



## Opportunity to become a representative for unpaid carers on the Cardiff and Vale Regional Partnership Board

**Are you an unpaid carer living in Cardiff or the Vale of Glamorgan?  
Would you like to help ensure the voice of carers are built into the long-term plans for region?**

This is an opportunity to become a representative for unpaid carers on the Cardiff and Vale Regional Partnership Board (RPB) for the next 3 years. The RPB was created under the Social Services and Wellbeing (Wales) Act 2014. It provides governance arrangements for overseeing development and delivery of health, social care and wellbeing services in Cardiff and the Vale. Our mission is to ensure that people live the best lives they can.

### Carer Representative Profile

The RPB is looking for a representative who:

- Has extensive experience of providing unpaid care.
- Lives in Cardiff or the Vale of Glamorgan.
- Understands the practical support needs of unpaid carers.
- Is able to provide a representative view of being an unpaid carer, using a breadth of knowledge.
- Is able to reflect that knowledge and contribute to a wide area of health, social care and wellbeing service development at a strategic level.
- Is able to gain the views of other unpaid carers through access to carer support groups, forums and networks, and is able to take those views forward and provide feedback to unpaid carers.
- Has experience of involvement and influencing.
- Is able to commit an average of four hours a month, but some months will be busier than others. This will include:
  1. Four Cardiff and Vale Regional Partnership Board meetings a year (2 hours each, as well as pre-reading and 1-hour pre-meeting before each Board meeting)
  2. Four workshops each year (2-3 hours each)
  3. Shared Chair of RPB Unpaid Carers Programme Board to oversee and support projects related to unpaid carers in the region (6 times a year. Each meeting lasts 1.5 hours). The chosen applicant will be invited to attend our next meeting on Tuesday 25th October between 2 and 4pm.

**The RPB will cover transport costs and, where applicable, respite costs.**

The RPB is made up of representatives from Cardiff Council, Vale of Glamorgan Council, Cardiff & Vale University Health Board, Welsh Ambulance Service NHS Trust, Cardiff Third Sector Council (C3SC), Glamorgan Voluntary Services (GVS), Llamau, Gofal, YMCA Cardiff, Care Forum Wales and an unpaid carer representative. For more information please see:  
<http://www.cavrbp.org>

**If you would like to apply to be a carer representative, please complete the Expression of Interest form and return to [lani@gvs.wales](mailto:lani@gvs.wales) by 23 September 2022.  
Interviews will take place on 19 and 20 October 2022**