

9th to 15th June
Carers
2025

WeekTM



**Monday 9th
June**

Caring Friends

**Coffee
& Cake**



to celebrate Carers Week

10:00-12:00

Blossom Cafe
Wellfield Road

CONTACT CERY S REES:

cerys.rees@cardiff.gov.uk

07977 750470

**Tuesday 10th
June**

CARERS GROUP at CAER HERITAGE

10:00 - 11:30

CHURCH ROAD, CAERAU



**Wednesday
11th June**

Unpaid Carer Advice and Support Drop-in

10:00 - 12:00

**Butetown Hub
Plas Iona**

Gwasanaethau Byw'n Annibynnol
Independent Living Services



**Thursday 12th
June**

Support Group for Carers of Neurodiverse People

Drop-in as you can
between 14:00 - 16:00



Caerdydd sy'n Deall
Niwrowahaniaeth
Neurodivergent
Friendly Cardiff

**Llandaff North
& Gabalfa Hub**
College Road

**Conversation,
Coffee & Cake!**

**Friday 13th
June**

Care'diff CARERS Connect

14:00-16:00

Online drop-in session
for conversation and
support

Email
carediff@cardiff.gov.uk
to receive the link



9^{fed} i 15^{fed} Mehefin
Wythnos
2025

Gofalwyr



Dydd Llun
9^{fed} Mehefin

Cyfeillion Gofalu

Goffi a Chacen

i ddathlu Wythnos y Gofalwyr

10:00-12:00

Blossom Cafe
Wellfield Road

CYSYLLTWCH Â CERYS REES:
cerys.rees@caerdydd.gov.uk
07977 750470



Dydd Mawrth
10^{fed} Mehefin

GRŴP GOFALWYR
yn

CAER HERITAGE

10:00 - 11:30

CHURCH ROAD, CAERAU



Dydd Mercher
11^{fed} Mehefin

Cymorth a
Chyngor ar gyfer
Gofalwyr Di-daliad

10:00 - 12:00

Hyb Butetown
Plas Iona

Gwasanaethau Byw'n Annibynnol
Independent Living Services



Dydd Iau
12^{fed} Mehefin

Grŵp Cefnogaeth
i Ofalwyr Pobl
Neurodydd

Dewch i mewn pan allwch
rhwng 14:00 - 16:00



Caerdydd sy'n Deall
Niwrowahaniaeth
Neurodivergent
Friendly Cardiff

Hyb Llandaff
North a Gabalfa
College Road

Sgwrs, Coffi a
Chacen!

Dydd Gwener
13^{fed} Mehefin

Dinas Gofal
CYSWLLT
Gofalwyr

14:00-16:00

Sesiwn **galw heibio**
ar-lein ar gyfer sgwrs a
chymorth

E-bost
dinasgofal@caerdydd.gov.uk
i dderbyn y ddolen

