

North Wales Health Screening Project: June 2021 – Present

Background Summary:

Objective: Promote annual health checks and screenings for people with learning disabilities in North Wales.

Health Check Champions: 8 individuals with learning disabilities employed as health screening advocates.

Funding: Supported by North Wales Together and Betsi Cadwaladr Health Trust.

Key Achievements:

Peer-Led Workshops: The Champions have written, created, and delivered peer-led workshops to promote health screenings across North Wales. Workshops emphasise the importance of regular health checks, provide practical guidance and advice, share personal experiences therefore making the content relatable.

Support for Families/Care Staff: Tailored workshops for support and family members educate and empower them about health screenings. Providing an opportunity learn about the significance of health checks, how best to support someone to attend their appointment and what reasonable adjustments are available for the people they support.

Hospital Training Collaboration: The Champions actively co-host the Betsi Cadwaladr Learning Disability Champion training within hospitals with the Learning Disability Health Liaison Nurse team to enhance inclusivity and awareness of people with a learning disability. The Champions share their experiences, bridging gaps between healthcare professionals and individuals with learning disabilities.

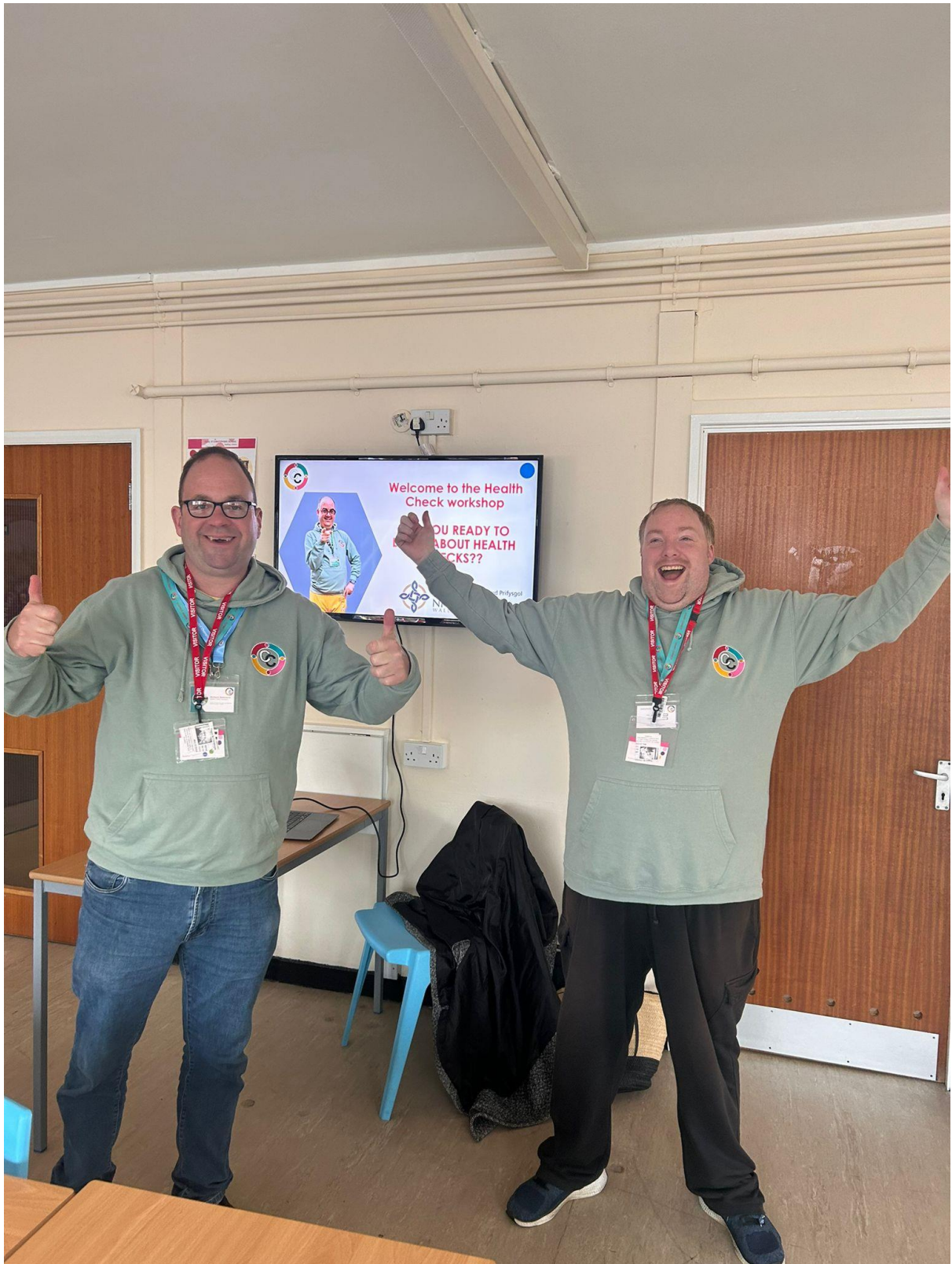
Partnership with Public Health Wales: The project collaborates to create easy-to-read information about screenings. The Champions contribute to producing clear and concise materials that empower informed decision-making.

Consultants and Advocates: The Champions also work as consultants and advocates. They actively engage with healthcare providers, advocating for personalised and positive health screening experiences. Their insights lead to improvements in an inclusive service delivery.

Employment Opportunities for People with Learning Disabilities: The project has employed 8 people with learning disabilities. The project has fostered independence and self-sufficiency for the Champions. They have gained valuable skills, which has boosted their confidence. Also, being part of a working team has improved their social connections, as well as positively impacting on their general health and wellbeing

This project highlights a dedication to health, empowerment, and accessibility. The Champion's work not only improves individual health outcomes but also contributes to a more informed and compassionate healthcare system.







The Rowan Organisation Cymru



