# **Cardiff and Vale of Glamorgan Area Action Plan for** Care and Support Needs 2018-2023















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#### Introduction

This Action Plan should be read in conjunction with the 'Cardiff and Vale of Glamorgan Area Plan for Care and Support Needs 2018-2023' which sets out the Key Population Needs identified in the Population Assessment and the priorities developed in response by the Cardiff and Vale of Glamorgan Regional Partnership Board (RPB). This document can be found at <a href="http://www.cvihsc.co.uk/about/what-we-do/cardiff-vale-glamorgan-area-plan/">http://www.cvihsc.co.uk/about/what-we-do/cardiff-vale-glamorgan-area-plan/</a>

#### How was the Area Plan and Area Action Plan developed?

The development of the Area Plan and Area Action Plan have been informed by a number of sources including public surveys; focus group interviews with local residents; consultation at community events and venues; a survey of local professionals and organisations providing care or support; stakeholder workshops; service and population data; key documents, and current work being undertaken by partner organisations.

Two reports have been produced as a result of this review. The first is the <u>Area Plan</u>, which sets out the key needs identified within the Population Assessment, along with the priority areas for action in response to the findings. In addition, this **Area Action Plan** has also been developed, which provides the detail of how these priorities will be delivered. Both reports also set out the contributions to Cardiff and Vale of Glamorgan's Well-being Objectives and the National Social Services Outcomes Framework.

The main focus of the Area Plan and Action Plan will be the Regional Partnership Board's responsibilities for the integration of services in relation to:











Where there are other care and support themes identified which are led by other Partnerships and planning arrangements across the region, both Plans will signpost to existing reporting mechanisms to enable progress to be monitored.

#### **Consultation and Engagement**

Whilst there is no requirement to undertake formal consultation on the Area Plan, those people involved in the production of the Population Needs Assessment were invited to comment on the draft document and to provide input to the Action Plan.

In addition, an online public survey was developed to give people an opportunity to provide comments. Work also took place with Public Service Board colleagues to participate in the engagement on the Well-being Plans and to enable discussion to occur on care and support needs.

As part of the process to develop the Plan, the Partnership has undertaken an Equality and Health Impact Assessment. The Cardiff and Vale of Glamorgan Regional Partnership Board serves a very diverse population and takes into account the requirements of the Equality Act 2010 and Public Health (Wales) Act 2017 to progress equal opportunities for all. The Partnership is committed, through the delivery of this Plan, to promoting positive measures that address health inequalities and eliminate all forms of unlawful or unfair discrimination on the grounds of age, marriage and civil partnership, disability, race, gender, religion/belief, sexual orientation, gender reassignment or gender identity and pregnancy/maternity.

All feedback received as part of the development of the Plan and subsequent consultation has been considered and reflected in the final documents as appropriate.

#### **Monitoring and Review**

The Action Plan will be reviewed and updated as required by the Cardiff and Vale of Glamorgan RPB, and progress will be reported within the Board's Annual Report.

This Action Plan is available in Welsh upon request

#### **Action Plan 2018-2023**

## 1. Older People, including People with Dementia

# Older People Including People with Dementia

## How are we addressing the care and support needs of older people?

## 1. Regional Partnership Board Priorities

OP1.1: Building on the First Point of Contact and Single Point of Access services, further develop digital services along with easily accessible telephone, online and face-to-face access points for the region, for both professionals and the public.

Response to PNA Needs: N1-N2, N4, N6-N7, N12-N13

Contribution to Well-being Objectives: WBC3, WBC6-WBC7, WBV1

**Contribution to National Outcomes:** 1.1-1.6, 2.1-2.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1, 7.2. 8.1

How will we Deliver?	Partner Agencies	Reporting M	/lechanism	
• 'Me, My Home, My Community' – Cardiff and Vale of	Local Authorities, CVUHB, Third	<ul> <li>RPB Annual Report</li> </ul>		
Glamorgan Market Position Statement 2017-2022	Sector, Dewis, GPs, Veteran	Director of Social Sei	rvices' Annual R	eports
<u>Cardiff and Vale of Glamorgan Joint Regional Statement of</u>	Organisations, SWFRS, SWP,			
Strategic Intent – Services for Older People	WAST, Public Health Wales, RSLs			
Draft Cardiff and Vale of Glamorgan Dementia Strategy 2017-				
<u>2027</u>				
Care and support at home in Wales Five-year strategic plan				
<u>2017-2022</u>				
Cardiff Council Ageing Well in Wales Local Delivery Plan				
Vale of Glamorgan Local Service Board Ageing Well Plan				
Welsh Government Strategy for Older People in Wales 2013-				
<u>2023</u>				
<ul> <li>Vale of Glamorgan Local Service Board Ageing Well Plan</li> <li>Welsh Government Strategy for Older People in Wales 2013-</li> </ul>				

Key Action	ns	Time frame	Resources	IAA	Preventative	Alternative models	
and s	oing development of Dewis Cymru's content and functionality as an online care support resource to ensure information is comprehensive, up-to-date and ssible	Short- term	<ul><li>ICF Written     Agreement</li><li>Core budgets</li></ul>	٧	V	٧	
• Build	greater public and workforce awareness of information and advice services,	Short-					

Short-term = 1 year	Medium term = 2-3 years	Long-term = 1+ years
Short-term - 1 year	Wedidili terrii – 2-3 years	Long-term = 4+ years

particularly for those who are not currently accessing services	term	Community	
Develop intelligence to understand the potential unmet demand for assessment and	Medium	assets	
services. Considerations to include:	-term	<ul> <li>Volunteers</li> </ul>	
<ul> <li>Where demand is currently being generated and/or diverted</li> </ul>		• Carers	
- Development of an evidence base to measure the impact of preventative services		Third sector	
<ul> <li>Understanding the cost-benefits of investment in intermediate care and other</li> </ul>		support	
services that help people return earlier to a better state of health and		Community	
independence, e.g. Community Resource Team/Service		groups	

## OP1.2: Develop resilient communities with local services, infrastructure and strong community networks to meet local needs where older people live.

Response to PNA Needs: N1-N2, N4-N9, N11-N14

Contribution to Well-being Objectives: WBC3, WBC5-WBC7, WBV1-WBV2

**Contribution to National Outcomes:** 1.1-1.6, 2.1-2.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1, 7.2. 8.1

How will we Deliver?	Partner Agencies		Reportin	g Mecha	nism	
<ul> <li>'Me, My Home, My Community' – Cardiff and Vale of</li> </ul>	Local Authorities, CVUH	B, Third	<ul> <li>RPB Annual Repo</li> </ul>	rt		
Glamorgan Market Position Statement 2017-2022	Sector, Dewis, GPs, Vete	eran	<ul> <li>Director of Social</li> </ul>	Services	a' Annual I	Reports
<u>Cardiff and Vale of Glamorgan Joint Regional Statement of</u>	Organisations, SWFRS, S	SWP,				
Strategic Intent – Services for Older People	WAST, RSLs, Care Provid	lers,				
Shaping our Future Well-being Strategy	Transport Providers, Co	mmunity				
Draft Cardiff and Vale of Glamorgan Dementia Strategy 2017-	and Faith Groups, Senso	ry Loss				
<u>2027</u>	organisations.					
Care and support at home in Wales Five-year strategic plan						
<u>2017-2022</u>						
Cardiff Council Ageing Well in Wales Local Delivery Plan						
Vale of Glamorgan Local Service Board Ageing Well Plan						
Welsh Government Strategy for Older People in Wales 2013-						
<u>2023</u>						
Key Actions		Time frame	Resources	IAA	Preventative	Alternative models
<ul> <li>Development of strategies for preventative services to support</li> </ul>	their long-term	Medium	ICF Written			

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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sustainability, in the context of financial pressures on all agencies. Considerations to include:  - Sustainable funding  - The use of community assets to promote community resilience  - Library and adult education provision  - Promoting community engagement  - Tackling social isolation and loneliness  - Development of digital skills, potentially through skill exchanges with young people in college  - Falls prevention  - Day opportunities  - Assistive technology  - Rapid response adaptations  - Healthy lifestyles, including knowledge and skills on healthy diet  - Access to public transport  - Dental services  - Housing related support  - Occupational health	- term	Agreement     Core budgets     Community assets     Volunteers     Carers     Third sector support     Community groups	V	✓	V
<ul> <li>Further develop the social value sector, including social enterprises, through greater delivery of community based services.</li> </ul>	Short - medium term				
<ul> <li>Further develop locality working. Considerations to include:         <ul> <li>Clarification on the definition and scope</li> <li>Mapping of existing locality resources in each neighbourhood/cluster.</li> <li>Development of future multi-disciplinary locality teams.</li> <li>The active use of well-being and community hubs to tackle social isolation.</li> <li>The use of 'Community Navigator/Connector' roles.</li> </ul> </li> </ul>	Short - medium term				

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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## OP1.3: Develop and provide a range of future accommodation options to meet demand and enable people to remain at home for as long as possible.

Response to PNA Needs: N1-N2, N4-N6, N8-N11, N14
Contribution to Well-being Objectives: WBC2, WBC6, WBV1

**Contribution to National Outcomes:** 1.1-1.6, 7.2, 8.1

Ho	w will we Deliver?	Partner Agencies	Reporting Mechanism
•	'Me, My Home, My Community' – Cardiff and Vale of	Local Authorities, CVUHB, Third	RPB Annual Report
	Glamorgan Market Position Statement 2017-2022	Sector, RSLs, Private Sector, Care	Local Authority Housing Strategies
•	Cardiff and Vale of Glamorgan Joint Regional Statement of	Providers	
	Strategic Intent – Services for Older People		
•	Cardiff Housing Strategy 2016-2021		
•	Vale of Glamorgan Local Housing Strategy 2015-2020		
•	Shaping our Future Well-being Strategy		
•	Draft Cardiff and Vale of Glamorgan Dementia Strategy 2017-		
	<u>2027</u>		
•	Care and support at home in Wales Five-year strategic plan		
	<u>2017-2022</u>		
•	Cardiff Council Ageing Well in Wales Local Delivery Plan		
•	Vale of Glamorgan Local Service Board Ageing Well Plan		
•	Welsh Government Strategy for Older People in Wales 2013-		
	<u>2023</u>		

Key Actions	Time frame	Resources	IAA	Preventative	Alternative models
Review local housing strategies in light of current provision and develop joint regional	Medium	ICF Written			
'accommodation with care and support' strategies (where appropriate/feasible).	- term	Agreement	√	٧	√
Considerations to include:		<ul> <li>Core budgets</li> </ul>			
- Evaluation of the level of accommodation with care provision required now and in		<ul> <li>JES Pooled Fund</li> </ul>			
the future		Older People			
<ul> <li>Conducting a pilot on intergenerational housing</li> </ul>		Care			
<ul> <li>A joint agreement on the eligibility criteria for social housing</li> </ul>		Accommodation			
<ul> <li>A greater understanding of Local Development Plans and how to influence what</li> </ul>		Pooled Fund			
housing gets built on development sites.		• RSLs			
<ul> <li>New building developments are fit for a growing older population, including</li> </ul>					

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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accessibility requirements		Supporting		
Develop a regional approach for domiciliary care and residential and nursing home	Medium	People		
care, with the aim of stabilising the market. Considerations to include:	– long	<ul> <li>Care Providers</li> </ul>		
- Opportunities for joint commissioning	term	<ul> <li>Community</li> </ul>		
<ul> <li>Sharing good commissioning practices across the region</li> </ul>		assets		
- How to further develop good working relationships with providers		<ul> <li>Volunteers</li> </ul>		
- Outcome based commissioning		<ul> <li>Carers</li> </ul>		
- Joint forums/shared learning		Third sector		
- The use of care homes to tackle social isolation and loneliness		support		
- How to converge costs		Community		
<ul> <li>How to improve quality and achieve consistency across the sector</li> </ul>		groups		
<ul> <li>How to manage the growth (and decline) of the three markets</li> </ul>				
<ul> <li>Demands placed on the sectors by regulatory bodies</li> </ul>				
- Needs of self-funders				
• Develop effective tools to enable older people to engage in the self-assessment of their	Medium			
own care and support requirements and health conditions. Considerations to include:	-term			
- IT systems				
- Development of Health 'CVs' for every older person across the region				
- Training for older people on chronic condition self-management				
- Balanced diet education, including cooking skills				
Review effectiveness of Joint Equipment Store and explore commercial opportunities.	Short-			
	medium			
	term			

OP1.4: Develop improved assessment, diagnosis and care planning practices which are built upon genuine collaboration with older people and their carers and families, so that their plans reflect what is important to them and achieves the outcomes they seek.

Response to PNA Needs: N1-N4, N7-10, N12

Contribution to Well-being Objectives: WBC6-WBC7, WBV1

**Contribution to National Outcomes:** 1.1-1.6, 2.1-2.3, 3.1-3.3, 4.2, 7.1, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism
<ul> <li>'Me, My Home, My Community' – Cardiff and Vale of</li> </ul>	Local Authorities, CVUHB, GPs,	RPB Annual Report

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Glamorgan Market Position Statement 2017-2022

- <u>Cardiff and Vale of Glamorgan Joint Regional Statement of</u>
   <u>Strategic Intent Services for Older People</u>
- Shaping our Future Well-being Strategy
- <u>Draft Cardiff and Vale of Glamorgan Dementia Strategy 2017-</u>
   2027
- <u>Care and support at home in Wales Five-year strategic plan</u> 2017-2022
- Cardiff Council Ageing Well in Wales Local Delivery Plan
- Vale of Glamorgan Local Service Board Ageing Well Plan
- Welsh Government Strategy for Older People in Wales 2013-2023

Third Sector, Care Providers, WAST

Key Actions	Time frame	Resources	IAA	Preventative	Alternative models
<ul> <li>Further explore opportunities to establish Discharge to Assess models of care.</li> <li>Rationalise, refine and unify assessment, diagnosis and planning pathway.         Considerations to include:         <ul> <li>The application of a strength- and not deficit-based approach.</li> <li>Outcomes based commissioning</li> <li>Issues negotiating the crossover points in the transition process.</li> <li>Undertaking integrated assessments in partnership with older people and the families and carers, and that the options available – including the consequence those options such as financial commitments – are taken into account.</li> <li>The proportionate level of assessment required – i.e. what is the least we need to meet an individual's needs – is undertaken in the most appropriate local and clarity that proportionate assessments apply to all ages, not just older people of the successful 'family conference' model</li> <li>Mechanisms that enable providers to respond to sudden changes in circumstate.</li> </ul> </li> </ul>	Short- medium term  Medium - long term  r es of d to ion, ople.	<ul> <li>ICF Written         Agreement</li> <li>Core budgets</li> <li>Carers</li> <li>JES Pooled Fund</li> <li>Older People         Care         Accommodation         Pooled Fund</li> <li>Heath and social         care workforce</li> </ul>	V	√	<b>√</b>
<ul> <li>and the different outcomes required</li> <li>Enable ongoing, systematic engagement as a way of understanding what matters</li> </ul>	to Short-				

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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older people. Considerations to include:	medium
- Engaging older people who are typically harder to reach, including home owners	term
In line with Part 10 Code of Practice, arrange provision of Independent Professional	Short-
Advocacy, and ensure access to other forms of advocacy where required.	term
Undertake collective workforce planning across health, housing and social care sectors	Short-
to support integration. Considerations to include:	medium
- Ageing workforce/succession planning	term
- Supply of professional workforce, including GPs, nursing and therapy staff	
- Developing the quality and skills of workforce	
- Impact of domiciliary care registration (Regulation and Inspection of Social Care Act)	
<ul> <li>Joint recruitment campaigns to attract workforce in the care sector</li> </ul>	
- Terms and conditions across health and social care	
- Development of integrated teams/joint posts/joint recruitment	
- Training in commissioning, procurement and performance management to support	
the development of effective services	

## **OP1.5:** Develop Cardiff and Vale of Glamorgan as a dementia friendly region

Response to PNA Needs: N1-N14

**Contribution to Well-being Objectives**: WBC6-WBC7, WBV1

**Contribution to National Outcomes:** 1.1-1.6, 2.3, 3.1-3.3, 4.2, 5.2, 6.1, 7.1, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism
<ul> <li>Draft Cardiff and Vale of Glamorgan Dementia Strategy 2017-2027</li> <li>'Me, My Home, My Community' – Cardiff and Vale of Glamorgan Market Position Statement 2017-2022</li> <li>Cardiff and Vale of Glamorgan Joint Regional Statement of Strategic Intent – Services for Older People</li> <li>Shaping our Future Well-being Strategy</li> <li>Care and support at home in Wales Five-year strategic plan 2017-2022</li> </ul>	Local authorities, CVUHB, Third Sector, Alzheimer's Society, Dementia friendly Groups, Community and faith groups, Care providers, Private Sector, SWP, SWFRS, Public Health Wales, WAST, Businesses	RPB Annual Report

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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- Cardiff Council Ageing Well in Wales Local Delivery Plan
- Vale of Glamorgan Local Service Board Ageing Well Plan
- Welsh Government Strategy for Older People in Wales 2013-2023

Key Actions	Time frame	Resources	IAA	Preventative	Alternative models
<ul> <li>Further promote the development of 'dementia friendly' communities and achieve 'dementia friendly' status on a regional level. Considerations to include:         <ul> <li>Availability of support services for people with dementia, including early on-set dementia</li> <li>Increasing the number of dementia friends</li> <li>Workforce development</li> <li>Awareness raising with children and young people</li> <li>Development of dementia friendly accommodation</li> </ul> </li> </ul>	Short- medium term	<ul> <li>ICF Written         Agreement</li> <li>Core budgets</li> <li>Community         assets</li> <li>Dementia         Friends</li> <li>Volunteers</li> <li>Carers</li> <li>Third sector         support</li> <li>Community         groups</li> <li>Older People         Care         Accommodation         Pooled Fund</li> </ul>	V	<b>√</b>	<b>√</b>

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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How are we addressing the care and support needs of children and young people?

### 1. Regional Partnership Board Priorities – Children with Complex Needs

\*Nb Actions relating to young carers can be found in the 'Adult and Young Carers' section of the Plan\*

## CYP1.1: Improve provision for children and young people with Additional Learning Needs

Response to PNA Needs: N2-N3, N5-N9

Contribution to Well-being Objectives: WBC3-WBC5, WBV1-WBV3

Contribution to National Outcomes: 1.1-1.6, 2.1-2.3, 3.1-3.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism
ALN and Education Tribunal (Wales) Bill and	WG, Local Authorities,	Disability Futures Programme
<u>Transformation programme</u>	Schools, CVUHB, Third	<ul> <li>Quarterly reporting to WG/WLGA on IAS</li> </ul>
WG Autism Spectrum Disorder Strategic Action Plan	Sector, WLGA	implementation
Integrated Autism Service		
<u>Cardiff and Vale of Glamorgan Index of children and</u>		
young people with disabilities or additional needs		
Disabilities Futures Programme		

Key	Key Actions		Resources				Alternative
Key	Actions	frame	Resources		IAA	Preventative	models
•	Increase collaboration between health, social services and education to	Short-	•	Education budgets			
	ensure a joined up approach to support and care.	medium	•	WG/WLGA/Public Health	√	٧	
		term		Wales – IAS			
•	Increase the emphasis on early intervention support in schools though	Medium-	•	ICF – IAS Funding			
	closer working with Welfare services and provision of additional training for	term	•	Central South Consortium			
	all staff in primary schools			Joint Education Service			
•	Improve transition between early years education providers, schools and	Medium-	•	Cardiff and Vale of			
	post-16 education for children and young people with complex needs	term		Glamorgan's Index of			
•	Increase participation of children and young people with complex needs in	Short-		children and young people			

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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the planning and assessment process	term	with disabilities or		
		additional needs		
		Families First		

## CYP1.2: Improve integrated provision for children with complex needs, including the transition between children and adult services

Response to PNA Needs: N2-N3, N5-N8

Contribution to Well-being Objectives: WBC3-WBC5, WBV1-WBV3

Contribution to National Outcomes: 1.1-1.6, 2.1-2.3, 3.1-3.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism
<ul> <li><u>Disabilities Futures Programme</u></li> <li><u>National Integrated Autism Service</u></li> <li><u>Cardiff and Vale of Glamorgan Index of children and young people with disabilities or additional needs</u></li> <li><u>Shaping our Future Well-being Strategy</u></li> <li><u>Additional Learning Needs and Education Tribunal (Wales) Bill</u></li> </ul>	Local Authorities, CVUHB, Third Sector, WLGA, WG, Schools	<ul> <li>Disability Futures Programme</li> <li>Quarterly Reporting to WG/WLGA on IAS implementation</li> </ul>

Key Actions	Time frame		Resources	IAA	Preventative	Alternative models
Implement the Disabilities Futures Programme to include:	Short-	•	ICF – part of a Written			
Regional joint commissioning of services for disabled children – to include	medium		Partnership Agreement	٧	√	√
a focus on Families First and regional opportunities to commission within	term	•	Local authority/CVUHB core			
the Disability Focus element of services.			budgets			
• Integrating services for children with complex needs – to include	Medium-	•	National Integrated Autism			
development of pilot projects to demonstrate integrated practice and	term		Service			
inform future delivery methods		•	Cardiff and Vale of			
Development of a regional transition protocol for disabled young people	Medium-		Glamorgan's Index of			
to improve the experience of young people transitioning to adult services	term		children and young people			
from children's services and early identification of needs to support			with disabilities or			
planning into adulthood.			additional needs			

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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rrange provision of Independent Professional Advocacy and ensure Short-	
ccess to other forms of advocacy for everyone who requires it (in line with term	
art 10 Code of Practice).	

### 2. Other Partnership Activity

A number of care and support needs for **children and young people** were raised in the PNA, whereby responsibilities for addressing these lie with other Partnerships than the Regional Partnership Board. This Plan provides links to other delivery mechanisms and strategies in place to address the care and support needs identified:

#### CYP2.1: Increase the role of children and young people in decision making and service delivery

**Response to PNA Need: N5** 

**Contribution to Well-being Objectives**: WBC4, WBC7, WBV1, WBV3

**Contribution to National Outcomes;** 1.1-1.6, 3.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1

How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
<ul> <li>Cardiff Youth Council</li> <li>Cardiff Sprout</li> <li>Vale of Glamorgan Youth Cabinet</li> <li>Vale Youth Forum</li> <li>Cardiff Child Rights Partner         Programme and UNICEF 'Child         Friendly City'     </li> <li>UN Convention on the Rights of the Child</li> </ul>	Public Service Boards Local Authorities, CVUHB, Schools, Third Sector, Youth Councils, SWP	PSB Annual Reports	<ul> <li>Local authorities</li> <li>Schools</li> <li>CVUHB</li> <li>Third Sector</li> <li>Youth Councils</li> <li>Families First</li> <li>Meic</li> <li>Young Commissioners (Families First)</li> <li>SNAP</li> </ul>	V	٧	V

Short-term = 1 vear	Medium term = 2-3 years	Long-term = 4+ years
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#### **CYP2.2: Improve educational outcomes**

**Contribution to PNA Priorities: N8** 

Contribution to Well-being Objectives: WBC4-WBC5, WBV2-WBV3

Contribution to National Outcomes: 4.1- 4.2, 6.1, 7.3-7.4

How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
<ul> <li>Cardiff 2020 – A renewed vision for education and learning in Cardiff</li> <li>Cardiff Commitment Youth         <ul> <li>Engagement and Progression</li> <li>Strategy</li> </ul> </li> <li>Vale of Glamorgan Achievement for All Service Plan 2017-2021</li> <li>Vale of Glamorgan Children and Young People Service Plan 2017-2021</li> <li>Central South Consortium Business Plan 2017-2020</li> </ul>	Local Authorities, Schools, Central South Education Consortium (CSC), Flying Start, Families First, Third Sector	<ul> <li>Examination results</li> <li>WG/Local authority Key Stage Performance Reports</li> <li>Local authority Corporate/Improvement Plan Quarterly Reports</li> </ul>	<ul> <li>Education budgets</li> <li>Central South         Consortium Joint             Education Service         </li> <li>Youth Support             Services</li> <li>Flying Start</li> <li>Families First</li> <li>Third Sector Support</li> </ul>	٧	٧	

## CYP2.3: Increase the successful transition into employment, education or training of children and young people

**Contribution to PNA Priorities: N8** 

Contribution to Well-being Objectives: WBC4-WBC5, WBV2-WBV3

Contribution to National Outcomes: 4.1- 4.2, 6.1, 7.3-7.4

How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
<ul> <li>Cardiff 2020 – A renewed vision for education and learning in Cardiff</li> <li>Cardiff Commitment Youth Engagement and Progression</li> </ul>	Local authorities, Schools, Central South Education	<ul> <li>Examination results</li> <li>Local authority</li> <li>Corporate/Improvement</li> <li>Plan Quarterly Reports</li> </ul>	<ul> <li>Education budgets</li> <li>Central South         Consortium Joint         Education Service     </li> </ul>	٧	٧	V

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<ul><li>Strategy</li><li>Vale of Glamorgan Achievement for</li></ul>	Consortium (CSC), Careers	<ul><li>Public Service Boards</li><li>•</li></ul>	Youth Support     Services	
All Service Plan 2017-2021	Wales, Third		Flying Start	
Vale of Glamorgan Children and	Sector, Training		Families First	
Young People Service Plan 2017-	Organisations,		Third Sector Support	
<u>2021</u>	CAVC			
<u>Central South Consortium Business</u>				
<u>Plan 2017-2020</u>				
Vale of Glamorgan Aspire to Achieve				
and Inspire to Work Programmes				

## CYP2.4: Increase access to appropriate services to children in need of care and support, recognising increased rates of emotional and mental health issues

Contribution to PNA Priorities: N1-N3, N5-N9

Contribution to Well-being Objectives: WBC3-WBC5, WBV1-WBCV3

**Contribution to National Outcomes:** 1.1-1.6, 2.1-2.3, 3.1-3.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
<ul> <li>Cardiff and Vale LSCB Business Plan</li> <li>Cardiff Early Help Strategy</li> <li>Cardiff and Vale Integrated Family Support Service</li> <li>Vale of Glamorgan Corporate Strategy for Children in Need of Care and Support</li> <li>Cardiff Housing Strategy 2016-2021</li> <li>Vale of Glamorgan Local Housing Strategy 2015-2020</li> </ul>	Local Authorities, CVUHB, Third Sector, Schools	<ul> <li>Cardiff and Vale Local Safeguarding Board</li> <li>Public Service Boards</li> </ul>	<ul> <li>Cardiff and Vale of Glamorgan Integrated Family Support Services (Partnership Agreement)</li> <li>Cardiff and Vale of Glamorgan Regional Safeguarding Children Board</li> <li>Families First Team around the Family</li> </ul>	V	<b>~</b>	<b>∨</b>

Short-term = 1 year   Medium term = 2-3 years   Long-term = 4+ years
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Cardiff and Vale of
Glamorgan
Information, Advice
and Assistance
Cardiff Multi-agency
Safeguarding Hub
CAMHS/Emotional
Well-being Services
Cardiff Council LAC
Traineeship Scheme

## CYP2.5: Increase support for children and young people affected directly or indirectly by parental relationship breakdown and domestic violence

Contribution to PNA Priorities: N1-N3, N5, N7

Contribution to Well-being Objectives:, WBC3-WBC5, WBV1-WBCV3

Contribution to National Outcomes: 1.1-1.6, 2.1-2.3, 3.1-3.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
<ul> <li>Welsh Government VAWDASV         Strategy 2016-2021</li> <li>Cardiff Child Sexual Exploitation         Strategy</li> <li>Vale of Glamorgan Child Sexual         Exploitation Strategy</li> <li>The National Training Framework on         violence against women, domestic         abuse and sexual violence</li> <li>Cardiff and Vale of Glamorgan         VAWDASV Strategy - under         development</li> </ul>	Local Authorities, CVUHB, SWP, Probation, Third Sector, Schools, WG	Cardiff and Vale of Glamorgan VAWDASV Strategy – reporting to PSBs, Cardiff Safer and Cohesive Communities Programme Board and Safer Vale	<ul> <li>Core budgets</li> <li>IFSS</li> <li>Supporting People</li> </ul>	٧	V	

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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•	Roll out of IRIS			
•	South Wales Police and Crime			
	Reduction Plan 2017-21			
•	Cardiff Housing Strategy 2016-2021			
•	Vale of Glamorgan Local Housing			
	Strategy 2015-2020			

#### **CYP2.6: Prevent child sexual exploitation**

Contribution to PNA Priorities: N1-N3, N5, N7

Contribution to Well-being Objectives: WBC3-WBC5, WBV1-WBCV3

**Contribution to National Outcomes:** 1.1-1.2, 2.3, 3.1-3.3, 4.1-4.2, 5.1-5.2, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
National Action Plan to Tackle Child	Local	Cardiff and Vale Local	• LSCB			
Sexual Exploitation (Wales)	Authorities,	Safeguarding Board	Third Sector	٧	٧	
<u>Cardiff and Vale LSCB Business Plan</u>	CVUHB, SWP,		• WG			
CSE Prevention Strategy for the NHS	Probation, Third					
<u>2016-2019</u>	Sector					
South Wales Police and Crime						
Reduction Plan 2017-21						

## CYP2.7: Enable children and young people to be happy and healthy

Contribution to PNA Priorities and Well-being Objectives:, N2, WBC2, WBC4, WBC7, WBV2, WBV3

**Contribution to National Outcomes:** 1.1-1.2, 2.3, 3.1-3.3, 4.1-4.2, 5.1-5.2, 8.1

	How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
•	Cardiff Families First and Vale of	Local	PSB Well-being Plans	<ul> <li>Local authority –</li> </ul>			
	Glamorgan Families First	Authorities,	Local Authority Corporate	play/leisure	٧	٧	

Short-term = 1 year   Medium term = 2-3 years   Long-term = 4+ years
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Cardiff Childcare Sufficiency	CVUHB, Public		Plans	•	Third Sector		
Assessment 2017	Health Wales,	•	Annual Report of the Director	•	Families First		
Vale of Glamorgan Childcare	Third Sector,		of Public Health	•	Schools		
Sufficiency Assessment 2016/17	Schools			•	Family Information		
<ul> <li>Vale of Glamorgan Family</li> </ul>					Service		
Information Service				•	Dewis Cymru		
• Cardiff and Vale Local Public Health				•	Flying Start		
Plan 2016/17-2018/19							
<ul> <li>Cardiff Housing Strategy 2016-2021</li> </ul>							
Vale of Glamorgan Local Housing							
Strategy 2015-2020							

## CYP2.8: Develop the Welsh skills of children and create new Welsh speakers, to support the Welsh Government's vision of having a million Welsh speakers by 2050

**Contribution to PNA Priorities:** N2, N6

Contribution to Well-being Objectives: WBC1, WBC4, WBV3

**Contribution to National Outcomes:** 1.1-1.2, 2.3, 3.1-3.3, 4.1-4.2, 5.1-5.2, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
<ul> <li>Cardiff Welsh in Education Strategic Plan 2017-2020</li> <li>Vale of Glamorgan Welsh in Education Strategic Plan 2017-2020</li> </ul>	Local Authorities, Schools, WG, Central South Education Consortium, CVUHB, Third Sector	Local authority corporate reporting	<ul> <li>Education and early years budgets</li> <li>Third Sector</li> <li>Flying Start</li> <li>Families First</li> </ul>	٧		

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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## 3. Learning Disability and Autism



## How are we addressing care and support needs?

## 1. Regional Partnership Board Priorities

## LDA.1.1 People with learning disabilities are supported to maximise their independence

Response to PNA Needs: N1-N6

Contribution to Well-being Objectives: WBC3-WBC5, WBC7, WBV1-WBV3

Contribution to National Outcomes: 1.1-1.6, 2.1-2.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism
<ul> <li>Cardiff Council Learning Disability Strategy 2012-2017</li> <li>Vale of Glamorgan Council Learning Disability Strategy 2014-2017</li> <li>Shaping our Future Well-being Strategy</li> <li>Cardiff and Vale UHB IMTP</li> <li>Cardiff and Vale UHB Health Inspectorate Wales Learning Disability Action Plan</li> <li>Disabilities Future Programme</li> <li>Cardiff Housing Strategy 2016-2021</li> <li>Vale of Glamorgan Local Housing Strategy 2015-2020</li> </ul>	Local Authorities, CVUHB, Third Sector, Colleges, RSLs, Care Providers, Cardiff People First, Vale of Glamorgan People First, ABMU Health Board, Learning Disability Wales, SWP	<ul> <li>RPB Annual Report</li> <li>Director of Social Services' Annual Report</li> <li>Corporate Plans/CVUHB IMTP</li> </ul>
Vou Actions	Time	Alternativ

Kov	/ Actions	rime	Resources		IAA		Alternative	
Key	Actions	frame		Resources		Preventative	models	
•	Develop a Cardiff and Vale of Glamorgan Learning Disability Commissioning	Short-	•	Core budgets				
	Strategy. Considerations to include:	medium	•	ICF	√	√	√	
	- Domiciliary care							
	- Access to information and advice							
	- The uptake of Direct Payments							
	- Range of respite opportunities							

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
Jilort-terri – 1 year	Iviedium term = 2-3 years	Long-term - 4+ years

-	Remodelling of specialist learning disability services		ı
-	Housing needs over next 5-10 years		i
-	Commissioning new Supported Living schemes		ı
-	Transition commissioning of services for young people moving to adult		i
	services		i
_	Provision of Independent Professional Advocacy and access to other		i
	forms of advocacy for everyone who requires it (in line with Part 10		i
	Code of Practice)		i
-	Development of regional services for adults with learning disabilities (as		i
	part of the Disabilities Futures Programme) to enable those with more		i
	complex needs to access services closer to home		i
_	Implementation of the Orange Wallet Scheme and development of		i
	support networks for independent travel		i

LDA.1.2 People with learning disabilities are supported to play an active role in society and engage in meaningful day time activities and employment or volunteering.

**Response to PNA Need:** N1-6

Contribution to Well-being Objectives: WBC3, WBC4, WBC5, WBC7, WBV1, WBV2, WBV3 Contribution to National Outcomes: 1.1-1.6, 2.1-2.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism
Cardiff Council and Vale of Glamorgan Council Adult	Local Authorities, CVUHB,	RPB Annual Report
Learning Disability Day Opportunity Strategy 2014-	Third Sector, Colleges, RSLs,	Corporate Plans
2017	Care Providers, Cardiff	Director of Social Services' Annual Report
<u>Disabilities Future Programme</u>	People First, Vale of	
<u>Cardiff Council Learning Disability Strategy 2012-2017</u>	Glamorgan People First,	
Vale of Glamorgan Council Learning Disability Strategy	ABMU Health Board,	
2014-2017	Learning Disability Wales,	
Shaping our Future Well-being Strategy	Shaw Trust, Private Sector	

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years

•	Cardiff	and	Vale	UHB	<b>IMTP</b>
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• Cardiff and Vale UHB Health Inspectorate Wales Learning Disability Action Plan

Ke	Key Actions			Resources	IAA	Preventative	Alternative models
•	Develop a Cardiff and Vale of Glamorgan Learning Disability Commissioning	Short-	•	Core budgets			
	Strategy. Considerations to include:	medium	•	ICF	√	√	√
	- Training staff to respond to changing service user needs, aspirations and priorities.	term					
	- Provision of Independent Professional Advocacy and access to other						
	forms of advocacy for everyone who requires it (in line with Part 10						
	Code of Practice)						
	<ul> <li>Implementation of the Orange Wallet Scheme and development of</li> </ul>						
	support networks for independent travel						

## LDA.1.3 People with learning disabilities are valued and included, supported to have a voice, and able to exercise choice and control over all aspects of their lives

Response to PNA Need: N1-N2, N4-N5

**Contribution to Well-being Objectives**: WBC3-WBC5, WBC7, WBV1-WBV3

**Contribution to National Outcomes**: 1.1-1.6, 2.1-2.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism
<ul> <li><u>Cardiff Council Learning Disability Strategy 2012-2017</u></li> <li><u>Vale of Glamorgan Council Learning Disability Strategy</u></li> </ul>	Local Authorities, CVUHB, Third Sector, Colleges, RSLs, Care Providers, Cardiff	RPB Annual Report     Corporate Plans/IMTP
<ul> <li>2014-2017</li> <li>Shaping our Future Well-being Strategy</li> <li>Cardiff and Vale UHB IMTP</li> </ul>	Care Providers, Cardiff People First, Vale of Glamorgan People First,	Director of Social Services Annual Report
Cardiff and Vale UHB Health Inspectorate Wales     Learning Disability Action Plan	ABMU Health Board, Learning Disability Wales, Public Transport Providers	

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years

•	<u>Disabilities Future Programme</u>							
Ke	y Actions		Time rame		Resources	IAA	Preventative	Alternative models
•	Develop a Cardiff and Vale of Glamorgan Learning Disabili	, ,	hort- edium	•	Core budgets		_,	
	<ul> <li>Strategy. Considerations to include:</li> <li>The uptake of Direct Payments</li> <li>Provision of Independent Professional Advocacy and forms of advocacy for everyone who requires it (in lin Code of Practice)</li> <li>Implementation of the Orange Wallet Scheme and de support networks for independent travel</li> </ul>	access to other ne with Part 10	eerm	•	ICF	V	V	٧
	<ul> <li>Raising awareness and development of opportunities to form social networks within the community and personal development of peer mentoring and volunteering for people with learning disabilities</li> </ul>	eer groups						

## LDA.1.4 People with learning disabilities are enabled to stay healthy and feel safe.

Response to PNA Need: N1-N6

**Contribution to Well-being Objectives**: WBC3-WBC5, WBC7, WBV1-WBV3

**Contribution to National Outcomes**: 1.1-1.6, 2.1-2.3, 3.1-3.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1

Contribution to National Outcomes. 1.1-1.0, 2.1-2.3, 3.1-3.3	, 4.1-4.2, 3.1-3.2, 0.1-0.2, 7.1-7.3	, 6.1
How will we Deliver?	Partner Agencies	Reporting Mechanism
Cardiff and Vale Local Public Health Plan 2016/17-	Local Authorities, CVUHB,	RPB Annual Report
<u>2018/19</u>	Third Sector, Schools/	Corporate Plans/IMTP
Cardiff Council Learning Disability Strategy 2012-2017	Colleges, RSLs, Care	Director of Social Services Annual Report
Vale of Glamorgan Council Learning Disability Strategy	Providers, Cardiff People	Annual Report of the Director of Public Health
<u>2014-2017</u>	First, Vale of Glamorgan	·
Draft Cardiff and Vale of Glamorgan Dementia Strategy	People First, ABMU Health	
<u>2017-2027</u>	Board, Learning Disability	

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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•	Shaping our Future	Well-being:	Strategy
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Cardiff and Vale UHB IMTP

• Cardiff and Vale UHB Health Inspectorate Wales Learning Disability Action Plan

• <u>Disabilities Future Programme</u>

• <u>Care and support at home in Wales Five-year strategic</u> <u>plan 2017-2022</u>

• Cardiff Housing Strategy 2016-2021

• Vale of Glamorgan Local Housing Strategy 2015-2020

Wales, Public Health Wales, SWP, SWFRS, Public Transport Providers

K	Key Actions	Time frame		Resources	IAA	Preventative	Alternative models	ì
•	Develop a Cardiff and Vale of Glamorgan Learning Disability	Short-	•	Core budgets				i
	Commissioning Strategy. Considerations to include:	medium	•	ICF	√	√	√	
	<ul> <li>Commissioning of specialist LD residential and dementia services</li> </ul>	term						
	- Housing needs over next 5-10 years							
	- Remodelling of specialist learning disability services							
	- Range of respite opportunities							
	- Improving pathways into primary and secondary healthcare							
	- Provision of Independent Professional Advocacy and access to other							
	forms of advocacy for everyone who requires it (in line with Part 10							
	Code of Practice)							
	- Training and support in safety when using technology							
	- Ensuring that commissioned services have appropriate regard to							
	safeguarding							
	Raise awareness of personal safety and work with the Neighbourhood	Short-						
	Police and PACT meetings to raise awareness of hate crime directed at	medium						
	service users	term						

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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#### LDA.1.5 People with learning disabilities are supported to become lifelong learners.

Response to PNA Need: N1-N2, N4-N5

Contribution to Well-being Objectives: WBC3-WBC5, WBC7, WBV1-WBV3

Contribution to National Outcomes: 1.1-1.6, 2.1-2.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.2-7.5

How will we Deliver?	Partner Agencies	Reporting Mechanism
<ul> <li><u>Cardiff Council Learning Disability Strategy 2012-</u></li> </ul>	Local Authorities, CVUHB,	RPB Annual Report
<u>2017</u>	Third Sector, Colleges, Care	Corporate Plans
<ul> <li>Vale of Glamorgan Council Learning Disability</li> </ul>	Providers, RSLs, Cardiff	Director of Social Services Annual Report
Strategy 2014-2017	People First, Vale of	
Cardiff Council and Vale of Glamorgan Council Adult	Glamorgan People First,	
Learning Disability Day Opportunity Strategy 2014-	Libraries	
2017		
<u>Disabilities Future Programme</u>		

Key Actions	Time frame	Resources	IAA	Preventative	Alternative models
Develop a Cardiff and Vale of Glamorgan Learning Disability Commissioning	Short –	Core budgets			
Strategy. Considerations to include:	medium		٧	٧	V
- Commissioning of college placements for post 16 education	term				
- Ensuring community education classes are accessible to people with					
learning disabilities in terms of cost					

LDA.1.6 Develop a new Integrated Autism Service which all agencies working in integrated, multi-disciplinary ways will provide appropriate services for children, young people and adults with an autism spectrum disorder, addressing their education, health, employment, social interaction and emotional needs

Response to PNA Need: N1-N6

Contribution to Well-being Objectives: WBC3-WBC5, WBC7, WBV1-WBV3

Contribution to National Outcomes: 1.1-1.6, 2.1-2.3, 3.1, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1

How will we Deliver? Partner Agencies Reporting Mechanism

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years

•	Cardiff and Vale of Glamorgan Council ASD Strategy
	2016-2020
•	Shaping our Future Well-being Strategy

CVUHB, Local Authorities, Schools, WG, WLGA, Third Sector

- RPB Annual Report
- Quarterly reporting to WG

Shaping our rature wen being strategy	Time				
Key Actions	frame	Resources	IAA	Preventative	Alternative models
Increase awareness of the pathway to diagnosis	Short – medium term	<ul><li>Integrated Autism Service</li><li>Core services</li><li>ICF</li></ul>	٧	٧	
<ul> <li>Improve support and interventions including support for:         <ul> <li>emotional and behavioural issues</li> <li>issues relating to core symptoms of Autism and daily living skills</li> <li>access to leisure and social opportunities</li> </ul> </li> <li>Improve support to individuals and businesses to enable access employment opportunities</li> </ul>	Short – medium term  Short – medium	<ul> <li>Third Sector</li> <li>Diagnostic Toolkits</li> <li>Together for Children and Young People Framework: Neurodevelopmental Work stream</li> </ul>			
Enable family and carers to access information and training in understanding Autism and how to support the individuals that they care    Section   Complete and the section   Comp	term	<ul> <li>Education Training         Programmes     </li> <li>Parenting Programmes</li> </ul>			
Implement a new Integrated Autism Service	Short- term				

## 4. Integrated Family Support Services



### How are we addressing care and support needs?

#### 1. Regional Partnership Board Priorities

IFSS1.1 Continue to provide an intensive intervention with families referred by Children's Services where there are serious child protection concerns as a result of parental / carer substance misuse, domestic abuse or mental health.

IFSS1.2 Explore the extension of the Integrated Family Support Service model to include other parental additional needs (e.g. learning disability) and consider how it can help tackle adverse childhood experiences.

Response to PNA Need: N1-N12

Contribution to Well-being Objectives: WBC3-WBC5, WBC7, WBV1-WBV3

Contribution to National Outcomes: 1.1-1.6, 2.1-2.3, 3.1-3.3, 5.1-5.2, 6.1-6.2, 7.1-7.3, 8.1

How will we Deliver?	Partner Agencies		Reporting Mech	nanism	
Cardiff and Vale of Glamorgan Integrated Family	Local Authorities, CVUHB,	•	IFSS Annual Report		
Support Service	SWP, Probation, Third Sector,	•	RPB Annual Report		
<u>Cardiff and Vale LSCB Business Plan</u>	Family members and				
<u>Cardiff Early Help Strategy</u>	community				
Vale of Glamorgan Children and Young People Service					
<u>Plan 2017-2021</u>					
Substance Misuse and Well-being Commissioning					
Strategy 2016-2020					
<u>Cardiff Housing Strategy 2016-2021</u>					
Vale of Glamorgan Local Housing Strategy 2015-2020					
	Time				Alternative

ŀ	Key Actions	Time frame	Resources	IAA	Preventative	Alternative models
,	Provide a volunteer programme that helps parents to practice the skills	Medium-	IFSS Core Budget (Pooled			
	they learn from social services intervention, within a supportive community	term	Fund)	٧	٧	

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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	setting. This may involve helping with bedtime routine, playing with the children while the parent makes a meal or being on the end of a phone if a crisis hits. Support at this level can keep families together, improve parenting outcomes, safeguard children and ultimately reduce substance misuse.		•	Families First Flying Start Core Budgets Area Planning Board VAWDASV funding		
•	Offer parents training and support in leading healthy lifestyles, including accredited 'Get Cooking' courses	Short- medium term		<b>.</b>		
•	Explore greater collaborative working in relation to the work on Adverse Childhood Experiences via the National Ace Hub.	Short- term				
•	IFST training development - to deliver IFST training to social work students who are in the second year of the Masters program.	Short- medium term				
•	Ongoing work regarding the delivering of IFST Safety Planning training to social work practitioners in the Vale of Glamorgan.	Short- medium term				Ì

## **5. Adult and Young Carers**



## How are we addressing care and support needs?

## 1. Regional Partnership Board Priorities

#### AYC1.1: Identify and implement a carer engagement model based on best practice

Response to PNA Need: N1, N8-N10

Contribution to Well-being Objectives: WBC3, WBC5, WBV1, WBV2

Contribution to National Outcomes: 1.1-1.6, 2.1-2.3, 3.1-3.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1

Contribution to National Outcomes: 1.1-1.0, 2.1-2.3, 3.1-3.3,	Contribution to National Outcomes: 1.1-1.6, 2.1-2.3, 3.1-3.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1					
How will we Deliver?	Partner Agencies	Reporting Mec	hanism			
<ul> <li>Cardiff and Vale of Glamorgan Local Authority Carers         Workstream</li> <li>Carers Information and Consultation Strategy</li> <li>Cardiff and the Vale Carers Support and Information         Network Group (CSING)</li> <li>Shaping our Future Well-being Strategy</li> <li>Carers Strategy for Wales</li> </ul>	CVUHB, Local Authorities, Carers, CS3C, GVS, Carers Trust Wales/SE Wales	<ul> <li>Carers Information and Const Annual Report</li> <li>RPB Annual Report</li> </ul>	ultation Strategy	-		
Key Actions	Time	Resources	IAA Preventative	Alternative		

Key Actions	Time	Resources	IAA	Preventative	Alternative	l
	frame				models	l
Support and monitor the delivery of Phase 2 of the Carers Engagement     Project to build on Phase 1 findings which considered potential carer forum     models and barriers to engagement.	Short- term	<ul><li>Core budgets</li><li>Third Sector</li></ul>	٧	٧		

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
Jilort-terri – 1 year	Iviedium term = 2-3 years	Long-term - 4+ years

## AYC1.2 Improve physical and emotional support for young carers, including emergency and pre-planned respite and reducing the risk of Adverse Childhood Experiences (ACEs)

Response to PNA Need: N1-N2, N4-N9

**Contribution to Well-being Objectives**: WBC3-WBC7, WBV1-WBCV3

Contribution to National Outcomes: 1.1-1.6, 2.1-2.3, 3.1-3.3, 4.1-4.2, 5.2, 6.1-6.2, 7.1-7.5, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism
Young Carers Action Plan	CVUHB, Local Authorities,	Carers Information and Consultation Strategy –
• <u>Carers Information and Consultation Strategy</u>	YMCA, Carers, Schools, CS3C,	Annual Report
Cardiff and Vale of Glamorgan Local Authority Carers	GVS, Carers Trust Wales/SE	RPB Annual Report
Workstream	Wales	
Cardiff and the Vale Carers Support and Information		
Network Group (CSING)		
<ul> <li>Shaping our Future Well-being Strategy</li> </ul>		
<u>Carers Strategy for Wales</u>		

Key	Key Actions			Resources	IAA	Preventative	Alternativ e models
•	Improve information sharing and recording concerning known/identified	Short-	•	Core budgets			
	Young Carers	term	•	Cardiff East Young Carers	٧	٧	
•	Improve the Identification of "hidden" Young Carers	Short-		Project			
		medium	•	Cardiff West Young Carers			
		term		Project			
•	Work with Wellbeing and Mental Health Services to ensure appropriate	Medium-	•	Vale of Glamorgan Young			
	identification of Young Carers and referrals to support	term		Carers Project			
•	Identify and support Young Carers Champions in secondary schools as good	Short-	•	Cardiff and Vale Young			
	practice	term		Carers Club			
•	Develop a Young Carers ID card	Medium-	•	Carers Trust South East			
		term		Wales			
•	Develop GP Carer Accreditation Scheme	Short-	•	Young Carers Toolkit			

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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	term	Young Carers Network
Support the development of a Pharmacy Carer Accreditation Scheme	Short-	Families First
	term	WG Carer Respite Funding
Plan and deliver actions to provide additional respite in response to WG	Short-	
Carers Respite Funding	term	
Explore greater collaborative working in relation to the work on Adverse	Short-	
Childhood Experiences via the National Ace Hub	term	
Develop accredited programmes for Young Carers to recognise their skills	Medium-	
and experience	term	
Review Carers Pathway	Short-	
	term	
Other actions to be considered by Cardiff and Vale of Glamorgan Local	Short-	
Authority Carers Workstream. Considerations to include:	medium	
- Support for young carers who work	term	
<ul> <li>Advocacy that is proactively offered, explained and independent from</li> </ul>		
the advocacy for the person they care for		

## AYC1.3: Improve physical and emotional support for adult carers, including emergency and pre-planned respite

Response to PNA Need: N1, N5, N8-N9

Contribution to Well-being Objectives: WBC4, WBC6-WBC7, WBV1, WBV3

**Contribution to National Outcomes:** 1.1-1.6, 2.1-2.3, 5.2, 6.1-6.2

Но	w will we Deliver?	Partner Agencies		Reporting Mechanism
•	Cardiff and Vale of Glamorgan Local Authority Carers	CVUHB, Local Authorities,	•	Carers Information and Consultation Strategy –
	Workstream	Carers, CS3C, GVS, CAVAMH		Annual Report
•	Carers Information and Consultation Strategy		•	RPB Annual Report
•	Cardiff and the Vale Carers Support and Information			
	Network Group (CSING)			
•	Shaping our Future Well-being Strategy			

Short-term =	1 year	Medium term = 2-3 years	Long-term = 4+ years

•	Nexus Carers Strategy for Wales						
Key	Actions	Time frame		Resources	IAA	Preventative	Alternative models
•	Cardiff and Vale of Glamorgan Carers Workstream to identify required physical and emotional support needs. Considerations to include:  - Support for adult carers who work  - Counselling, other talking therapies and mental health support  - Provision of training to carers to help them undertake their caring role  - Intergenerational and mixed support groups  - Advocacy that is proactively offered, explained and independent from the advocacy for the person they care for	Medium- term	•	Core budgets WG Carer Respite Funding ICF Cardiff and Vale of Glamorgan Carers Directory	٧	٧	V
•	Plan and deliver actions to provide additional respite in response to WG Carers Respite Funding	Short- term					

## AYC1.4: Involve carers, including young carers, in the planning of hospital admission and discharge if the person they care for is in hospital

Response to PNA Need: N1, N3, N8-N9, N11

Contribution to Well-being Objectives: WBC3-WBC4, WBC6, WBV1, WBV3

**Contribution to National Outcomes: 1.1-1.6, 8.1** 

Contribution to National Outcomes. 1.1 1.0, 6.1						
Partner Agencies	Reporting Mechanism					
CVUHB, Local Authorities,	Carers Information and Consultation Strategy –					
Carers, CS3C, GVS, Age	Annual Report					
Connects, Carers Trust	RPB Annual Report					
Wales/SE Wales						
	CVUHB, Local Authorities, Carers, CS3C, GVS, Age Connects, Carers Trust					

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years

Programme							
<u>Carers Strategy for Wales</u>							
Key Actions		Time frame		Resources	IAA	Preventative	Alternative models
Ensure the inclusion of Carers within hospital admission	and discharge	Short-	•	Core budgets			
planning as part of the Cardiff and Vale UHB Unschedule	ed Care	medium	•	ICF	٧	<b>√</b>	
Transformation Programme. Considerations to include:		term	•	Cardiff and Vale of			
<ul> <li>Provision of training/showing carers what needs to the person being cared for at home</li> </ul>	be done to support			Glamorgan Carers Directory			
<ul> <li>Provide carers information to take home in a language and format which is accessible to them</li> </ul>							
<ul> <li>Provide follow up support to carers after the persor returned home</li> </ul>	n they care for has						
- Ensure the availability of medication from the pharm	nacy to enable						
discharge, and support for carers to understand the	medication and						
that it is taken appropriately							

AYC1.5: Provide easily accessible information to carers and relatives in a range of formats and languages, through existing information points, such as primary care and libraries.

Response to PNA Need: N1, N8-N9

Contribution to Well-being Objectives: WBC4, WBC6-WBC7, WBV1, WBV3

**Contribution to National Outcomes: 1.1-1.6** 

How will we Deliver?	Partner Agencies	Reporting Mechanism
Cardiff and Vale of Glamorgan Local Authority Carers	CVUHB, Local	Carers Information and Consultation Strategy –
Workstream	Authorities, Carers,	Annual Report
<u>Carers Information and Consultation Strategy</u>	CS3C, GVS, YMCA,	RPB Annual Report
<u>Cardiff and the Vale Carers Support and Information Network</u>	Carers Trust Wales/SE	
Group (CSING)	Wales	

Short-term =	1 year	Medium term = 2-3 years	Long-term = 4+ years

•	Shaping our Future Well-being Strategy

Key	Key Actions			Resources	IAA	Preventative	Alternative models
•	Actions to be considered by Cardiff and Vale of Glamorgan Local Authority	Short-	•	Core budgets			
	Carers Workstream. Considerations to include:	term	•	WG Carer Transitional	√	V	
	- Culturally appropriate information in a variety of formats and			Funding			
	languages aimed specifically at carers and family members on what		•	Families First			
	they need to know about an individual's health condition, as well as		•	ICF			
	meeting their own care and support needs		•	Cardiff and Vale of			
	- Available on- and off-line in a variety of formats and easily accessible in			Glamorgan Carers Directory			
	such places as GPs, clinics, hospitals, community centres, libraries and		•	Dewis			
	a wide-range of community services						

AYC1.6: Raise awareness around caring and carers among public and health and social care professionals, (e.g. adopting an approach similar to Making Every Contact Count), to ensure that carers are identified as early as possible and all involved are aware of their rights as a carer

Response to PNA Need: N8-N9, N11

Contribution to Well-being Objectives: WBC4, WBC6-WBC7, WBV1, WBV3

**Contribution to National Outcomes:** 1.1-1.6

How will we Deliver?	Partner Agencies	Reporting Mechanism
Young Carers Action Plan	CVUHB, Local	Carers Information and Consultation Strategy –
Cardiff and Vale of Glamorgan Local Authority Carers	Authorities, Carers,	Annual Report
Workstream	CS3C, GVS	RPB Annual Report
<ul> <li><u>Carers Information and Consultation Strategy</u></li> </ul>		
<ul> <li><u>Cardiff and the Vale Carers Support and Information Network</u></li> </ul>		
Group (CSING)		
Shaping our Future Well-being Strategy		
<u>Carers Strategy for Wales</u>		

Short-term =	1 year	Medium term = 2-3 years	Long-term = 4+ years

Key Actions	Time frame		Resources	IAA	Preventative	Alternative models
Development of a generic Young Carers training package, including e- learning, involving young carers in the process	Short- medium term	•	Core budgets Families First Cardiff and Vale of	<b>√</b>	٧	
<ul> <li>Other actions to be considered by Cardiff and Vale of Glamorgan Local Authority Carers Workstream. Considerations to include:         <ul> <li>More awareness amongst professionals of the different needs and experiences of carers from diverse communities</li> <li>More awareness in diverse communities of what being a carers is and the support available</li> <li>Easier access to carers' assessments</li> <li>Greater awareness that all carers are entitled to a carer's assessment</li> <li>Asking adult and young carers whether they are willing and able to care</li> </ul> </li> </ul>	Short- medium term	•	Glamorgan Carers Directory Dewis Wales			

# 6. Health and Physical Disabilities



### How are we addressing health and physical disability care and support needs?

## 1. Other Partnership Activity

A number of care and support needs in relation to **health and physical disabilities** were raised in the PNA, whereby responsibilities for addressing these lie with other Partnerships than the Regional Partnership Board. This Plan provides links to other delivery mechanisms and strategies in place to address the care and support needs identified:

#### HPD1.1: Promote healthy lifestyles and improve and protect the health and well-being of Cardiff and Vale of Glamorgan residents.

**Contribution to PNA Priorities: N1-N13** 

Contribution to Well-being Objectives: WBC2-WBC7, WBV1-WBV4

**Contribution to National Outcomes:** 1.1-1.2, 2.1-2.3, 4.1-4.2, 5.2, 7.2-7.4, 8.1

How will we Deliver?	Partner Agencies	Reporti	ng Mechanism		Resources	IAA	Preventative	Alternative models
<ul> <li>Shaping our Future Well-being Plan</li> </ul>	CVUHB, GPs,	<ul><li>CVUHB IN</li></ul>	MTP	•	Core budgets			
<u>2015-2025</u>	Public Health	<ul> <li>Annual R</li> </ul>	eport of the	•	Primary Care Fund	√	√	√
<ul> <li>Cardiff and Vale Integrated</li> </ul>	Wales, Local	Director	of Public Health	•	ICF			
Medium Term Plan	Authorities,	<ul> <li>Well-beir</li> </ul>	ng Plan Annual	•	Dewis			
<u>Cardiff and Vale Local Public Health</u>	Third Sector,	Reports		•	Public health			
plan 2016/17-2018/19	Food Cardiff,			•	Housing			
<ul> <li><u>Cardiff Well-being Plan</u> and <u>Vale of</u></li> </ul>	Summer			•	Transport			
Glamorgan Well-being Plan	Holiday				,			
<ul> <li>Primary Care Plan/GP Cluster Plans</li> </ul>	Enrichment							
Wellbeing 4U Service	Programme							
Cardiff Independent Living Service	(SHEP), RSLs,							
Strategic Equality Plans	Transport							
<ul> <li>Cardiff Housing Strategy 2016-</li> </ul>	Providers							

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
Jilort-terri – 1 year	Iviedium term = 2-3 years	Long-term - 4+ years

<u>2021</u>			
<ul> <li>Vale of Glamorgan Local Housing</li> </ul>			
Strategy 2015-2020			
• <u>Cardiff Local Development Plan</u>			
<u>2006-2026</u>			
<ul> <li>Vale of Glamorgan Local</li> </ul>			
Development Plan 2011-2016			
<ul> <li><u>Cardiff Transport Strategy – Keep</u></li> </ul>			
Cardiff Moving			
<ul> <li>Vale of Glamorgan Local Transport</li> </ul>			
<u>Strategy</u>			

# 7. Adult Mental Health and Cognitive Impairment



# How are we addressing care and support needs?

## 1. Other Partnership Activity

A number of care and support needs in relation to **adult mental health and cognitive impairment** were raised in the PNA, whereby responsibilities for addressing these lie with other Partnerships than the Regional Partnership Board. This Plan provides links to other delivery mechanisms and strategies in place to address the care and support needs identified:

#### AMHCI 1.1: Deliver the Cardiff and Vale of Glamorgan 'Together for Mental Health' Plan, which includes ensuring that:

- People in Cardiff and Vale of Glamorgan are more resilient and better able to tackle poor mental well-being when it occurs
- The quality of life for people is improved, particularly through addressing loneliness and unwanted isolation
- Services meet the needs of the diverse population of Cardiff and Vale of Glamorgan
- People with mental health problems, their families and carers are treated with dignity and respect
- All children have the best possible start in life, which is enabled by giving parents / care givers the support needed
- All children and young people are more resilient and better able to tackle poor mental well-being when it occurs
- Children and young people experiencing mental health problems get better sooner
- People with a mental health problem have access to appropriate and timely services
- People of all ages experience sustained improvement to their mental health and well-being through access to positive life chances
- Cardiff and Vale of Glamorgan is a dementia friendly region

**Contribution to PNA Priorities: N1-N11** 

Contribution to Well-being Objectives: WBC3-WBC7, WBV1-WBV3

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Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
Jilort-terri – 1 year	Iviedium term = 2-3 years	Long-term - 4+ years

How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
<ul> <li>Cardiff and Vale Local Mental Health Partnership Board</li> <li><u>Draft Cardiff and Vale of</u> <u>Glamorgan Dementia Strategy</u> 2017-2027</li> </ul>	CVUHB, Local Authorities, SWP, GPs, WAST, CAVAMH,	<ul> <li>Cardiff and Vale Local         Mental Health Partnership         Board Annual Report     </li> </ul>	<ul><li>Core Budgets</li><li>ICF Capital</li></ul>	٧	٧	٧
<ul> <li>WG Together for Mental Health         Delivery Plan 2016-2019     </li> <li>Shaping our Future Well-being         Strategy         Cardiff Housing Strategy 2016-     </li> </ul>	Third Sector					
<ul> <li><u>Vale of Glamorgan Local Housing</u></li> <li><u>Strategy 2015-2020</u></li> </ul>						

Short-term = 1 vear	Medium term = 2-3 years	Long-term = 4+ years
Jilort terrir – i year	ivicalani terni – 2 3 years	Long term – 41 years

# 8. Sensory Loss and impairment



# How are we addressing care and support needs?

### 1. Other Partnership Activity

A number of care and support needs in relation to **sensory loss and impairment** were raised in the PNA, whereby responsibilities for addressing these lie with other Partnerships than the Regional Partnership Board. This Plan provides links to other delivery mechanisms and strategies in place to address the care and support needs identified:

SLI 1.1: Deliver the Cardiff and Vale of Glamorgan Eye Care Plan in conjunction with Primary Care, Secondary Care, Cardiff and Vale of Glamorgan University Health Board and Welsh Government

SLI 1.2 Develop and implement a health board wide action plan to meet the All Wales Standards for Accessible Information and Communication for People with Sensory Loss, in order to improve provision across Primary Care, Secondary Care and Emergency and Unscheduled Care

SLI 1.3 Explore the establishment of a partnership delivery mechanism to meet the wider needs of people with sensory loss and impairment

**Contribution to PNA Priorities: N1-N11** 

**Contribution to Well-being Objectives:** WBC3-WBC4, WBC5-WBC7, WBV1-WBV3 **Contribution to National Outcomes:** 1.1-1.6, 2.1-2.3, 4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
<ul> <li>Cardiff and Vale of Glamorgan Eye Care Plan</li> <li>CVUHB Strategic Equality Plan</li> <li>All Wales Standards for Accessible Communication and Information for People with Sensory Loss</li> <li>CVUHB 'Standards for Accessible</li> </ul>	CVUHB, GP Clusters, Health board Eye Care Collaborative Groups and public health	<ul> <li>Eye Care Steering Board</li> <li>CVUHB IMTP</li> <li>CVUHB Strategic Equality Plan</li> <li>Sensory Loss Steering Group</li> </ul>	<ul> <li>Core Resources</li> <li>Eye Care Wales</li> <li>Low Vision Service Wales</li> <li>Dewis</li> </ul>	V	٧	V

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Short-term =	1 year	Medium term = 2-3 years	Long-term = 4+ years

Information and Communication for	lead, School	
People with Sensory Loss' Action Plan	Nurses,	
Deaf and Hard of Hearing Mental	Orthoptists,	
Health Network	Optometrists,	
Cardiff Council Sensory Service	Optometry	
Vale of Glamorgan Council Sensory	Wales,	
Service	Third Sector,	
<u>SCI VICC</u>	Local	
	authorities,	
	Older Person's	
	Commissioner	

## 9. Violence Against Women, Domestic Abuse and Sexual Violence



# How are we addressing care and support needs?

## 1. Other Partnership Activity

A number of care and support needs in relation to **violence against women and men, domestic abuse and sexual violence** were raised in the PNA, whereby responsibilities for addressing these lie with other Partnerships than the Regional Partnership Board. This Plan provides links to other delivery mechanisms and strategies in place to address the care and support needs identified:

#### VAWDASV 1.1 Deliver the Cardiff and Vale of Glamorgan Violence Against Women, Domestic Abuse and Sexual Violence Strategy

**Contribution to PNA Priorities: N1-N14** 

Contribution to Well-being Objectives: WBC3-WBC7, WBV1-WBV3

How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
<ul> <li>Cardiff and Vale of Glamorgan         VAWDASV Strategy – under         development</li> <li>WG National Strategy on Violence         Against Women, Domestic Abuse and         Sexual Violence – 2016-2021</li> <li>The National Training Framework on         violence against women, domestic         abuse and sexual violence</li> <li>South Wales Police and Crime         Reduction Plan 2017-21</li> <li>IRIS (Identification and Referral to         Improve Safety) Project</li> </ul>	Local Authorities, CVUHB, GPs, SWP, National Probation Service, PCC, Wales Community Rehabilitation Company, LSCB, Cardiff Women's Aid, Atal Y Fro, Safer Wales, BAWSO,	<ul> <li>Public Service Boards</li> <li>Cardiff and Vale VAWDASV         Board (from April 18)</li> <li>Cardiff Safer and Cohesive         Communities Programme         Board</li> <li>Safer Vale Partnership</li> <li>Local Safeguarding Children         Board</li> </ul>	<ul> <li>Core Budgets</li> <li>Welsh         Government/PCC         VAWDASV funding</li> <li>Supporting People</li> <li>IFSS</li> <li>Cardiff Multi-Agency         Safeguarding Hub         (MASH)</li> <li>Families First</li> <li>Flying Start</li> <li>Area Planning Board</li> </ul>	V	V	<b>√</b>

Short-term =	1 year	Medium term = 2-3 years	Long-term = 4+ years

•	White Ribbon Campaign	Third Sector	<ul> <li>Cardiff Signs of Safety</li> </ul>		
•	Local Safeguarding Children's Board				
•	<b>Child Sexual Exploitation (CSE)</b>				
	Prevention Strategy for the NHS in				
	Wales 2016 – 2019				
•	Cardiff Housing Strategy 2016-2021				
•	Vale of Glamorgan Local Housing				
	Strategy 2015-2020				

# 10. Asylum Seekers and Refugees



## How are we addressing care and support needs?

## 1. Other Partnership Activity

A number of care and support needs in relation to **asylum seekers and refugees** were raised in the PNA, whereby responsibilities for addressing these lie with other Partnerships than the Regional Partnership Board. This Plan provides links to other delivery mechanisms and strategies in place to address the care and support needs identified:

#### ASR1.1 Deliver the Cardiff and Vale of Glamorgan Community Cohesion Delivery Plan 2017-2020

**Contribution to PNA Priorities: N1-N8,** 

Contribution to Well-being Objectives: WBC2-WBC7, WBV1-WBV3

How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
<ul> <li>Welsh Government National         Community Cohesion Delivery Plan         2017-2020</li> <li>Cardiff and Vale of Glamorgan         Community Cohesion Delivery Plan         2017-2010 (under development)</li> <li>Welsh Government Refugee &amp; Asylum         Seeker Delivery Plan 2016-2019</li> <li>Cardiff Well-being Plan and Vale of         Glamorgan Well-being Plan</li> <li>Cardiff City of Sanctuary</li> <li>Inclusive Cardiff Network: Inclusive         Cities Project (under development)</li> <li>Local Strategic Framework on New and</li> </ul>	Local authorities, CVUHB, GPs, Public health Wales, Welsh Refugee Coalition, Third Sector, RSLs, Displaced People in Action	<ul> <li>Public Service Boards</li> <li><u>Cardiff Safer &amp; Cohesive</u> <ul> <li><u>Communities</u></li> <li><u>Programme Board</u></li> </ul> </li> <li>Syrian Resettlement             <ul> <li>Leadership &amp;</li> <li>Operational Groups</li> </ul> </li> </ul>	<ul> <li>Core budgets</li> <li>WG Community         Cohesion Funding     </li> <li>Home Office Syrian         Resettlement             Programme             Funding     </li> <li>CVUHB Cardiff             Health Access             Practice (CHAP)         Service     </li> </ul>	<b>√</b>	<b>√</b>	<b>√</b>

Short-term =	1 year	Medium term = 2-3 years	Long-term = 4+ years

Emerging Communities			
<ul> <li>Cardiff Housing Strategy 2016-2021</li> </ul>			
<ul> <li>Vale of Glamorgan Local Housing</li> </ul>			
Strategy 2015-2020			

#### 11. Offenders



# How are we addressing care and support needs?

### 1. Other Partnership Activity

A number of care and support needs in relation to **offenders** were raised in the PNA, whereby responsibilities for addressing these lie with other Partnerships than the Regional Partnership Board. This Plan provides links to other delivery mechanisms and strategies in place to address the care and support needs identified:

### O1.1 Ensure that the local criminal justice system works effectively and efficiently, meeting the needs of victims and challenging offenders

**Contribution to PNA Priorities: N1-N10** 

Contribution to Well-being Objectives: WBC3-WBC5, WBC7, WBV2-WBV3

**Contribution to National Outcomes:** 1.1-1.6, 2.1, 2.3, 3.1, 3.3, 4.1, 5.2, 6.1-6.2, 7.3

How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
<ul> <li>South Wales Police and Crime Reduction Plan 2017-21</li> <li>Transforming Summary Justice Programme</li> <li>Cardiff and Vale Substance Misuse and Wellbeing Commissioning Strategy 2016-2020</li> <li>Cardiff Housing Strategy 2016-2021</li> <li>Vale of Glamorgan Local Housing Strategy 2015-2020</li> </ul>	SWP, SWP PCC, National Probation Service, HMP Cardiff, Wales Community Rehabilitation Company, Local Authorities, CVUHB, Third Sector, Ministry of Justice, Welsh Government, Housing, RSLs	<ul> <li>Public Service Boards</li> <li>Cardiff Safer and         <ul> <li>Cohesive Communities</li> <li>Programme Board</li> </ul> </li> <li>Safer Vale Partnership</li> </ul>	<ul> <li>Core Budgets</li> <li>Police and Crime         Commissioner /         National Offender         Management Service         budget for the Offender         Intervention Service         (Cardiff and Vale         component)</li> <li>IFSS</li> <li>Cardiff Multi-Agency         Safeguarding Hub         (MASH)</li> <li>Families First</li> <li>Area Planning Board</li> </ul>	V	V	٧

Short-term =	1 year	Medium term = 2-3 years	Long-term = 4+ years

#### 12. Veterans



## How are we addressing care and support needs?

### 1. Other Partnership Activity

A number of care and support needs in relation to **veterans** were raised in the PNA, whereby responsibilities for addressing these lie with other Partnerships than the Regional Partnership Board. This Plan provides links to other delivery mechanisms and strategies in place to address the care and support needs identified:

### V1.1 Deliver the Cardiff and Vale of Glamorgan Armed Forces Community Action Plan 2017/2019

**Contribution to PNA Priorities: N1-N10** 

Contribution to Well-being Objectives: WBC3-WBC5, WBC7, WBV2-WBV3

How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventati ve	Alternativ e models
Cardiff and Vale Armed Force	CVUHB, Local	<ul> <li>Cardiff and Vale Armed</li> </ul>	<ul> <li>Veterans' NHS Wales</li> </ul>			
Community Covenant Action Plan	authorities, GPs,	Forces Forum	Hub	٧	√	٧
2017/2019	Public Health,	<ul> <li>CVUHB IMPTP</li> </ul>	<ul> <li>Veterans Population</li> </ul>			
Veterans Mental Health Support Group	Veterans' NHS		Needs Assessment			
<u>Cardiff Armed Forces Community</u>	Wales, Royal		• Call to Mind : Wales			
<u>Covenant</u>	British Legion					
Vale of Glamorgan Armed Forces	160 Brigade					
Community Covenant	Serving					
Cardiff Housing Strategy 2016-2021	Personnel &					
Vale of Glamorgan Local Housing	Veterans'					
Strategy 2015-2020	Agency, Third					
	Sector, Housing,					
	RSL					

Short-term =	1 year	Medium term = 2-3 years	Long-term = 4+ years

#### 13. Substance Misuse



## How are we addressing care and support needs?

### 1. Other Partnership Activity

A number of care and support needs in relation to **substance misuse** were raised in the PNA, whereby responsibilities for addressing these lie with other Partnerships than the Regional Partnership Board. This Plan provides links to other delivery mechanisms and strategies in place to address the care and support needs identified:

SM1.1 Deliver the Cardiff and Vale of Glamorgan Substance Misuse and Wellbeing Commissioning Strategy with a focus on prevention, education, treatment, support and sustainable long –term recovery.

SM1.2 Increase the safety of our communities by delivering multi-agency responses in locations where discarded injecting equipment and other drug paraphernalia is prevalent

**Contribution to PNA Priorities: N1-N11** 

Contribution to Well-being Objectives: WBC3-WBC5, WBC7, WBV2-WBV3

How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
<ul> <li><u>Cardiff and Vale Substance Misuse</u>         and Wellbeing Commissioning         <u>Strategy</u></li> <li><u>Cardiff Housing Strategy 2016-2021</u></li> <li><u>Vale of Glamorgan Local Housing Strategy 2015-2020</u></li> </ul>	CVUHB, Local Authorities, SWP, Third Sector, NOMS, Wales Community Rehabilitation Company, National Probation Service	<ul> <li>Cardiff and Vale Substance         Misuse Area Planning Board         (APB)</li> <li>APB Annual Report</li> <li>APB Quarterly Welsh         Government Dashboard</li> </ul>	<ul> <li>£3.46m Substance         Misuse Grant Funding</li> <li>£2.52m NHS ring-         fenced allocation for         substance Misuse</li> <li>Cardiff and Vale local         authorities social         services substance         misuse teams</li> <li>Cardiff and Vale local         authorities community</li> </ul>	V	٧	<b>√</b>

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Short-term =	1 year	Medium term = 2-3 years	Long-term = 4+ years

care budgets for
residential
rehabilitation
placements
Police and Crime
Commissioner /
National Offender
Management Service
budget for the
Offender Intervention
Service (Cardiff and
Vale component)

# Appendix 1

# Overview of Population Needs – by Population Group

1. Older People	N1 – Maintain sustainability of key services supporting older people	N2 – Improve access to information and advice (e.g. one stop shop model)
^	N3 – Improve integrated management of mental health and physical issues	N4 – Increase integration of health, housing and social care
	N5 – Reduce social isolation and loneliness while maintaining independence	N6 – Increase support to access practical help with day-to- day tasks such as shopping and gardening
Older People Including	N7 – Improve support and information for people with dementia, their family and carers	N8 – Provide appropriate housing to meet individuals' needs and enable people to remain independent
People with Dementia	N9 – Promote accessible built environments (including good lighting and toilets)	N10 – Improve the commissioning of care home places to enable consistent and high quality care
	N11 – Improve public transport services to enable access to activities promoting health and well-being	N12 – Improve access to different types of advocacy
	N13 Increase digital inclusion to enable access to information and services	N14 Promote inter-generational opportunities in communities
2. Children and Young People	N1 – Improve support for children and young people affected by parental relationship breakdown and domestic violence	N2 – Improve access to appropriate services in a timely fashion, including primary care and mental health services, and support for young people with ADHD and Autism
	N3 – Improve access to appropriate services for looked after children and children in need, recognising increased rates of emotional and mental health issues	N4 – Increase support for young carers, including respite, and raise awareness of what they do
Children and Young People	N5 – Increase involvement of children and young people in decisions affecting them	N6 Enable smoother transitions between children's and adult's services
	N7 – Provide appropriate and safe accommodation	N8 – Further develop vocational educational opportunities and apprenticeships
	N9 – Respond to the increasing numbers and complexity of needs of children and young people with a disability	

3. Learning Disability and	N1 – Increase the availability of information and services	N2 – Improve public transport services to enable access to activities promoting health and well-being
Autism		detivities promoting nearth and wen being
	N3 – Provide respite to those in need	N4 – Improve access to day opportunities
Learning Disability and Autism	N5 – Increase involvement of people requiring services in decisions affecting them	N6 – Recognise and support people who fall between learning disability and mental health service provision
4. Integrated	N1 – Improve support for children and young people affected by	N2 – Improve access to appropriate services in a timely
Family Support Services	parental relationship breakdown and domestic violence	fashion, including primary care and mental health services, and support for young people with ADHD and Autism
	N3 – Improve access to appropriate services for looked after children and children in need, recognising increased rates of emotional and mental health issues	N4 – Provide appropriate and safe accommodation
8	N5 – Increase involvement of people requiring services in	N6 – Increase timely access to low level mental health
	decisions affecting them	services (including counselling and family support)
	N7 – Improve support for the families of people with mental	N8 - Prevent and reduce the incidences of adverse
Integrated Family Support Services	health issues	childhood experiences (ACEs)
_	N9 – Ensure approached are both needs-led and risk-led	N10 – Improve co-ordination between substance misuse services
	N11 – Improve offender access to mental health and substance	N12 – Improve support to offenders and their families to
	misuse services, and counselling post-release	enable family stability
5. Adult and	N1 – Improve access to information (including financial support	N2 – Improve public transport services to enable access to
Young Carers	and services available)	health and well-being activities
•	N3 – Ensure the discharge planning process involves consultation	N4 – Provide appropriate housing to meet individuals' needs
	with carers	and enable people to remain independent
( b )	N5 Provide accessible respite care (including emergency respite)	N6 – Improve the availability of mental health support to
	for those in need	carers
	N7 – Reduce loneliness and social isolation	N8 – Identify carers and provide support to those in need
Adult and Young Carers	N9 – Improve access to carers' assessments	N10 – Enable smoother transitions between children's and adult's services

	N11 – Address perceptions of carers feeling judged by services	
6. Health and	N1 – Improve access to information and services	N2 – Maintain and improve the provision and sustainability
Physical		of community services
Disabilities	N3 – Improve the flexibility of services, including offering	N4 – Improve transitions between children's and adult's
	provision closer to home	services
	N5 – Increase integration of health, housing and social care	N6 – Promote and target service to meet the needs of
		vulnerable groups
	N7 – Improve public transport services to enable access to	N8 – Improve the use of public buildings to join-up services
	activities which promote health and well-being	and maximise resources
Health and Physical Disabilities	N9 – Provide appropriate housing to meet individuals' needs and	N10 – Reduce the prevalence of unhealthy behaviours
	enable people to remain independent	
	N11 – Respond to the increasing prevalence of long-term	N12 – Reduce the levels of air pollution
	conditions	
	N13 – Reduce the number of people living in food poverty	
7. Adult Mental	N1 – Increase timely access to low level mental health services	N2- Improve the join-up of information, advice and services
Health and	(including counselling and family support)	
Cognitive	N3 – Reduce loneliness and isolation (especially among people	N4 – Provide appropriate housing to meet individuals' needs
Impairment	with dementia, asylum seekers and refugees)	and enable people to remain independent
	N5 – Continue partnership approach between statutory services	N6 – Improve support for the families of people with mental
	and with the third sector	health issues
	N7 – Improve access to services such as community hubs and	N8 – Improve information and support for GPs to inform
	one-stop-shops	decisions around referrals
Adult Mental Health and	N9 – Improve support for people with dementia, their families	N10 – Improve peer support and mentoring to guide people
Cognitive impairment	and carers	through the system
8. Sensory Loss	N1 – Improve accessible communication and provision of	N2 – Improve opportunities for increasing mobility and
and Impairment	information on services available	rehabilitation
	N3 – Review purpose and use of registers for sensory impairment	N4 – Increase opportunities to improve social interaction,
		mental health and well-being
	N5 – Improve the provision of person centred equipment and	N6 – Ensure appropriate housing to meet individuals' needs
	technology	and enable independent living

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	N7 – Improve access to appropriate specialist services and	N8 – Continue partnership approach between statutory
	assessments	services and with the third sector
	N9 – Identify people with complex needs and sensory impairment	N10 – Improve planning for increase in prevalence of people
	who require additional support	with sight loss
Sensory Loss and Impairment	N11 – Recognise and address diagnosed hearing impairment	
	among older people in care homes	
9. Violence	N1 – Undertake awareness raising in schools to promote healthy	N2 – Promote the use of positive male role models
Against Women,	relationships	
Domestic Abuse	N3 – Provide support and safeguarding to children in households	N4 – Prevent and reduce the incidences of adverse
and Sexual	where there is domestic abuse	childhood experiences (ACEs)
Violence	N5 – Ensure approaches are both needs-led and risk-led	N6 – Increase the accountability of perpetrators
	N7 – Promote early reporting and the implementation of "Ask	N8 – Improve transparency in family courts
	and Act"	
	N9 – Improve access to information on services and support that	N10 – Raise awareness in communities of how they can
	is available	identify and support people experiencing domestic abuse
Violence Against Women, Domestic Abuse and Sexual Violence		and sexual violence
Abuse and Sexual Violence	N11 – Provide appropriate, safe and secure accommodation	N12 – Improve the availability of age-appropriate
		counselling
	N13- Reduce incidences of child sexual exploitation	N14 – Reduce incidences of 'honour'-based violence
10. Asylum	N1 – Improve access to ESOL and interpretation for public	N2 – Improve access to information on education, hate
Seekers and	services	crime, health and service provision.
Refugees	N3 – Improve access to the labour market	N4 – Provide support to help establish links in the
		community
	N5 – Increase the availability of childcare	N6 – Improve public transport services to enable access to
		health and social activities
1	N7 – Improve engagement with schools	N8 – Improve access to community mental health services
Asylum Seekers and Refugees		
11. Offenders	N1 –Improve access to mental health and substance misuse	N2 – Respond to the increase in use of new psychoactive
	services, and counselling post release	substances
	N3 – Improve support to enable family stability	N4 – Provide appropriate housing and support
	N5 – Improve access to information on employment and welfare	N6 – Provide youth support services and activities

	benefits support	
LAW	N7 – Promote healthy lifestyles (including sexual health)	N8 – Increase engagement in education and community activities
Offenders	N9 – Improve partnership working and communication between services	N10 – Promote opportunities for continued adult learning and development of life skills
12. Veterans	N1 – Improve mental health diagnosis and care	N2 – Reduce social isolation
	N3 – Improve access to housing	N4 – Improve the availability of financial advice
	N5 – Improve the provision of services for all conditions affecting	N6 – Reduce substance misuse and self-medication
	veterans, not just post-traumatic stress disorder	
<b>\</b>	N7 – Increase early diagnosis and preventative treatment to	N8 – Improve transition between active service and civilian
Veterans	reduce long-term limiting illnesses	life
	N9 – Improve access to information and services	N10 – Reduce safeguarding issues relating to domestic
		violence
13. Substance	N1 – Respond to the increased number of people buying illicit	N2 – Respond to the growing 'hidden population' misusing
Misuse	substances online	prescription and over the counter medication
	N3 – Reduce the misuse of neuropathic medications with alcohol	N4 – Reduce the use of synthetic cannabinoids and nitrous
	and drugs	oxide
T dip	N5 – Increase awareness of dual diagnosis (substance misuse and	N6 – Respond to the increasing prevalence of alcohol related
	mental health issues in one individual)	brain damage (ARBD)
	N7 – Respond to the growing impact of 'legal highs' on	N8 – Respond to the increased distribution of more portent
Substance Misuse	emergency services	heroin
	N9 – Reduce the number of older people (50+ years) misusing	N10 – Review access to substance misuse services (including
	alcohol through loneliness and boredom	opening hours)
	N11 – Improve co-ordination between services	

# Appendix 2

# **Cardiff and Vale of Glamorgan Well-being Objectives**

Cardiff Well-being Objectives	Vale of Glamorgan Well-being Objectives
WBC1 - A Capital City that works for Wales	WBV1 - Enable people to get involved, participate in their communities
	and shape local services
WBC2 - Cardiff grows in a resilient way	WBV2 - Reduce poverty and tackle inequalities linked to deprivation
WBC3 - Safe, confident and empowered communities	WBV3 - Give children the best start in life
WBC4 - Cardiff is a great place to grow up	WBV4 - Protect, enhance and value our environment
WBC5 - Supporting people out of poverty	
WBC6 - Cardiff is a great place to grow older	
WBC7 - Modernising and integrating our public services	

# Social Services: The National Outcomes Framework for People who Need Care and Support, and Carers who need Support

(<a href="http://gov.wales/topics/health/socialcare/well-being/?lang=en">http://gov.wales/topics/health/socialcare/well-being/?lang=en</a>)

What well-being means	National well-being outcomes
Securing rights and entitlements.     Also for adults: control over day-to-day life.	<ol> <li>I know and understand what care, support and opportunities are available and use these to help me achieve my well-being</li> <li>I can access the right information, when I need it, in the way I want it and use this to manage and improve my well-being</li> <li>I am treated with dignity and respect and treat others the same</li> <li>My voice is heard and listened to</li> <li>My individual circumstances are considered</li> <li>I speak for myself and contribute to the decisions that affect my life, or have someone who can do it for me</li> </ol>
<ol> <li>Physical and mental health and emotional well-being Also for children: physical, intellectual, emotional, social and behavioural development.</li> </ol>	<ul> <li>2.1 I am healthy and active and do things to keep myself healthy</li> <li>2.2 I am happy and do the things that make me happy</li> <li>2.3 I get the right care and support, as early as possible.</li> </ul>
3. Protection from abuse and neglect.	<ul> <li>3.1 I am safe and protected from abuse and neglect</li> <li>3.2 I am supported to protect the people that matter to me from abuse and neglect</li> <li>3.3 I am informed about how to make my concerns known.</li> </ul>
4. Education, training and recreation.	<ul><li>4.1 I can learn and develop to my full potential</li><li>4.2 I do the things that matter to me.</li></ul>
5. Domestic, family and personal relationships.	<ul><li>5.1 I belong</li><li>5.2 I contribute to and enjoy safe and healthy relationships.</li></ul>
6. Contribution made to society.	6.1 I engage and make a contribution to my community 6.2 I feel valued in society.
7. Social and economic well-being. Also for adults: participation in work.	<ul> <li>7.1 I contribute towards my social life and can be with the people that I choose</li> <li>7.2 I do not live in poverty</li> <li>7.3 I am supported to work</li> <li>7.4 I get the help I need to grow up and be independent</li> <li>7.5 I get care and support through the Welsh language if I want it.</li> </ul>
8. Suitability of living accommodation.	8.1 I live in a home that best supports me to achieve my well-being.

# Appendix 4

# Glossary

	A	
ABMU	Abertawe Bro Morgannwg University Health Board	
ACEs	Adverse Childhood Experiences	
ACEs Hub	National Hub set up by Cymru Well Wales to tackle the negative impact of Adverse Childhood Experiences	
ADHD	Attention Deficit Hyperactivity Disorder	
ALN	Additional Learning Needs	
AMD	Age-related Macular Degeneration	
AMHCI	Adult Mental Health and Cognitive Impairment	
APB	Area Planning Board	
ARBD	Alcohol Related Brain Damage	
ASD	Autism Spectrum Disorder	
ASR	Asylum Seekers and Refugees	
AYC	Adult and Young Carers	
	В	
BAWSO	Black Association of Women Step Out	
	C	
C3SC	Cardiff Third Sector Council	
CAMHS	Child and Adolescent Mental Health Services	
CAVAMH	Cardiff and Vale Action for Mental Health	
CAVC	Cardiff and Vale College	
СНАР	Cardiff Health Access Practice - Healthcare Services operating from Cardiff Royal Infirmary for people who find it difficult to visit	
	mainstream GP services	
CSC	Central South Education Consortium	
CSE	Child Sexual Exploitation	

Cardiff and the Vale Carers Support and Information Network	c Group
Cardiff and Vale of Glamorgan Integrated Health and Social C	are Partnership
Cardiff and Vale University Health Board	
Children and Young People	
E	
English for Speakers of Other Languages	
G	
General Certificate of Secondary Education	
General Practitioners	
Glamorgan Voluntary Service	
н	
Her Majesty's Prison	
Health and Physical Disabilities	
l	
Information, Advice and Assistance	
Integrated Autism Service	
Integrated Care Fund	
Identification	
Integrated Family Support Service	
Integrated Family Support Team	
(Cardiff and Vale UHB) Integrated Medium Term Plan	
Information Technology	
J	
Joint Equipment Service	
K	
Key Finding	
Looked After Children	
	Children and Young People  English for Speakers of Other Languages  General Certificate of Secondary Education  General Practitioners  Glamorgan Voluntary Service  Her Majesty's Prison  Health and Physical Disabilities  Information, Advice and Assistance  Integrated Autism Service  Integrated Care Fund  Identification  Integrated Family Support Service  Integrated Family Support Team  (Cardiff and Vale UHB) Integrated Medium Term Plan  Information Technology  Joint Equipment Service  Key Finding

LD	Learning Disabilities	
LDA	Learning Disabilities and Autism	
LSCB	Local Safeguarding Children's Board	
	N	
NEET	Not in Education, Employment or Training	
NEXUS	Nexus is delivered via CAVAMH and involves those who use older people's mental health services and their carers to have say in the way that those services are planned, run and developed	
NOMS	National Offender Management Service	
	0	
0	Offenders	
OP	Older People	
	P	
PACT	Police and Communities Together	
PCC	Police and Crime Commissioner	
PNA	Population Needs Assessment	
PSB	Public Service Board	
	R	
RPB	Regional Partnership Board	
RSL	Registered Social Landlord	
	S S	
SE Wales	South East Wales	
SLI	Sensory Loss and Impairment	
SM	Substance Misuse	
SSWb	Social Services and Wellbeing	
SWFRS	South Wales Fire and Rescue Service	
SWP	South Wales Police	
	Т	
TBC	To be confirmed	

The Vale	The Vale of Glamorgan
	V
V	Veterans
VAWDASV	Violence Against Women, Domestic Abuse & Sexual Violence
	W
WAST	Welsh Ambulance Services NHS Trust
WBC	Well-being Cardiff
WBV	Well-being Vale
WG	Welsh Government
WLGA	Welsh Local Government Association



# For further information, please contact:

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