk/about/what-we-do/cardiff-vale-glamorgan-area-plan/