Cardiff and Vale of Glamorgan Area Action Plan for Care and Support Needs 2018-2023





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Introduction

This Action Plan should be read in conjunction with the '**Cardiff and Vale of Glamorgan Area Plan for Care and Support Needs 2018-2023**' which sets out the Key Population Needs identified in the Population Assessment and the priorities developed in response by the Cardiff and Vale of Glamorgan Regional Partnership Board (RPB). This document can be found at http://www.cvihsc.co.uk/about/what-we-do/cardiff-vale-glamorgan-area-plan/

How was the Area Plan and Area Action Plan developed?

The development of the Area Plan and Area Action Plan have been informed by a number of sources including public surveys; focus group interviews with local residents; consultation at community events and venues; a survey of local professionals and organisations providing care or support; stakeholder workshops; service and population data; key documents, and current work being undertaken by partner organisations.

Two reports have been produced as a result of this review. The first is the <u>Area Plan</u>, which sets out the key needs identified within the Population Assessment, along with the priority areas for action in response to the findings. In addition, this **Area Action Plan** has also been developed, which provides the detail of how these priorities will be delivered. Both reports also set out the contributions to Cardiff and Vale of Glamorgan's Well-being Objectives and the National Social Services Outcomes Framework.

The main focus of the Area Plan and Action Plan will be the Regional Partnership Board's responsibilities for the integration of services in relation to:



Where there are other care and support themes identified which are led by other Partnerships and planning arrangements across the region, both Plans will signpost to existing reporting mechanisms to enable progress to be monitored.

Consultation and Engagement

Whilst there is no requirement to undertake formal consultation on the Area Plan, those people involved in the production of the Population Needs Assessment were invited to comment on the draft document and to provide input to the Action Plan.

In addition, an online public survey was developed to give people an opportunity to provide comments. Work also took place with Public Service Board colleagues to participate in the engagement on the Well-being Plans and to enable discussion to occur on care and support needs.

As part of the process to develop the Plan, the Partnership has undertaken an Equality and Health Impact Assessment. The Cardiff and Vale of Glamorgan Regional Partnership Board serves a very diverse population and takes into account the requirements of the Equality Act 2010 and Public Health (Wales) Act 2017 to progress equal opportunities for all. The Partnership is committed, through the delivery of this Plan, to promoting positive measures that address health inequalities and eliminate all forms of unlawful or unfair discrimination on the grounds of age, marriage and civil partnership, disability, race, gender, religion/belief, sexual orientation, gender reassignment or gender identity and pregnancy/maternity.

All feedback received as part of the development of the Plan and subsequent consultation has been considered and reflected in the final documents as appropriate.

Monitoring and Review

The Action Plan will be reviewed and updated as required by the Cardiff and Vale of Glamorgan RPB, and progress will be reported within the Board's Annual Report.

This Action Plan is available in Welsh upon request

Action Plan 2018-2023

1. Older People, including People with Dementia



How are we addressing the care and support needs of older people?

1. Regional Partnership Board Priorities

OP1.1: Building on the First Point of Contact and Single Point of Access services, further develop digital services along with easily accessible									
telephone, online and face-to-face access points for the region, for both professionals and the public.									
Response to PNA Needs: N1-N2, N4, N6-N7, N12-N13									
Contribution to Well-being Objectives : WBC3, WBC6-WBC7, WBV1									
Contribution to National Outcomes: 1.1-1.6, 2.1-2.3, 4.1-4.2, 5.1-5.2	2, 6.1-6.2, 7.1, 7.2. 8.1								
How will we Deliver?	Partner Agencies		Reporting	g Mecha	nism				
 <u>'Me, My Home, My Community' – Cardiff and Vale of</u> <u>Glamorgan Market Position Statement 2017-2022</u> <u>Cardiff and Vale of Glamorgan Joint Regional Statement of</u> <u>Strategic Intent – Services for Older People</u> <u>Draft Cardiff and Vale of Glamorgan Dementia Strategy 2017-2027</u> <u>Care and support at home in Wales Five-year strategic plan</u> <u>2017-2022</u> 	Local Authorities, CVUH Sector, Dewis, GPs, Veto Organisations, SWFRS, S WAST, Public Health Wa	eran SWP,	 RPB Annual Repor Director of Social 		' Annual F	Reports			
 <u>Cardiff Council Ageing Well in Wales Local Delivery Plan</u> <u>Vale of Glamorgan Local Service Board Ageing Well Plan</u> <u>Welsh Government Strategy for Older People in Wales 2013-2023</u> Key Actions 		Time frame	Resources	IAA	Preventative	Alternative models			
 Ongoing development of Dewis Cymru's content and functional and support resource to ensure information is comprehensive, a accessible Build greater public and workforce awareness of information and 	up-to-date and	Short- term Short-	 ICF Written Agreement Core budgets 	v	v	V			

particularly for the	se who are not currently accessing services	term	Community	
Develop intelligen	e to understand the potential unmet demand for assessment and	Medium	assets	
services. Considera	itions to include:	-term	Volunteers	
- Where demand	is currently being generated and/or diverted		Carers	
- Development o	f an evidence base to measure the impact of preventative services		Third sector	
- Understanding	the cost-benefits of investment in intermediate care and other		support	
services that he	Ip people return earlier to a better state of health and		Community	
independence,	e.g. Community Resource Team/Service		groups	

Response to PNA Needs: N1-N2, N4-N9, N11-N14						
Contribution to Well-being Objectives: WBC3, WBC5-WBC7, WBV1-						
Contribution to National Outcomes: 1.1-1.6, 2.1-2.3, 4.1-4.2, 5.1-5.2 How will we Deliver?						
 <u>'Me, My Home, My Community' – Cardiff and Vale of Glamorgan Market Position Statement 2017-2022</u> <u>Cardiff and Vale of Glamorgan Joint Regional Statement of Strategic Intent – Services for Older People</u> <u>Shaping our Future Well-being Strategy</u> <u>Draft Cardiff and Vale of Glamorgan Dementia Strategy 2017-2027</u> <u>Care and support at home in Wales Five-year strategic plan 2017-2022</u> <u>Cardiff Council Ageing Well in Wales Local Delivery Plan</u> <u>Vale of Glamorgan Local Service Board Ageing Well Plan</u> <u>Welsh Government Strategy for Older People in Wales 2013-2023</u> 	Partner Agencies Local Authorities, CVUF Sector, Dewis, GPs, Vet Organisations, SWFRS, WAST, RSLs, Care Provi Transport Providers, Co and Faith Groups, Sense organisations.	eran SWP, ders, ommunity	 RPB Annual Repo Director of Social 	rt		Reports
Key Actions	1	Time frame	Resources	IAA	Preventative	Alternativ models
• Development of strategies for preventative services to support	their long-term	Medium	ICF Written			

 sustainability, in the context of financial pressures on all agencies. Considerations to include: Sustainable funding The use of community assets to promote community resilience Library and adult education provision Promoting community engagement Tackling social isolation and loneliness Development of digital skills, potentially through skill exchanges with young people in college Falls prevention Day opportunities Assistive technology Rapid response adaptations Healthy lifestyles, including knowledge and skills on healthy diet Access to public transport Dental services Housing related support Occupational health Further develop the social value sector, including social enterprises, through greater 	- term Short -	Agreement Core budgets Community assets Volunteers Carers Third sector support Community groups	V	V	V
 Further develop the social value sector, including social enterprises, through greater delivery of community based services. 	medium term				
 Further develop locality working. Considerations to include: Clarification on the definition and scope Mapping of existing locality resources in each neighbourhood/cluster. Development of future multi-disciplinary locality teams. The active use of well-being and community hubs to tackle social isolation. The use of 'Community Navigator/Connector' roles. 	Short - medium term				

OP1.3: Develop and provide a range of future accommodation options to meet demand and enable people to remain at home for as long as possible.

Response to PNA Needs: N1-N2, N4-N6, N8-N11, N14

Contribution to Well-being Objectives: WBC2, WBC6, WBV1

Contribution to National Outcomes: 1.1-1.6, 7.2, 8.1

How will we Deliver?	Partner Agencies		Reporti	ng Mecha	anism	
• <u>'Me, My Home, My Community' – Cardiff and Vale of</u>	Local Authorities, CVUH	B, Third	RPB Annual Rep	ort		
Glamorgan Market Position Statement 2017-2022	Sector, RSLs, Private Sec	tor, Care	Local Authority	Housing S	trategies	
<u>Cardiff and Vale of Glamorgan Joint Regional Statement of</u>	Providers					
<u>Strategic Intent – Services for Older People</u>						
<u>Cardiff Housing Strategy 2016-2021</u>						
 Vale of Glamorgan Local Housing Strategy 2015-2020 						
<u>Shaping our Future Well-being Strategy</u>						
Draft Cardiff and Vale of Glamorgan Dementia Strategy 2017-						
<u>2027</u>						
<u>Care and support at home in Wales Five-year strategic plan</u>						
<u>2017-2022</u>						
 <u>Cardiff Council Ageing Well in Wales Local Delivery Plan</u> 						
Vale of Glamorgan Local Service Board Ageing Well Plan						
Welsh Government Strategy for Older People in Wales 2013-						
<u>2023</u>						-
Key Actions		Time frame	Resources	IAA	Preventative	Alternativ models
 Review local housing strategies in light of current provision and 	develop joint regional	Medium	ICF Written			
(accommodation with care and support' strategies (where appr	opriato (fosciblo)	torm	Agroomont			-1

'accommodation with care and support' strategies (where appropriate/feasible).	- term	Agreement	V	V	V	
Considerations to include:		Core budgets				
- Evaluation of the level of accommodation with care provision required now and in		JES Pooled Fund				
the future		Older People				
 Conducting a pilot on intergenerational housing 		Care				
 A joint agreement on the eligibility criteria for social housing 		Accommodation				
 A greater understanding of Local Development Plans and how to influence what 		Pooled Fund				
housing gets built on development sites.		RSLs				
 New building developments are fit for a growing older population, including 					1	

 accessibility requirements Develop a regional approach for domiciliary care and residential and nursing home care, with the aim of stabilising the market. Considerations to include: Opportunities for joint commissioning Sharing good commissioning practices across the region How to further develop good working relationships with providers Outcome based commissioning Joint forums/shared learning The use of care homes to tackle social isolation and loneliness How to improve quality and achieve consistency across the sector How to manage the growth (and decline) of the three markets Demands placed on the sectors by regulatory bodies Needs of self-funders 	Medium – long term	 Supporting People Care Providers Community assets Volunteers Carers Carers Third sector support Community groups 	
 Develop effective tools to enable older people to engage in the self-assessment of their own care and support requirements and health conditions. Considerations to include: IT systems Development of Health 'CVs' for every older person across the region Training for older people on chronic condition self-management Balanced diet education, including cooking skills 	Medium -term		
Review effectiveness of Joint Equipment Store and explore commercial opportunities.	Short- medium term		

OP1.4: Develop improved assessment, diagnosis and care planning practices which are built upon genuine collaboration with older people and their							
carers and families, so that their plans reflect what is important to them and achieves the outcomes they seek.							
Response to PNA Needs: N1-N4, N7-10, N12							
Contribution to Well-being Objectives: WBC6-WBC7, WBV1							
Contribution to National Outcomes: 1.1-1.6, 2.1-2.3, 3.1-3.3, 4	.2, 7.1, 8.1						
How will we Deliver?	Partner Agencies	Reporting Mechanism					
• 'Me, My Home, My Community' – Cardiff and Vale of	Local Authorities, CVUHB, GPs,	RPB Annual Report					

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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 <u>Glamorgan Market Position Statement 2017-2022</u> <u>Cardiff and Vale of Glamorgan Joint Regional Statement of Strategic Intent – Services for Older People</u> <u>Shaping our Future Well-being Strategy</u> <u>Draft Cardiff and Vale of Glamorgan Dementia Strategy 2017-2027</u> <u>Care and support at home in Wales Five-year strategic plan 2017-2022</u> <u>Cardiff Council Ageing Well in Wales Local Delivery Plan</u> <u>Vale of Glamorgan Local Service Board Ageing Well Plan</u> <u>Welsh Government Strategy for Older People in Wales 2013-2023</u> 	Third Sector, Care Provi WAST	iders,				
Key Actions		Time frame	Resources	IAA	Preventative	Alternative models
Further explore opportunities to establish Discharge to Assess m		Short- medium term	 ICF Written Agreement Core budgets 	v	v	v
 Rationalise, refine and unify assessment, diagnosis and planning pathway. Considerations to include: The application of a strength- and not deficit-based approach. Outcomes based commissioning Issues negotiating the crossover points in the transition process. Undertaking integrated assessments in partnership with older people and their families and carers, and that the options available – including the consequences of those options such as financial commitments – are taken into account. The proportionate level of assessment required – i.e. what is the least we need to do to meet an individual's needs – is undertaken in the most appropriate location, and clarity that proportionate assessments apply to all ages, not just older people. Practices similar to the successful 'family conference' model Mechanisms that enable providers to respond to sudden changes in circumstances and the different outcomes required 		Medium – long term	 Carers JES Pooled Fund Older People Care Accommodation Pooled Fund Heath and social care workforce 			
Enable ongoing, systematic engagement as a way of understand	ing what matters to	Short-				

 older people. Considerations to include: Engaging older people who are typically harder to reach, including home owners In line with Part 10 Code of Practice, arrange provision of Independent Professional Advocacy, and ensure access to other forms of advocacy where required. 	medium term Short- term
 Undertake collective workforce planning across health, housing and social care sectors to support integration. Considerations to include: Ageing workforce/succession planning Supply of professional workforce, including GPs, nursing and therapy staff Developing the quality and skills of workforce Impact of domiciliary care registration (Regulation and Inspection of Social Care Act) Joint recruitment campaigns to attract workforce in the care sector Terms and conditions across health and social care Development of integrated teams/joint posts/joint recruitment Training in commissioning, procurement and performance management to support the development of effective services 	Short- medium term

OP1.5: Develop Cardiff and Vale of Glamorgan as a dementia friend	lly region	
Response to PNA Needs: N1-N14		
Contribution to Well-being Objectives: WBC6-WBC7, WBV1		
6. Contribution to National Outcomes: 1.1-1.6, 2.3, 3.1-3.3, 4.2, 5.2	1, 7.1, 8.1	
How will we Deliver?	Partner Agencies	Reporting Mechanism
Draft Cardiff and Vale of Glamorgan Dementia Strategy 2017-	Local authorities, CVUHB, Third	RPB Annual Report
<u>2027</u>	Sector, Alzheimer's Society,	
 <u>'Me, My Home, My Community' – Cardiff and Vale of</u> 	Dementia friendly Groups,	
Glamorgan Market Position Statement 2017-2022	Community and faith groups,	
<u>Cardiff and Vale of Glamorgan Joint Regional Statement of</u>	Care providers, Private Sector,	
Strategic Intent – Services for Older People	SWP, SWFRS, Public Health	
<u>Shaping our Future Well-being Strategy</u>	Wales, WAST, Businesses	
<u>Care and support at home in Wales Five-year strategic plan</u>		
<u>2017-2022</u>		

 <u>Cardiff Council Ageing Well in Wales Local Delivery Plan</u> <u>Vale of Glamorgan Local Service Board Ageing Well Plan</u> <u>Welsh Government Strategy for Older People in Wales 2013-2023</u> 					
Key Actions	Time frame	Resources	IAA	Preventative	Alternative models
 Further promote the development of 'dementia friendly' communities and achieve 'dementia friendly' status on a regional level. Considerations to include: Availability of support services for people with dementia, including early on-set dementia Increasing the number of dementia friends Workforce development Awareness raising with children and young people Development of dementia friendly accommodation 	Short- medium term	 ICF Written Agreement Core budgets Community assets Dementia Friends Volunteers Carers Third sector support Community groups Older People Care Accommodation Pooled Fund 	V	V	v

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years

2. Children and Young People (Including Children with Complex Needs)

Children with Complex Needs

How are we addressing the care and support needs of children and young people?

1. Regional Partnership Board Priorities – Children with Complex Needs

Nb Actions relating to young carers can be found in the 'Adult and Young Carers' section of the Plan

CYP1.1: Improve provision for children and young people w	ith Additional Learni	ng Needs					
Response to PNA Needs: N2-N3, N5-N9							
Contribution to Well-being Objectives: WBC3-WBC5, WBV1-	WBV3						
Contribution to National Outcomes: 1.1-1.6, 2.1-2.3, 3.1-3.3	, 4.1-4.2, 5.1-5.2, 6.1-	6.2, 7.1-7.5	, 8.1				
How will we Deliver? Partner Agencies				Reporting Mech	nanism		
ALN and Education Tribunal (Wales) Bill and	WG, Local Authorit	ies,	٠	Disability Futures Programme			
Transformation programme	Schools, CVUHB, Th	nird	٠	Quarterly reporting to WG/W	LGA on	IAS	
WG Autism Spectrum Disorder Strategic Action Plan	Sector, WLGA			implementation			
Integrated Autism Service							
<u>Cardiff and Vale of Glamorgan Index of children and</u>							
young people with disabilities or additional needs							
Disabilities Futures Programme							
Key Actions		Time frame		Resources	IAA	Preventative	Alternative models
• Increase collaboration between health, social services and	nd education to	Short-	•	Education budgets			
ensure a joined up approach to support and care.		medium	•	WG/WLGA/Public Health	v	V	
		term		Wales – IAS			
• Increase the emphasis on early intervention support in s	chools though	Medium-	•	ICF – IAS Funding			
closer working with Welfare services and provision of additional training for		term	•	Central South Consortium			
all staff in primary schools				Joint Education Service			
• Improve transition between early years education providers, schools and		Medium-	•	Cardiff and Vale of			
post-16 education for children and young people with complex needs		term		Glamorgan's Index of			
Increase participation of children and young people with	n complex needs in	Short-		children and young people			

the planning and assessment process	term	with disabilities or		
		additional needs		
		Families First		

CYP1.2: Improve integrated provision for children with com	plex needs, including	g the transit	tion	between children and adult se	rvices		
Response to PNA Needs: N2-N3, N5-N8							
Contribution to Well-being Objectives: WBC3-WBC5, WBV1-	WBV3						
Contribution to National Outcomes: 1.1-1.6, 2.1-2.3, 3.1-3.3,	4.1-4.2, 5.1-5.2, 6.1	-6.2, 7.1-7.5	, 8.1	L			
How will we Deliver?	Partner Agencies			Reporting Mecl	nanism		
Disabilities Futures Programme	Local Authorities, C	CVUHB,	•	Disability Futures Programme			
<u>National Integrated Autism Service</u>	Third Sector, WLGA, WG,		•	Quarterly Reporting to WG/W	LGA on	IAS	
<u>Cardiff and Vale of Glamorgan Index of children and</u>	Schools			implementation			
young people with disabilities or additional needs							
<u>Shaping our Future Well-being Strategy</u>							
Additional Learning Needs and Education Tribunal							
<u>(Wales) Bill</u>							
Key Actions		Time frame		Resources	IAA	Preventative	Alternative models
Implement the Disabilities Futures Programme to include:		Short-	٠	ICF – part of a Written			
Regional joint commissioning of services for disabled ch	ildren – to include	medium		Partnership Agreement	v	V	v
a focus on Families First and regional opportunities to cor	mmission within	term	•	Local authority/CVUHB core			
the Disability Focus element of services.				budgets			
• Integrating services for children with complex needs – to	o include	Medium-	•	National Integrated Autism			
development of pilot projects to demonstrate integrated	practice and	term		Service			
inform future delivery methods			•	Cardiff and Vale of			
• Development of a regional transition protocol for disabled young people		Medium-		Glamorgan's Index of			
to improve the experience of young people transitioning to adult services				children and young people			
from children's services and early identification of needs	to support			with disabilities or			
planning into adulthood.				additional needs			

2. Other Partnership Activity

A number of care and support needs for **children and young people** were raised in the PNA, whereby responsibilities for addressing these lie with other Partnerships than the Regional Partnership Board. This Plan provides links to other delivery mechanisms and strategies in place to address the care and support needs identified:

Response to PNA Need: N5 Contribution to Well-being Objectives: WBC4, WBC7, WBV1, WBV3 Contribution to National Outcomes; 1.1-1.6, 3.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1								
How will we Deliver?	Partner Agencies		Reporting Mechanism		Resources	IAA	Preventative	Alternativ models
Cardiff Youth Council Cardiff Sprout Vale of Glamorgan Youth Cabinet Vale Youth Forum Cardiff Child Rights Partner Programme and UNICEF 'Child Friendly City' UN Convention on the Rights of the Child	Public Service Boards Local Authorities, CVUHB, Schools, Third Sector, Youth Councils, SWP	•	PSB Annual Reports	• • • • •	Local authorities Schools CVUHB Third Sector Youth Councils Families First Meic Young Commissioners (Families First) SNAP	V	V	V

Short-term = 1 year Medium term = 2-3 years

CYP2.2: Improve educational outcomes Contribution to PNA Priorities: N8 Contribution to Well-being Objectives: WBC4-WBC5, WBV2-WBV3 Contribution to National Outcomes: 4.1- 4.2, 6.1, 7.3-7.4								
How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models		
 <u>Cardiff 2020 – A renewed vision for</u> <u>education and learning in Cardiff</u> <u>Cardiff Commitment Youth</u> <u>Engagement and Progression</u> <u>Strategy</u> <u>Vale of Glamorgan Achievement for</u> <u>All Service Plan 2017-2021</u> <u>Vale of Glamorgan Children and</u> <u>Young People Service Plan 2017- 2021</u> <u>Central South Consortium Business</u> <u>Plan 2017-2020</u> 	Local Authorities, Schools, Central South Education Consortium (CSC), Flying Start, Families First, Third Sector	 Examination results WG/Local authority Key Stage Performance Reports Local authority Corporate/Improvement Plan Quarterly Reports 	 Education budgets Central South Consortium Joint Education Service Youth Support Services Flying Start Families First Third Sector Support 	V	v			

CYP2.3: Increase the successful transition into employment, education or training of children and young people									
Contribution to PNA Priorities: N8									
Contribution to Well-being Objectives: W	BC4-WBC5, WBV2-	WBV3							
Contribution to National Outcomes: 4.1- 4.2, 6.1, 7.3-7.4									
How will we Deliver?	Partner	Reporting Mechanism	Resources			Alternative			
How will we beliver?	Agencies	Reporting Mechanism	Resources	IAA	Preventative	models			
• Cardiff 2020 – A renewed vision for	Local	 Examination results 	Education budgets						
education and learning in Cardiff	authorities,	 Local authority 	Central South	V	V	V			
<u>Cardiff Commitment Youth</u>	Schools, Central	Corporate/Improvement	Consortium Joint						
Engagement and Progression	South Education	Plan Quarterly Reports	Education Service						

 <u>Strategy</u> <u>Vale of Glamorgan Achievement for</u> <u>All Service Plan 2017-2021</u> <u>Vale of Glamorgan Children and</u> <u>Young People Service Plan 2017-</u> <u>2021</u> 	Consortium (CSC), Careers Wales, Third Sector, Training Organisations, CAVC	 Public Service Boards 	 Youth Support Services Flying Start Families First Third Sector Support 	
<u>Central South Consortium Business</u> Plan 2017-2020				
Vale of Glamorgan Aspire to Achieve and Inspire to Work Programmes				

CYP2.4: Increase access to appropriate se issues Contribution to PNA Priorities: N1-N3, N5 Contribution to Well-being Objectives: W Contribution to National Outcomes: 1.1-1	-N9 BC3-WBC5, WBV1-'	WBCV3		ional and	d mental h	ealth
How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
 Cardiff and Vale LSCB Business Plan Cardiff Early Help Strategy Cardiff and Vale Integrated Family Support Service Vale of Glamorgan Corporate Strategy for Children in Need of Care and Support Cardiff Housing Strategy 2016-2021 Vale of Glamorgan Local Housing Strategy 2015-2020 	Local Authorities, CVUHB, Third Sector, Schools	 Cardiff and Vale Local Safeguarding Board Public Service Boards 	 Cardiff and Vale of Glamorgan Integrated Family Support Services (Partnership Agreement) Cardiff and Vale of Glamorgan Regional Safeguarding Children Board Families First Team around the Family 	v	V	V

Cardiff and Vale of
Glamorgan
Information, Advice
and Assistance
Cardiff Multi-agency
Safeguarding Hub
CAMHS/Emotional
Well-being Services
Cardiff Council LAC
Traineeship Scheme

CYP2.5: Increase support for children and	young people affe	cted directly or indirectly by paren	tal relationship breakdown	and dome	estic violen	ice					
contribution to PNA Priorities: N1-N3, N5, N7											
ontribution to Well-being Objectives:, WBC3-WBC5, WBV1-WBCV3											
Contribution to National Outcomes: 1.1-1	.6, 2.1-2.3, 3.1-3.3,	4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.	.1		_						
How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models					
 Welsh Government VAWDASV Strategy 2016-2021 Cardiff Child Sexual Exploitation Strategy Vale of Glamorgan Child Sexual Exploitation Strategy <u>The National Training Framework on</u> violence against women, domestic abuse and sexual violence Cardiff and Vale of Glamorgan VAWDASV Strategy - under development 	Local Authorities, CVUHB, SWP, Probation, Third Sector, Schools, WG	 Cardiff and Vale of Glamorgan VAWDASV Strategy – reporting to PSBs, Cardiff Safer and Cohesive Communities Programme Board and Safer Vale 	 Core budgets IFSS Supporting People 	V	V						

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years

<u>Roll out of IRIS</u>			
South Wales Police and Crime			
Reduction Plan 2017-21			
• <u>Cardiff Housing Strategy 2016-2021</u>			
Vale of Glamorgan Local Housing			
Strategy 2015-2020			

CYP2.6: Prevent child sexual exploitation									
Contribution to PNA Priorities: N1-N3, N5, N7									
Contribution to Well-being Objectives: WBC3-WBC5, WBV1-WBCV3									
Contribution to National Outcomes: 1.1-1	.2, 2.3, 3.1-3.3, 4.1-	-4.2, 5.1-5.2, 8.1							
How will we Deliver?	Partner	Reporting Mechanism	Resources			Alternative			
How will we beliver?	Agencies		Resources	IAA	Preventative	models			
<u>National Action Plan to Tackle Child</u>	Local	Cardiff and Vale Local	LSCB						
Sexual Exploitation (Wales)	Authorities,	Safeguarding Board	Third Sector	V	V				
<u>Cardiff and Vale LSCB Business Plan</u>	CVUHB, SWP,		• WG						
• <u>CSE Prevention Strategy for the NHS</u>	Probation, Third								
<u>2016-2019</u>	Sector								
South Wales Police and Crime									
Reduction Plan 2017-21									

CYP2.7: Enable children and young people to be happy and healthy										
Contribution to PNA Priorities and Well-being Objectives:, N2, WBC2, WBC4, WBC7, WBV2, WBV3										
Contribution to National Outcomes: 1.1-1.2, 2.3, 3.1-3.3, 4.1-4.2, 5.1-5.2, 8.1										
How will we Deliver?	Partner	Reporting Mechanism	Resources			Alternative				
How will we beliver?	Agencies	Reporting Mechanism	Resources	IAA	Preventative	models				
<u>Cardiff Families First</u> and <u>Vale of</u>	Local	PSB Well-being Plans	Local authority –							
Glamorgan Families First	Authorities,	Local Authority Corporate	play/leisure	V	V	<u> </u>				

	Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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•	Cardiff Childcare Sufficiency	CVUHB, Public		Plans	•	Third Sector		
	Assessment 2017	Health Wales,	•	Annual Report of the Director	•	Families First		
•	Vale of Glamorgan Childcare	Third Sector,		of Public Health	•	Schools		
	Sufficiency Assessment 2016/17	Schools			•	Family Information		
•	Vale of Glamorgan Family					Service		
	Information Service				•	Dewis Cymru		
•	Cardiff and Vale Local Public Health				•	Flying Start		
	<u>Plan 2016/17-2018/19</u>							
•	Cardiff Housing Strategy 2016-2021							
•	Vale of Glamorgan Local Housing							
	Strategy 2015-2020							

CYP2.8: Develop the Welsh skills of childre	en and create new	Welsh speakers, to support the W	Velsh Government's vision of	having a	million We	elsh
speakers by 2050 Contribution to PNA Priorities: N2, N6						
Contribution to Well-being Objectives: W						
Contribution to National Outcomes: 1.1-1		-4.2. 5.1-5.2. 8.1				
	Partner					Alternative
How will we Deliver?	Agencies	Reporting Mechanism	Resources	IAA	Preventative	models
<u>Cardiff Welsh in Education Strategic</u>	Local	Local authority corporate	Education and early			
<u>Plan 2017-2020</u>	Authorities,	reporting	years budgets	V		
Vale of Glamorgan Welsh in	Schools, WG,		Third Sector			
Education Strategic Plan 2017-2020	Central South		Flying Start			
	Education		Families First			
	Consortium,					
	CVUHB, Third					
	Sector					

3. Learning Disability and Autism

How are we addressing care and support needs?

1. Regional Partnership Board Priorities

Response to PNA Needs: N1-N6							
Contribution to Well-being Objectives: WBC3-WBC5, WBC7	<i>,</i> WBV1-WBV3						
Contribution to National Outcomes: 1.1-1.6, 2.1-2.3, 4.1-4.2	2, 5.1-5.2, 6.1-6.2, 7.1-	-7.5 <i>,</i> 8.1					
How will we Deliver?	Partner Agencies			Reporting Me	chanism		
• Cardiff Council Learning Disability Strategy 2012-2017	Local Authorities, C	CVUHB,	٠	RPB Annual Report			
• Vale of Glamorgan Council Learning Disability Strategy	Third Sector, Colleg	ges, RSLs,	•	Director of Social Services' A	nnual Re	port	
<u>2014-2017</u> Care Providers, Ca		rdiff	•	Corporate Plans/CVUHB IM1	ГР		
Shaping our Future Well-being Strategy	People First, Vale o	of					
Cardiff and Vale UHB IMTP	Glamorgan People	First,					
Cardiff and Vale UHB Health Inspectorate Wales Learning Disability Action Plan ABMU Health Board, Learning Disability Wa		d,					
		Wales,					
Disabilities Future Programme	SWP						
<u>Cardiff Housing Strategy 2016-2021</u>							
• Vale of Glamorgan Local Housing Strategy 2015-2020							
Kay Actions		Time		Pacauraa			Alternative
Key Actions		frame		Resources	IAA	Preventative	models
• Develop a Cardiff and Vale of Glamorgan Learning Disab	oility Commissioning	Short-	٠	Core budgets			
Strategy. Considerations to include: - Domiciliary care		medium	•	ICF	v	V	v
 Access to information and advice 							
- The uptake of Direct Payments							
 Range of respite opportunities 							

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years



LDA.1.2 People with learning disabilities are supported to pl	ay an active role in society and	engage in meaningful day time activities and employment
or volunteering.		
Response to PNA Need: N1-6		
Contribution to Well-being Objectives: WBC3, WBC4, WBC5,	WBC7, WBV1, WBV2, WBV3	
Contribution to National Outcomes: 1.1-1.6, 2.1-2.3, 4.1-4.2,	5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1	
How will we Deliver?	Partner Agencies	Reporting Mechanism
Cardiff Council and Vale of Glamorgan Council Adult	Local Authorities, CVUHB,	RPB Annual Report
Learning Disability Day Opportunity Strategy 2014-	Third Sector, Colleges, RSLs,	Corporate Plans
2017	Care Providers, Cardiff	Director of Social Services' Annual Report
Disabilities Future Programme	People First, Vale of	
<u>Cardiff Council Learning Disability Strategy 2012-2017</u>	Glamorgan People First,	
Vale of Glamorgan Council Learning Disability Strategy	ABMU Health Board,	
2014-2017	Learning Disability Wales,	
 Shaping our Future Well-being Strategy 	Shaw Trust, Private Sector	

Shaping our Future Well-being Strategy

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years

 <u>Cardiff and Vale UHB IMTP</u> Cardiff and Vale UHB Health Inspectorate Wales Learning Disability Action Plan 					
Key Actions	Time frame	Resources	IAA	Preventative	Alternative models
 Develop a Cardiff and Vale of Glamorgan Learning Disability Commissioning Strategy. Considerations to include: Training staff to respond to changing service user needs, aspirations and priorities. Provision of Independent Professional Advocacy and access to other forms of advocacy for everyone who requires it (in line with Part 10 Code of Practice) Implementation of the Orange Wallet Scheme and development of support networks for independent travel 	Short- medium term	Core budgetsICF	V	V	V

LDA.1.3 People with learning disabilities are valued and incl of their lives	uded, supported to have a voice	, and able to exercise choice and control over all aspects
Response to PNA Need: N1-N2, N4-N5		
Contribution to Well-being Objectives: WBC3-WBC5, WBC7,	WBV1-WBV3	
Contribution to National Outcomes: 1.1-1.6, 2.1-2.3, 4.1-4.2,	5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1	
How will we Deliver?	Partner Agencies	Reporting Mechanism
<u>Cardiff Council Learning Disability Strategy 2012-2017</u>	Local Authorities, CVUHB,	RPB Annual Report
Vale of Glamorgan Council Learning Disability Strategy	Third Sector, Colleges, RSLs,	Corporate Plans/IMTP
<u>2014-2017</u>	Care Providers, Cardiff	Director of Social Services Annual Report
Shaping our Future Well-being Strategy	People First, Vale of	
Cardiff and Vale UHB IMTP	Glamorgan People First,	
• Cardiff and Vale UHB Health Inspectorate Wales	ABMU Health Board,	
Learning Disability Action Plan	Learning Disability Wales,	
	Public Transport Providers	

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
Short term - i year		

•	Disabilities Future Programme					
Key	Actions	Time frame	Resources	IAA	Preventative	Alternative models
•	 Develop a Cardiff and Vale of Glamorgan Learning Disability Commissioning Strategy. Considerations to include: The uptake of Direct Payments Provision of Independent Professional Advocacy and access to other forms of advocacy for everyone who requires it (in line with Part 10 Code of Practice) Implementation of the Orange Wallet Scheme and development of support networks for independent travel Raising awareness and development of opportunities for service users to form social networks within the community and peer groups The development of peer mentoring and volunteering opportunities for people with learning disabilities 	Short- medium term	 Core budgets ICF 	V	V	V

Response to PNA Need: N1-N6		
Contribution to Well-being Objectives: WBC3-WBC5, WBC7	, WBV1-WBV3	
Contribution to National Outcomes: 1.1-1.6, 2.1-2.3, 3.1-3.3	3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1-7.	5, 8.1
How will we Deliver?	Partner Agencies	Reporting Mechanism
• Cardiff and Vale Local Public Health Plan 2016/17-	Local Authorities, CVUHB,	RPB Annual Report
<u>2018/19</u>	Third Sector, Schools/	Corporate Plans/IMTP
• <u>Cardiff Council Learning Disability Strategy 2012-2017</u>	Colleges, RSLs, Care	Director of Social Services Annual Report
Vale of Glamorgan Council Learning Disability Strategy	Providers, Cardiff People	• Annual Report of the Director of Public Health
2014-2017	First, Vale of Glamorgan	
Draft Cardiff and Vale of Glamorgan Dementia Strategy	People First, ABMU Health	
2017-2027	Board, Learning Disability	

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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 <u>Shaping our Future Well-being Strategy</u> <u>Cardiff and Vale UHB IMTP</u> Cardiff and Vale UHB Health Inspectorate Wales Learning Disability Action Plan <u>Disabilities Future Programme</u> <u>Care and support at home in Wales Five-year strategy</u> plan 2017-2022 <u>Cardiff Housing Strategy 2016-2021</u> <u>Vale of Glamorgan Local Housing Strategy 2015-2020</u> 		olic				
Key Actions		Time frame	Resources	IAA	Preventative	Alternative models
 Develop a Cardiff and Vale of Glamorgan Learning Di Commissioning Strategy. Considerations to include: Commissioning of specialist LD residential and d Housing needs over next 5-10 years Remodelling of specialist learning disability serv Range of respite opportunities Improving pathways into primary and secondary forms of advocacy for everyone who requires it Code of Practice) Training and support in safety when using techn Ensuring that commissioned services have approximation 	ementia services ices y healthcare and access to other (in line with Part 10 ology	Short- medium term	 Core budgets ICF 	V	V	V
 Raise awareness of personal safety and work with the Police and PACT meetings to raise awareness of hate service users 	-	Short- medium term				

LDA.1.5 People with learning disabilities are supported to b Response to PNA Need: N1-N2, N4-N5							
Contribution to Well-being Objectives: WBC3-WBC5, WBC7,	WBV1-WBV3						
Contribution to National Outcomes: 1.1-1.6, 2.1-2.3, 4.1-4.2,		7.5					
How will we Deliver?	Partner Agencies			Reporting N	lechanism		
 <u>Cardiff Council Learning Disability Strategy 2012-2017</u> <u>Vale of Glamorgan Council Learning Disability</u> <u>Strategy 2014-2017</u> Cardiff Council and Vale of Glamorgan Council Adult Learning Disability Day Opportunity Strategy 2014-2017 <u>Disabilities Future Programme</u> 	Local Authorities, C Third Sector, Colleg Providers, RSLs, Car People First, Vale o Glamorgan People Libraries	ses, Care rdiff f	•	RPB Annual Report Corporate Plans Director of Social Services	Annual Re	port	
Key Actions		Time frame		Resources	IAA	Preventative	Alternativ models
 Develop a Cardiff and Vale of Glamorgan Learning Disabi Strategy. Considerations to include: Commissioning of college placements for post 16 edu Ensuring community education classes are accessible learning disabilities in terms of cost 	cation	Short – medium term	•	Core budgets	v	v	v

LDA.1.6 Develop a new Integrated Autism Service which all a for children, young people and adults with an autism spectru emotional needs					
Response to PNA Need: N1-N6					
Contribution to Well-being Objectives: WBC3-WBC5, WBC7, V	WBV1-WBV3				
Contribution to National Outcomes: 1.1-1.6, 2.1-2.3, 3.1, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1					
How will we Deliver?	Partner Agencies	Reporting Mechanism			
	26				

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 Cardiff and Vale of Glamorgan Council ASD Strategy 2016-2020 <u>Shaping our Future Well-being Strategy</u> 	CVUHB, Local Author Schools, WG, WLGA Sector		•	RPB Annual Report Quarterly reporting to WG			Alternative
Key Actions Increase awareness of the pathway to diagnosis		frame Short – medium term	•	Resources Integrated Autism Service Core services ICF	IAA V	Preventative V	models
 Improve support and interventions including support for emotional and behavioural issues issues relating to core symptoms of Autism and daily access to leisure and social opportunities 		Short – medium term	•	Third Sector Diagnostic Toolkits Together for Children and Young People Framework:			
 Improve support to individuals and businesses to enabl employment opportunities 	e access	Short – medium term	•	 Neurodevelopmental Work stream Education Training Programmes Parenting Programmes 			
 Enable family and carers to access information and train understanding Autism and how to support the individual 	-	Short – medium term	•				
Implement a new Integrated Autism Service		Short- term					

4. Integrated Family Support Services

How are we addressing care and support needs?

1. Regional Partnership Board Priorities

IFSS1.1 Continue to provide an intensive intervention with families referred by Children's Services where there are serious child protection concerns as a result of parental / carer substance misuse, domestic abuse or mental health.

IFSS1.2 Explore the extension of the Integrated Family Support Service model to include other parental additional needs (e.g. learning disability) and consider how it can help tackle adverse childhood experiences.

Response to PNA Need: N1-N12

Contribution to Well-being Objectives: WBC3-WBC5, WBC7, WBV1-WBV3

Contribution to National Outcomes: 1.1-1.6, 2.1-2.3, 3.1-3.3, 5.1-5.2, 6.1-6.2, 7.1-7.3, 8.1

How will we Deliver?	Partner Agencies			Reporting Mech	nanism		
<u>Cardiff and Vale of Glamorgan Integrated Family</u>	Local Authorities, C	:VUHB,	٠	IFSS Annual Report			
Support Service	SWP, Probation, Th	ird Sector,	•	RPB Annual Report			
<u>Cardiff and Vale LSCB Business Plan</u>	Family members ar	nd					
<u>Cardiff Early Help Strategy</u>	community						
Vale of Glamorgan Children and Young People Service							
<u>Plan 2017-2021</u>							
Substance Misuse and Well-being Commissioning							
Strategy 2016-2020							
<u>Cardiff Housing Strategy 2016-2021</u>							
Vale of Glamorgan Local Housing Strategy 2015-2020							
Key Actions		Time frame		Resources	IAA	Preventative	Alternative models
Provide a volunteer programme that helps parents to provide a volunteer provide a volunteer programme that helps parents to provide a volunteer provide a volunteer programme that helps parents to provide a volunteer programme that helps parents to provide a volunteer provide a volunteer programme that helps parents to provide a volunteer programme that helps parents to provide a volunteer provide a	actice the skills	Medium-	٠	IFSS Core Budget (Pooled			
they learn from social services intervention, within a sup	portive community	term		Fund)	٧	V	



setting. This may involve helping with bedtime routine, playing with the children while the parent makes a meal or being on the end of a phone if a crisis hits. Support at this level can keep families together, improve parenting outcomes, safeguard children and ultimately reduce substance misuse.	 Families First Flying Start Core Budgets Area Planning Board VAWDASV funding
 Offer parents training and support in leading healthy lifestyles, including accredited 'Get Cooking' courses 	Short- medium term
• Explore greater collaborative working in relation to the work on Adverse Childhood Experiences via the National Ace Hub.	Short- term
• IFST training development - to deliver IFST training to social work students who are in the second year of the Masters program.	Short- medium term
• Ongoing work regarding the delivering of IFST Safety Planning training to social work practitioners in the Vale of Glamorgan.	Short- medium term

5. Adult and Young Carers



How are we addressing care and support needs?

1. Regional Partnership Board Priorities

AYC1.1: Identify and implement a carer engagement model	based on best practi	Ce				
Response to PNA Need: N1, N8-N10						
Contribution to Well-being Objectives: WBC3, WBC5, WBV1,						
Contribution to National Outcomes: 1.1-1.6, 2.1-2.3, 3.1-3.3, 4.1-4.2, 5.1-5.2, 6.1-6.			, 8.1			
How will we Deliver?	Partner Agencies		Reporting N	lechanism	1	
Cardiff and Vale of Glamorgan Local Authority Carers	CVUHB, Local Autho		Carers Information and Co	nsultatior	NStrategy -	_
Workstream	Carers, CS3C, GVS,		Annual Report			
 <u>Carers Information and Consultation Strategy</u> 	Trust Wales/SE Wa	les	RPB Annual Report			
<u>Cardiff and the Vale Carers Support and Information</u>						
Network Group (CSING)						
<u>Shaping our Future Well-being Strategy</u>						
<u>Carers Strategy for Wales</u>						
Key Actions		Time	Resources	IAA	Preventative	Alternative
		frame				models
• Support and monitor the delivery of Phase 2 of the Care	rs Engagement	Short-	Core budgets			
Project to build on Phase 1 findings which considered po models and barriers to engagement.	otential carer forum	term	Third Sector	V	V	

AYC1.2 Improve physical and emotional support for young	carers, including em	ergency and	l pre	e-planned respite and reducing	; the ris	sk of Adve	rse
Childhood Experiences (ACEs)							
Response to PNA Need: N1-N2, N4-N9							
Contribution to Well-being Objectives: WBC3-WBC7, WBV1-	-WBCV3						
Contribution to National Outcomes: 1.1-1.6, 2.1-2.3, 3.1-3.3	<u>, 4.1-4.2, 5.2, 6.1-6.2</u>	, 7.1-7.5 <i>,</i> 8.1	<u> </u>				
How will we Deliver?	Partner Agencies			Reporting Mech	anism		
Young Carers Action Plan	CVUHB, Local Auth	orities,	٠	Carers Information and Consu	ultatior	n Strategy -	-
<u>Carers Information and Consultation Strategy</u>	YMCA, Carers, Scho	ools, CS3C,		Annual Report			
Cardiff and Vale of Glamorgan Local Authority Carers	GVS, Carers Trust V	Vales/SE	٠	RPB Annual Report			
Workstream	Wales						
<u>Cardiff and the Vale Carers Support and Information</u>							
Network Group (CSING)							
<u>Shaping our Future Well-being Strategy</u>							
<u>Carers Strategy for Wales</u>							
Key Actions		Time frame		Resources	IAA	Preventative	Alternativ e models
Improve information sharing and recording concerning k	known/identified	Short-	•	Core budgets			
Young Carers		term	•	Cardiff East Young Carers	V	V	
• Improve the Identification of "hidden" Young Carers		Short-		Project			
		medium	•	Cardiff West Young Carers			
		term		Project			
Work with Wellbeing and Mental Health Services to ensu	ure appropriate	Medium-	•	Vale of Glamorgan Young			
identification of Young Carers and referrals to support		term		Carers Project			
Identify and support Young Carers Champions in second	ary schools as good	Short-	•	Cardiff and Vale Young			
practice		term		Carers Club			
Develop a Young Carers ID card		Medium-	•	Carers Trust South East			
		term		Wales			
Develop GP Carer Accreditation Scheme		Short-	•	Young Carers Toolkit			

Short-term = 1 year Medium term = 2-3 years Long-term = 4+ years		
	Medium term = 2-3 years	

	term	Young Carers Network
Support the development of a Pharmacy Carer Accreditation Scheme	Short-	Families First
	term	WG Carer Respite Funding
Plan and deliver actions to provide additional respite in response to WG	Short-	
Carers Respite Funding	term	
• Explore greater collaborative working in relation to the work on Adverse	Short-	
Childhood Experiences via the National Ace Hub	term	
Develop accredited programmes for Young Carers to recognise their skills	Medium-	
and experience	term	
Review Carers Pathway	Short-	
	term	
Other actions to be considered by Cardiff and Vale of Glamorgan Local	Short-	
Authority Carers Workstream. Considerations to include:	medium	
 Support for young carers who work 	term	
 Advocacy that is proactively offered, explained and independent from 		
the advocacy for the person they care for		

Response to PNA Need: N1, N5, N8-N9

Contribution to Well-being Objectives: WBC4, WBC6-WBC7, WBV1, WBV3

Contribution to National Outcomes: 1.1-1.6, 2.1-2.3, 5.2, 6.1-6.2

How will we Deliver?	Partner Agencies	Reporting Mechanism
Cardiff and Vale of Glamorgan Local Authority Carers	CVUHB, Local Authorities,	Carers Information and Consultation Strategy –
Workstream	Carers, CS3C, GVS, CAVAMH	Annual Report
<u>Carers Information and Consultation Strategy</u>		RPB Annual Report
<u>Cardiff and the Vale Carers Support and Information</u>		
Network Group (CSING)		
<u>Shaping our Future Well-being Strategy</u>		

Short-term = 1 year Medium term = 2-2 years Long-term = 4+ years		
Short-term – i year Mieurum term – 2-5 years Eong-term – 4+ years	Short-term – 1 year	Long-term = 4+ years

<u>Nexus</u> <u>Carers Strategy for Wales</u>		
Key Actions	Time frame	Resources IAA Preventative Alternative models
 Cardiff and Vale of Glamorgan Carers Workstream to identify required physical and emotional support needs. Considerations to include: Support for adult carers who work Counselling, other talking therapies and mental health support Provision of training to carers to help them undertake their caring role Intergenerational and mixed support groups Advocacy that is proactively offered, explained and independent from the advocacy for the person they care for 	Medium- term	 Core budgets WG Carer Respite Funding ICF Cardiff and Vale of Glamorgan Carers Directory
• Plan and deliver actions to provide additional respite in response to WG Carers Respite Funding	Short- term	

AYC1.4: Involve carers, including young carers, in the planning of hospital admission and discharge if the person they care for is in hospital Response to PNA Need: N1, N3, N8-N9, N11 Contribution to Well-being Objectives: WBC3-WBC4, WBC6, WBV1, WBV3 Contribution to National Outcomes: 1.1-1.6, 8.1 How will we Deliver? **Partner Agencies Reporting Mechanism** Cardiff and Vale of Glamorgan Local Authority Carers CVUHB, Local Authorities, Carers Information and Consultation Strategy – ٠ ٠ Carers, CS3C, GVS, Age Workstream Annual Report Connects, Carers Trust **Carers Information and Consultation Strategy RPB** Annual Report ٠ ٠ Wales/SE Wales Cardiff and the Vale Carers Support and Information ٠ Network Group (CSING)

Shaping our Future Well-being Strategy

• Cardiff and Vale Unscheduled Care Transformation

Programme						
<u>Carers Strategy for Wales</u>						
Key Actions	Time frame		Resources	IAA	Preventative	Alternative models
• Ensure the inclusion of Carers within hospital admission and discharge	Short-	•	Core budgets			
planning as part of the Cardiff and Vale UHB Unscheduled Care	medium	•	ICF	V	V	
Transformation Programme. Considerations to include:	term	•	Cardiff and Vale of			
 Provision of training/showing carers what needs to be done to sup the person being cared for at home 	port		Glamorgan Carers Directory			
 Provide carers information to take home in a language and format which is accessible to them 						
 Provide follow up support to carers after the person they care for h returned home 	las					
 Ensure the availability of medication from the pharmacy to enable discharge, and support for carers to understand the medication and that it is taken appropriately 	b					

AYC1.5: Provide easily accessible information to carers and relatives in a range of formats and languages, through existing information points, such as primary care and libraries.

Response to PNA Need: N1, N8-N9

Contribution to Well-being Objectives: WBC4, WBC6-WBC7, WBV1, WBV3

Contribution to National Outcomes: 1.1-1.6

How will we Deliver?	Partner Agencies	Reporting Mechanism		
Cardiff and Vale of Glamorgan Local Authority Carers	CVUHB, Local	 Carers Information and Consultation Strategy – 		
Workstream	Authorities, Carers,	Annual Report		
Carers Information and Consultation Strategy	CS3C, GVS, YMCA,	RPB Annual Report		
Cardiff and the Vale Carers Support and Information Network	Carers Trust Wales/SE			
Group (CSING)	Wales			

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years
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Shaping our Future Well-being Strategy					
<u>Carers Strategy for Wales</u>					
Key Actions	Time frame	Resources	IAA	Preventative	Alternative models
Actions to be considered by Cardiff and Vale of Glamorgan Local Authority	Short-	Core budgets	-/		
 Carers Workstream. Considerations to include: Culturally appropriate information in a variety of formats and languages aimed specifically at carers and family members on what they need to know about an individual's health condition, as well as 	term	 WG Carer Transitional Funding Families First ICF 	V	V	
 meeting their own care and support needs Available on- and off-line in a variety of formats and easily accessible in such places as GPs, clinics, hospitals, community centres, libraries and 		 <u>Cardiff and Vale of</u> <u>Glamorgan Carers Directory</u> Dewis 			
a wide-range of community services					

AYC1.6: Raise awareness around caring and carers among public and health and social care professionals, (e.g. adopting an approach similar to Making Every Contact Count), to ensure that carers are identified as early as possible and all involved are aware of their rights as a carer

Response to PNA Need: N8-N9, N11

Contribution to Well-being Objectives: WBC4, WBC6-WBC7, WBV1, WBV3

Contribution to National Outcomes: 1.1-1.6

How will we Deliver?	Partner Agencies	Reporting Mechanism
Young Carers Action Plan	CVUHB, Local	 Carers Information and Consultation Strategy –
Cardiff and Vale of Glamorgan Local Authority Carers	Authorities, Carers,	Annual Report
Workstream	CS3C, GVS	RPB Annual Report
<u>Carers Information and Consultation Strategy</u>		
<u>Cardiff and the Vale Carers Support and Information Network</u>		
Group (CSING)		
<u>Shaping our Future Well-being Strategy</u>		
<u>Carers Strategy for Wales</u>		

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years

Key Actions	Time frame	Resources IAA Preventation	e Alternative models
 Development of a generic Young Carers training package, including e- learning, involving young carers in the process 	Short- medium term	Core budgetsVVFamilies FirstCardiff and Vale of	
 Other actions to be considered by Cardiff and Vale of Glamorgan Local Authority Carers Workstream. Considerations to include: More awareness amongst professionals of the different needs and experiences of carers from diverse communities More awareness in diverse communities of what being a carers is and the support available Easier access to carers' assessments Greater awareness that all carers are entitled to a carer's assessment Asking adult and young carers whether they are willing and able to care 	Short- medium term	Glamorgan Carers Directory Dewis Wales	

6. Health and Physical Disabilities



How are we addressing health and physical disability care and support needs?

1. Other Partnership Activity

A number of care and support needs in relation to **health and physical disabilities** were raised in the PNA, whereby responsibilities for addressing these lie with other Partnerships than the Regional Partnership Board. This Plan provides links to other delivery mechanisms and strategies in place to address the care and support needs identified:

HPD1.1: Promote healthy lifestyles and imp	prove and protect	the	e health and well-being of Car	diff a	and Vale of Glamorgan re	sidents.		
Contribution to PNA Priorities: N1-N13								
Contribution to Well-being Objectives: WB	C2-WBC7, WBV1-	WB۱	V4					
Contribution to National Outcomes: 1.1-1.2	2, 2.1-2.3, 4.1-4.2,	5.2	, 7.2-7.4, 8.1					
How will we Deliver?	Partner		Reporting Mechanism		Resources			Alternative
How will we beliver :	Agencies		Reporting Mechanism		Resources	IAA	Preventative	models
<u>Shaping our Future Well-being Plan</u>	CVUHB, GPs,	•	CVUHB IMTP	•	Core budgets			
<u>2015-2025</u>	Public Health	٠	Annual Report of the	•	Primary Care Fund	V	V	V
 <u>Cardiff and Vale Integrated</u> 	Wales, Local		Director of Public Health	•	ICF			
Medium Term Plan	Authorities,	٠	Well-being Plan Annual	•	Dewis			
<u>Cardiff and Vale Local Public Health</u>	Third Sector,		Reports	•	Public health			
<u>plan 2016/17-2018/19</u>	Food Cardiff,			•	Housing			
• <u>Cardiff Well-being Plan</u> and <u>Vale of</u>	Summer			•	Transport			
Glamorgan Well-being Plan	Holiday				·			
• Primary Care Plan/GP Cluster Plans	Enrichment							
Wellbeing 4U Service	Programme							
Cardiff Independent Living Service	(SHEP), RSLs,							
Strategic Equality Plans	Transport							
<u>Cardiff Housing Strategy 2016-</u>	Providers							

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years

2021			
Vale of Glamorgan Local Housing			
Strategy 2015-2020			
<u>Cardiff Local Development Plan</u>			
<u>2006-2026</u>			
Vale of Glamorgan Local			
Development Plan 2011-2016			
<u>Cardiff Transport Strategy – Keep</u>			
Cardiff Moving			
Vale of Glamorgan Local Transport			
<u>Strategy</u>			

7. Adult Mental Health and Cognitive Impairment

How are we addressing care and support needs?

1. Other Partnership Activity

A number of care and support needs in relation to **adult mental health and cognitive impairment** were raised in the PNA, whereby responsibilities for addressing these lie with other Partnerships than the Regional Partnership Board. This Plan provides links to other delivery mechanisms and strategies in place to address the care and support needs identified:

AMHCI 1.1: Deliver the Cardiff and Vale of Glamorgan 'Together for Mental Health' Plan, which includes ensuring that:

- People in Cardiff and Vale of Glamorgan are more resilient and better able to tackle poor mental well-being when it occurs
- The quality of life for people is improved, particularly through addressing loneliness and unwanted isolation
- Services meet the needs of the diverse population of Cardiff and Vale of Glamorgan
- People with mental health problems, their families and carers are treated with dignity and respect
- All children have the best possible start in life, which is enabled by giving parents / care givers the support needed
- All children and young people are more resilient and better able to tackle poor mental well-being when it occurs
- Children and young people experiencing mental health problems get better sooner
- People with a mental health problem have access to appropriate and timely services
- People of all ages experience sustained improvement to their mental health and well-being through access to positive life chances
- Cardiff and Vale of Glamorgan is a dementia friendly region

Contribution to PNA Priorities: N1-N11 Contribution to Well-being Objectives: WBC3-WBC7, WBV1-WBV3 Contribution to National Outcomes: 1.1-1.6, 2.1-2.3, 3.1-3.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1



How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	ΙΑΑ	Preventative	Alternative models
 Cardiff and Vale Local Mental Health Partnership Board <u>Draft Cardiff and Vale of</u> <u>Glamorgan Dementia Strategy</u> <u>2017-2027</u> <u>WG Together for Mental Health</u> <u>Delivery Plan 2016-2019</u> <u>Shaping our Future Well-being</u> Strategy 	CVUHB, Local Authorities, SWP, GPs, WAST, CAVAMH, Third Sector	 Cardiff and Vale Local Mental Health Partnership Board Annual Report 	Core BudgetsICF Capital	V	V	V
 <u>Cardiff Housing Strategy 2016-</u> <u>2021</u> <u>Vale of Glamorgan Local Housing</u> <u>Strategy 2015-2020</u> 						



How are we addressing care and support needs?

1. Other Partnership Activity

A number of care and support needs in relation to **sensory loss and impairment** were raised in the PNA, whereby responsibilities for addressing these lie with other Partnerships than the Regional Partnership Board. This Plan provides links to other delivery mechanisms and strategies in place to address the care and support needs identified:

SLI 1.1: Deliver the Cardiff and Vale of Glamorgan Eye Care Plan in conjunction with Primary Care, Secondary Care, Cardiff and Vale of Glamorgan University Health Board and Welsh Government

SLI 1.2 Develop and implement a health board wide action plan to meet the All Wales Standards for Accessible Information and Communication for People with Sensory Loss, in order to improve provision across Primary Care, Secondary Care and Emergency and Unscheduled Care

SLI 1.3 Explore the establishment of a partnership delivery mechanism to meet the wider needs of people with sensory loss and impairment

Contribution to PNA Priorities: N1-N11 Contribution to Well-being Objectives: WBC3-WBC4, WBC5-WBC7, WBV1-WBV3 Contribution to National Outcomes: 1.1-1.6, 2.1-2.3, 4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
Cardiff and Vale of Glamorgan Eye Care	CVUHB, GP	Eye Care Steering Board	Core Resources			
Plan	Clusters,	CVUHB IMTP	 Eye Care Wales 	V	V	V
<u>CVUHB Strategic Equality Plan</u>	Health board	CVUHB Strategic Equality	Low Vision Service			
<u>All Wales Standards for Accessible</u>	Eye Care	Plan	Wales			
Communication and Information for	Collaborative	• Sensory Loss Steering Group	Dewis			
People with Sensory Loss	Groups and					
CVUHB 'Standards for Accessible	public health					

Information and Communication for	lead, School	
People with Sensory Loss' Action Plan	Nurses,	
Deaf and Hard of Hearing Mental	Orthoptists,	
Health Network	Optometrists,	
<u>Cardiff Council Sensory Service</u>	Optometry	
Vale of Glamorgan Council Sensory	Wales,	
Service	Third Sector,	
	Local	
	authorities,	
	Older Person's	
	Commissioner	

How are we addressing care and support needs?

1. Other Partnership Activity

A number of care and support needs in relation to **violence against women and men, domestic abuse and sexual violence** were raised in the PNA, whereby responsibilities for addressing these lie with other Partnerships than the Regional Partnership Board. This Plan provides links to other delivery mechanisms and strategies in place to address the care and support needs identified:

VAWDASV 1.1 Deliver the Cardiff and Vale of Glamorgan Violence Against Women, Domestic Abuse and Sexual Violence Strategy

Contribution to PNA Priorities: N1-N14 Contribution to Well-being Objectives: WBC3-WBC7, WBV1-WBV3

Contribution to National Outcomes: 1.1-1.6, 2.1-2.3, 3.1-3.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
 Cardiff and Vale of Glamorgan VAWDASV Strategy – under development WG National Strategy on Violence Against Women, Domestic Abuse and Sexual Violence – 2016-2021 The National Training Framework on violence against women, domestic abuse and sexual violence South Wales Police and Crime Reduction Plan 2017-21 IRIS (Identification and Referral to Improve Safety) Project 	Local Authorities, CVUHB, GPs, SWP, National Probation Service, PCC, Wales Community Rehabilitation Company, LSCB, Cardiff Women's Aid, Atal Y Fro, Safer Wales, BAWSO,	 <u>Public Service Boards</u> Cardiff and Vale VAWDASY Board (from April 18) <u>Cardiff Safer and Cohesive</u> <u>Communities Programme</u> <u>Board</u> <u>Safer Vale Partnership</u> <u>Local Safeguarding Childre</u> <u>Board</u> 	Government/PCC VAWDASV funding Supporting People IFSS Cardiff Multi-Agency	V	V	V

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years



White Ribbon Campaign	Third Sector	Cardiff Signs of Safety		
Local Safeguarding Children's Board				
<u>Child Sexual Exploitation (CSE)</u>				
Prevention Strategy for the NHS in				
<u>Wales 2016 – 2019</u>				
<u>Cardiff Housing Strategy 2016-2021</u>				
<u>Vale of Glamorgan Local Housing</u>				
Strategy 2015-2020				

10. Asylum Seekers and Refugees

How are we addressing care and support needs?

1. Other Partnership Activity

A number of care and support needs in relation to **asylum seekers and refugees** were raised in the PNA, whereby responsibilities for addressing these lie with other Partnerships than the Regional Partnership Board. This Plan provides links to other delivery mechanisms and strategies in place to address the care and support needs identified:

ASR1.1 Deliver the Cardiff and Vale of Glar	ASR1.1 Deliver the Cardiff and Vale of Glamorgan Community Cohesion Delivery Plan 2017-2020						
Contribution to PNA Priorities: N1-N8,	<u> </u>	· · · · · · · · · · · · · · · · · · ·					
Contribution to Well-being Objectives: WB	C2-WBC7, WBV1-	WBV3					
Contribution to National Outcomes: 1.1-1.6	5, 2.1-2.3, 3.1-3.3,	4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.	1				
How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	ΙΑΑ	Preventative	Alternative models	
Welsh Government National	Local	Public Service Boards	Core budgets	,			
Community Cohesion Delivery Plan 2017-2020	authorities, CVUHB, GPs,	 <u>Cardiff Safer & Cohesive</u> <u>Communities</u> 	 WG Community Cohesion Funding 	v	V	V	
 Cardiff and Vale of Glamorgan Community Cohesion Delivery Plan 	Public health Wales, Welsh	 Programme Board Syrian Resettlement 	Home Office Syrian Resettlement				
2017-2010 (under development)	Refugee	Leadership &	Programme				
Welsh Government Refugee & Asylum Seeker Delivery Plan 2016-2019	Coalition, Third Sector,	Operational Groups	FundingCVUHB Cardiff				
<u>Cardiff Well-being Plan</u> and <u>Vale of</u>	RSLs,		Health Access				
 <u>Glamorgan Well-being Plan</u> <u>Cardiff City of Sanctuary</u> 	Displaced People in		Practice (CHAP) Service				
• Inclusive Cardiff Network: Inclusive	Action						
Cities Project (<i>under development</i>)Local Strategic Framework on New and							



Emerging Communities			
• Cardiff Housing Strategy 2016-2021			
Vale of Glamorgan Local Housing			
Strategy 2015-2020			

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years

11. Offenders

How are we addressing care and support needs?

1. Other Partnership Activity

A number of care and support needs in relation to **offenders** were raised in the PNA, whereby responsibilities for addressing these lie with other Partnerships than the Regional Partnership Board. This Plan provides links to other delivery mechanisms and strategies in place to address the care and support needs identified:

Contribution to PNA Priorities: N1-N10 Contribution to Well-being Objectives: WBC3-WBC5, WBC7, WBV2-WBV3 Contribution to National Outcomes: 1.1-1.6, 2.1, 2.3, 3.1, 3.3, 4.1, 5.2, 6.1-6.2, 7.3						
How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternativ models
 South Wales Police and Crime Reduction Plan 2017-21 Transforming Summary Justice Programme Cardiff and Vale Substance Misuse and Wellbeing Commissioning Strategy 2016-2020 Cardiff Housing Strategy 2016-2021 Vale of Glamorgan Local Housing Strategy 2015-2020 	SWP, SWP PCC, National Probation Service, HMP Cardiff, Wales Community Rehabilitation Company, Local Authorities, CVUHB, Third Sector, Ministry of Justice, Welsh Government, Housing, RSLs	 <u>Public Service Boards</u> <u>Cardiff Safer and</u> <u>Cohesive Communities</u> <u>Programme Board</u> <u>Safer Vale Partnership</u> 	 Core Budgets Police and Crime Commissioner / National Offender Management Service budget for the Offender Intervention Service (Cardiff and Vale component) IFSS Cardiff Multi-Agency Safeguarding Hub (MASH) Families First Area Planning Board 	V	V	V

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years

How are we addressing care and support needs?

1. Other Partnership Activity

A number of care and support needs in relation to **veterans** were raised in the PNA, whereby responsibilities for addressing these lie with other Partnerships than the Regional Partnership Board. This Plan provides links to other delivery mechanisms and strategies in place to address the care and support needs identified:

Contribution to PNA Priorities: N1-N10 Contribution to Well-being Objectives: WB Contribution to National Outcomes: 1.1-1.6			8.1			
How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventati ve	Alternativ e models
 Cardiff and Vale Armed Force Community Covenant Action Plan 2017/2019 Veterans Mental Health Support Group Cardiff Armed Forces Community Covenant Vale of Glamorgan Armed Forces Community Covenant Cardiff Housing Strategy 2016-2021 Vale of Glamorgan Local Housing Strategy 2015-2020 	CVUHB, Local authorities, GPs, Public Health, Veterans' NHS Wales, Royal British Legion 160 Brigade Serving Personnel & Veterans' Agency, Third Sector, Housing, RSL	 Cardiff and Vale Armed Forces Forum CVUHB IMPTP 	 Veterans' NHS Wales Hub Veterans Population Needs Assessment <u>Call to Mind : Wales</u> 	v	V	V

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13. Substance Misuse

How are we addressing care and support needs?

1. Other Partnership Activity

A number of care and support needs in relation to **substance misuse** were raised in the PNA, whereby responsibilities for addressing these lie with other Partnerships than the Regional Partnership Board. This Plan provides links to other delivery mechanisms and strategies in place to address the care and support needs identified:

SM1.1 Deliver the Cardiff and Vale of Glamorgan Substance Misuse and Wellbeing Commissioning Strategy with a focus on prevention, education, treatment, support and sustainable long –term recovery.

SM1.2 Increase the safety of our communities by delivering multi-agency responses in locations where discarded injecting equipment and other drug paraphernalia is prevalent

Contribution to PNA Priorities: N1-N11

Contribution to Well-being Objectives: WBC3-WBC5, WBC7, WBV2-WBV3

Contribution to National Outcomes: 1.1-1.6, 2.1-2.3, 3.1-3.3, 4.1-4.2, 5.1-5.2, 6.1-6.2, 7.1-7.5, 8.1

How will we Deliver?	Partner Agencies	Reporting Mechanism	Resources	IAA	Preventative	Alternative models
 <u>Cardiff and Vale Substance Misuse</u> and Wellbeing Commissioning <u>Strategy</u> <u>Cardiff Housing Strategy 2016-2021</u> <u>Vale of Glamorgan Local Housing</u> <u>Strategy 2015-2020</u> 	CVUHB, Local Authorities, SWP, Third Sector, NOMS, Wales Community Rehabilitation Company, National Probation Service	 Cardiff and Vale Substance Misuse Area Planning Board (APB) APB Annual Report APB Quarterly Welsh Government Dashboard 	 £3.46m Substance Misuse Grant Funding £2.52m NHS ring- fenced allocation for substance Misuse Cardiff and Vale local authorities social services substance misuse teams Cardiff and Vale local authorities community 	V	V	V



care budgets for residential rehabilitation placements • Police and Crime Commissioner / National Offender Management Service
Management Service budget for the Offender Intervention
Service (Cardiff and Vale component)

Short-term = 1 year	Medium term = 2-3 years	Long-term = 4+ years

Overview of Population Needs – by Population Group

1. Older People	N1 – Maintain sustainability of key services supporting older	N2 – Improve access to information and advice (e.g. one
	people	stop shop model)
	N3 – Improve integrated management of mental health and	N4 – Increase integration of health, housing and social care
	physical issues	
	N5 – Reduce social isolation and loneliness while maintaining	N6 – Increase support to access practical help with day-to-
	independence	day tasks such as shopping and gardening
	N7 – Improve support and information for people with dementia,	N8 – Provide appropriate housing to meet individuals' needs
Older People, Including	their family and carers	and enable people to remain independent
People with Dementia	N9 – Promote accessible built environments (including good	N10 – Improve the commissioning of care home places to
	lighting and toilets)	enable consistent and high quality care
	N11 – Improve public transport services to enable access to	N12 – Improve access to different types of advocacy
	activities promoting health and well-being	
	N13 Increase digital inclusion to enable access to information and	N14 Promote inter-generational opportunities in
	services	communities
2. Children and	N1 – Improve support for children and young people affected by	N2 – Improve access to appropriate services in a timely
Young People	parental relationship breakdown and domestic violence	fashion, including primary care and mental health services,
		and support for young people with ADHD and Autism
	N3 – Improve access to appropriate services for looked after	N4 – Increase support for young carers, including respite,
	children and children in need, recognising increased rates of	and raise awareness of what they do
	emotional and mental health issues	
	N5 – Increase involvement of children and young people in	N6 Enable smoother transitions between children's and
	decisions affecting them	adult's services
Children and Young People	N7 – Provide appropriate and safe accommodation	N8 – Further develop vocational educational opportunities
		and apprenticeships
	N9 – Respond to the increasing numbers and complexity of needs	
	of children and young people with a disability	

3. Learning Disability and Autism	N1 – Increase the availability of information and services	N2 – Improve public transport services to enable access to activities promoting health and well-being
	N3 – Provide respite to those in need	N4 – Improve access to day opportunities
Learning Disability and Autism	N5 – Increase involvement of people requiring services in decisions affecting them	N6 – Recognise and support people who fall between learning disability and mental health service provision
4. Integrated Family Support	N1 – Improve support for children and young people affected by parental relationship breakdown and domestic violence	N2 – Improve access to appropriate services in a timely fashion, including primary care and mental health services,
Services		and support for young people with ADHD and Autism
	N3 – Improve access to appropriate services for looked after children and children in need, recognising increased rates of emotional and mental health issues	N4 – Provide appropriate and safe accommodation
	N5 – Increase involvement of people requiring services in decisions affecting them	N6 – Increase timely access to low level mental health services (including counselling and family support)
Integrated Family Support Services	N7 – Improve support for the families of people with mental health issues	N8 - Prevent and reduce the incidences of adverse childhood experiences (ACEs)
	N9 – Ensure approached are both needs-led and risk-led	N10 – Improve co-ordination between substance misuse services
	N11 – Improve offender access to mental health and substance misuse services, and counselling post-release	N12 – Improve support to offenders and their families to enable family stability
5. Adult and Young Carers	N1 – Improve access to information (including financial support and services available)	N2 – Improve public transport services to enable access to health and well-being activities
$\mathbf{\wedge}$	N3 – Ensure the discharge planning process involves consultation with carers	N4 – Provide appropriate housing to meet individuals' needs and enable people to remain independent
	N5 Provide accessible respite care (including emergency respite) for those in need	N6 – Improve the availability of mental health support to carers
Adult and Young Carers	N7 – Reduce loneliness and social isolation N9 – Improve access to carers' assessments	N8 – Identify carers and provide support to those in need N10 – Enable smoother transitions between children's and adult's services

	N11 – Address perceptions of carers feeling judged by services	
6. Health and	N1 – Improve access to information and services	N2 – Maintain and improve the provision and sustainability
Physical		of community services
Disabilities	N3 – Improve the flexibility of services, including offering	N4 – Improve transitions between children's and adult's
	provision closer to home	services
	N5 – Increase integration of health, housing and social care	N6 – Promote and target service to meet the needs of vulnerable groups
	N7 – Improve public transport services to enable access to	N8 – Improve the use of public buildings to join-up services
	activities which promote health and well-being	and maximise resources
Health and Physical Disabilities	N9 – Provide appropriate housing to meet individuals' needs and	N10 – Reduce the prevalence of unhealthy behaviours
	enable people to remain independent	
	N11 – Respond to the increasing prevalence of long-term	N12 – Reduce the levels of air pollution
	conditions	
	N13 – Reduce the number of people living in food poverty	
7. Adult Mental	N1 – Increase timely access to low level mental health services	N2- Improve the join-up of information, advice and services
Health and	(including counselling and family support)	
Cognitive	N3 – Reduce loneliness and isolation (especially among people	N4 – Provide appropriate housing to meet individuals' needs
Impairment	with dementia, asylum seekers and refugees)	and enable people to remain independent
	N5 – Continue partnership approach between statutory services	N6 – Improve support for the families of people with mental
	and with the third sector	health issues
	N7 – Improve access to services such as community hubs and	N8 – Improve information and support for GPs to inform
	one-stop-shops	decisions around referrals
Adult Mental Health and	N9 – Improve support for people with dementia, their families	N10 – Improve peer support and mentoring to guide people
Cognitive impairment	and carers	through the system
8. Sensory Loss	N1 – Improve accessible communication and provision of	N2 – Improve opportunities for increasing mobility and
and Impairment	information on services available	rehabilitation
	N3 – Review purpose and use of registers for sensory impairment	N4 – Increase opportunities to improve social interaction, mental health and well-being
	N5 – Improve the provision of person centred equipment and	N6 – Ensure appropriate housing to meet individuals' needs
	technology	and enable independent living

	N7 – Improve access to appropriate specialist services and	N8 – Continue partnership approach between statutory
	assessments	services and with the third sector
	N9 – Identify people with complex needs and sensory impairment	N10 – Improve planning for increase in prevalence of people
	who require additional support	with sight loss
Sensory Loss and Impairment	N11 – Recognise and address diagnosed hearing impairment	
	among older people in care homes	
9. Violence	N1 – Undertake awareness raising in schools to promote healthy	N2 – Promote the use of positive male role models
Against Women,	relationships	
Domestic Abuse	N3 – Provide support and safeguarding to children in households	N4 – Prevent and reduce the incidences of adverse
and Sexual	where there is domestic abuse	childhood experiences (ACEs)
Violence	N5 – Ensure approaches are both needs-led and risk-led	N6 – Increase the accountability of perpetrators
	N7 – Promote early reporting and the implementation of "Ask and Act"	N8 – Improve transparency in family courts
	N9 – Improve access to information on services and support that	N10 – Raise awareness in communities of how they can
	is available	identify and support people experiencing domestic abuse
Violence Against Women, Domestic		and sexual violence
Associate Sector Provide	N11 – Provide appropriate, safe and secure accommodation	N12 – Improve the availability of age-appropriate
		counselling
	N13- Reduce incidences of child sexual exploitation	N14 – Reduce incidences of 'honour'-based violence
10. Asylum	N1 – Improve access to ESOL and interpretation for public	N2 – Improve access to information on education, hate
Seekers and	services	crime, health and service provision.
Refugees	N3 – Improve access to the labour market	N4 – Provide support to help establish links in the community
	N5 – Increase the availability of childcare	N6 – Improve public transport services to enable access to health and social activities
Asylum Seekers and Refugees	N7 – Improve engagement with schools	N8 – Improve access to community mental health services
11. Offenders	N1 –Improve access to mental health and substance misuse	N2 – Respond to the increase in use of new psychoactive
	services, and counselling post release	substances
	N3 – Improve support to enable family stability	N4 – Provide appropriate housing and support
	N5 – Improve access to information on employment and welfare	N6 – Provide youth support services and activities

	benefits support	
LAW	N7 – Promote healthy lifestyles (including sexual health)	N8 – Increase engagement in education and community activities
Offenders	N9 – Improve partnership working and communication between services	N10 – Promote opportunities for continued adult learning and development of life skills
12. Veterans	N1 – Improve mental health diagnosis and care	N2 – Reduce social isolation
•	N3 – Improve access to housing	N4 – Improve the availability of financial advice
	N5 – Improve the provision of services for all conditions affecting veterans, not just post-traumatic stress disorder	N6 – Reduce substance misuse and self-medication
	N7 – Increase early diagnosis and preventative treatment to	N8 – Improve transition between active service and civilian
Veterans	reduce long-term limiting illnesses	life
	N9 – Improve access to information and services	N10 – Reduce safeguarding issues relating to domestic violence
13. Substance Misuse	N1 – Respond to the increased number of people buying illicit substances online	N2 – Respond to the growing 'hidden population' misusing prescription and over the counter medication
\wedge	N3 – Reduce the misuse of neuropathic medications with alcohol and drugs	N4 – Reduce the use of synthetic cannabinoids and nitrous oxide
	N5 – Increase awareness of dual diagnosis (substance misuse and mental health issues in one individual)	N6 – Respond to the increasing prevalence of alcohol related brain damage (ARBD)
Substance Misuse	N7 – Respond to the growing impact of 'legal highs' on emergency services	N8 – Respond to the increased distribution of more portent heroin
	N9 – Reduce the number of older people (50+ years) misusing alcohol through loneliness and boredom	N10 – Review access to substance misuse services (including opening hours)
	N11 – Improve co-ordination between services	

Cardiff and Vale of Glamorgan Well-being Objectives

Cardiff Well-being Objectives	Vale of Glamorgan Well-being Objectives
WBC1 - A Capital City that works for Wales	WBV1 - Enable people to get involved, participate in their communities
	and shape local services
WBC2 - Cardiff's population growth is managed in a resilient way	WBV2 - Reduce poverty and tackle inequalities linked to deprivation
WBC3 - Safe, confident and empowered communities	WBV3 - Give children the best start in life
WBC4 - Cardiff is a great place to grow up	WBV4 - Protect, enhance and value our environment
WBC5 - Supporting people out of poverty	
WBC6 - Cardiff is a great place to grow old	
WBC7 - Modernising and integrating our public services	

Social Services: The National Outcomes Framework for People who Need Care and Support, and Carers who need Support

(http://gov.wales/topics/health/socialcare/well-being/?lang=en)

What well-being means	National well-being outcomes
 Securing rights and entitlements. Also for adults: control over day-to-day life. 	 I know and understand what care, support and opportunities are available and use these to help me achieve my well-being I can access the right information, when I need it, in the way I want it and use this to manage and improve my well-being I am treated with dignity and respect and treat others the same My voice is heard and listened to My individual circumstances are considered I speak for myself and contribute to the decisions that affect my life, or have someone who can do it for me
 Physical and mental health and emotional well-being Also for children: physical, intellectual, emotional, social and behavioural development. 	 2.1 I am healthy and active and do things to keep myself healthy 2.2 I am happy and do the things that make me happy 2.3 I get the right care and support, as early as possible.
3. Protection from abuse and neglect.	 3.1 I am safe and protected from abuse and neglect 3.2 I am supported to protect the people that matter to me from abuse and neglect 3.3 I am informed about how to make my concerns known.
4. Education, training and recreation.	4.1 I can learn and develop to my full potential4.2 I do the things that matter to me.
5. Domestic, family and personal relationships.	5.1 I belong5.2 I contribute to and enjoy safe and healthy relationships.
6. Contribution made to society.	6.1 I engage and make a contribution to my community6.2 I feel valued in society.
 Social and economic well-being. Also for adults: participation in work. 	 7.1 I contribute towards my social life and can be with the people that I choose 7.2 I do not live in poverty 7.3 I am supported to work 7.4 I get the help I need to grow up and be independent 7.5 I get care and support through the Welsh language if I want it.
8. Suitability of living accommodation.	8.1 I live in a home that best supports me to achieve my well-being.

Appendix 4

Glossary

	Α		
ABMU	Abertawe Bro Morgannwg University Health Board		
ACEs	Adverse Childhood Experiences		
ACEs Hub	National Hub set up by Cymru Well Wales to tackle the negative impact of Adverse Childhood Experiences		
ADHD	Attention Deficit Hyperactivity Disorder		
ALN	Additional Learning Needs		
AMD	Age-related Macular Degeneration		
AMHCI	Adult Mental Health and Cognitive Impairment		
APB	Area Planning Board		
ARBD	Alcohol Related Brain Damage		
ASD	Autism Spectrum Disorder		
ASR	Asylum Seekers and Refugees		
AYC	Adult and Young Carers		
	В		
BAWSO	Black Association of Women Step Out		
	c		
C3SC	Cardiff Third Sector Council		
CAMHS	Child and Adolescent Mental Health Services		
CAVAMH	Cardiff and Vale Action for Mental Health		
CAVC	Cardiff and Vale College		
СНАР	Cardiff Health Access Practice - Healthcare Services operating from Cardiff Royal Infirmary for people who find it difficult to visit		
	mainstream GP services		
CSC	Central South Education Consortium		
CSE	Child Sexual Exploitation		

CSING	Cardiff and the Vale Carers Support and Information Network Group
CVIHSC	Cardiff and Vale of Glamorgan Integrated Health and Social Care Partnership
CVUHB	Cardiff and Vale University Health Board
СҮР	Children and Young People
	Ε
ESOL	English for Speakers of Other Languages
	G
GCSE	General Certificate of Secondary Education
GPs	General Practitioners
GVS	Glamorgan Voluntary Service
	н
НМР	Her Majesty's Prison
HPD	Health and Physical Disabilities
	I
IAA	Information, Advice and Assistance
IAS	Integrated Autism Service
ICF	Integrated Care Fund
ID	Identification
IFSS	Integrated Family Support Service
IFST	Integrated Family Support Team
IMTP	(Cardiff and Vale UHB) Integrated Medium Term Plan
IT	Information Technology
	J
JES	Joint Equipment Service
	ĸ
KF	Key Finding
	L
LAC	Looked After Children

LD	Learning Disabilities		
LDA	Learning Disabilities and Autism		
LSCB	Local Safeguarding Children's Board		
	Ν		
NEET	Not in Education, Employment or Training		
NEXUS	Nexus is delivered via CAVAMH and involves those who use older people's mental health services and their carers to have say in the		
	way that those services are planned, run and developed		
NOMS	National Offender Management Service		
	0		
0	Offenders		
OP	Older People		
	Р		
PACT	Police and Communities Together		
PCC	Police and Crime Commissioner		
PNA	Population Needs Assessment		
PSB	Public Service Board		
	R		
RPB	Regional Partnership Board		
RSL	Registered Social Landlord		
	S		
SE Wales	South East Wales		
SLI	Sensory Loss and Impairment		
SM	Substance Misuse		
SSWb	Social Services and Wellbeing		
SWFRS	South Wales Fire and Rescue Service		
SWP	South Wales Police		
	Т		
ТВС	To be confirmed		

The Vale	The Vale of Glamorgan				
	V				
V	Veterans				
VAWDASV	Violence Against Women, Domestic Abuse & Sexual Violence				
	W				
WAST	Welsh Ambulance Services NHS Trust				
WBC	Well-being Cardiff				
WBV	Well-being Vale				
WG	Welsh Government				
WLGA	Welsh Local Government Association				



For further information, please contact:

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