

Short Breaks Scheme

Expression of interest form (1 October 2026 – 31 March 2029)

Please refer to the **guidance notes** when completing this form

Section 1: Contact details			
Organisation name:			
Contact name and role:			
Contact email:		Contact phone number:	
Organisation registered address:			
Partnership applications. Please state the name/s and legal status of any partner organisation.	Organisation name.	Legal status	

Section 2: About your organisation	
Date your organisation was established:	
Legal status:	
Charity No (if applicable):	
Company No (if applicable):	
Has your organisation ever been subject to an	

investigation by any authority, regulatory body, or other organisation? If yes, please provide details.	
Please state the number of paid employees that work for your organisation.	
Please list any quality standards currently held by your organisation and the date achieved.	
2.2 Please provide statements of your organisation's mission, vision, and values.	
2.3 Please give a brief description of your organisation. Please summarise the range of services your organisation provides and what you do on a daily basis (max 300 words).	
2.4 Please tell us about your experience of working with unpaid carers in Wales (max 300 words)	

Documents required to be submitted with your expression of interest.

Please provide the following documents to support your expression of interest:

1. Please attach a copy of your governing documents i.e., Memorandum and Articles of Association, constitution etc
2. A copy of your latest audited or verified accounts

These documents will be reviewed as part of the due diligence process.

Please confirm (by putting a cross in the relevant boxes) that the lead applicant has the following documents, that are up to date and incorporated across the organisation. **Please do not send copies of these documents, we will request them if needed:**

1. List of up-to-date insurance certificates
2. Copies of your Safeguarding policies for vulnerable adults and children
3. Equal Opportunities or Diversity & Inclusion (or equivalent) Policy
4. General Data Protection & Confidentiality Policies & Procedures
5. Complaints Policy & Procedure
6. Financial Policy & Procedure
7. Health & Safety Policy & Procedure

Section 3: Project proposal

Please state the name of your project.

3.1 Project Summary.

Please provide a summary of your project making it clear **who** the project is targeting, **what** will be delivered, **where** it will be delivered (**max 400 words**).

3.2 Please tell us why you think we should fund your project (max 100 words)

3.3 Where will your project be delivered (please cross all of those that apply)

Anglesey	<input type="checkbox"/>	Merthyr Tydfil	<input type="checkbox"/>
Blaenau Gwent	<input type="checkbox"/>	Monmouthshire	<input type="checkbox"/>

Bridgend	<input type="checkbox"/>	Neath Port Talbot	<input type="checkbox"/>
Caerphilly	<input type="checkbox"/>	Newport	<input type="checkbox"/>
Cardiff	<input type="checkbox"/>	Pembrokeshire	<input type="checkbox"/>
Carmarthenshire	<input type="checkbox"/>	Powys	<input type="checkbox"/>
Ceredigion	<input type="checkbox"/>	Rhondda Cynon Taf	<input type="checkbox"/>
Conwy	<input type="checkbox"/>	Swansea	<input type="checkbox"/>
Denbighshire	<input type="checkbox"/>	Torfaen	<input type="checkbox"/>
Flintshire	<input type="checkbox"/>	Vale of Glamorgan	<input type="checkbox"/>
Gwynedd	<input type="checkbox"/>	Wrexham	<input type="checkbox"/>

3.4 Short break summary. Please indicate the types of short breaks your project proposes to deliver (please cross all relevant boxes).

Overnight breaks (hotel/caravan accommodation)	<input type="checkbox"/>
Day activities	<input type="checkbox"/>
Micro grants/one off small breaks (£50 and under)	<input type="checkbox"/>
Individual grants (£50 and over)	<input type="checkbox"/>
Group activities (arranged trips/activities with other carers)	<input type="checkbox"/>
Other (please state):	

3.5 Please detail the estimated number of unpaid carers who will benefit from your project?

Young Carers (under 18)	Adult Carers (18+)	TOTAL

3.6 Please indicate if you will be targeting unpaid carers from the following carer communities/groups (cross all those that apply)

Male Carers	<input type="checkbox"/>
Carers from the LGBTQ+ Community	<input type="checkbox"/>
Carers from Minoritised Ethnic Communities	<input type="checkbox"/>

3.7 Please indicate which carer communities will benefit from your project (cross all that apply)

Adult carers only	<input type="checkbox"/>	Carers of people with learning disabilities	<input type="checkbox"/>
Young carers only	<input type="checkbox"/>	Carers of people who are neurodivergent	<input type="checkbox"/>

All young carer and adult carer communities	<input type="checkbox"/>	Carers of people with a physical disability	<input type="checkbox"/>
Carers of people with a specific health condition or supporting people at end of life	<input type="checkbox"/>	Carers of people living with dementia	<input type="checkbox"/>
Carers of people struggling with mental health	<input type="checkbox"/>	Parent carers	<input type="checkbox"/>
Carers of people with substance dependency problems	<input type="checkbox"/>		<input type="checkbox"/>

Section 4: Project costs

Please confirm, by ticking the boxes, the time period you are seeking the grant for and the total estimated cost of your project (please refer to the guidance notes for maximum levels per Local Authority).

Time period	2026/27 – Six mths <input type="checkbox"/>	2027/28 <input type="checkbox"/>	2028/29 <input type="checkbox"/>
Funding requested	£	£	£

General Data Protection Regulations

Carers Trust complies with the General Data Protection Regulations in the processing and storage of data. For further details on how we protect and use personal data please read our Privacy Policy at www.carers.org/privacy-policy. If you need to contact us regarding the use of personal data or information, please email dpo@carers.org or call 0300 772 9600.

Declaration

In signing this form, I confirm that the information provided is true and accurate and, if this application is successful, I agree to provide full information on how the grant has been spent and outcomes achieved if requested by Carers Trust.

I understand that the information provided in any report to Carers Trust regarding the Short Breaks Scheme may be circulated and discussed with any person or organisation supporting Carers Trust to assess, deliver and evaluate the Short Breaks Scheme.

Authorised Signatory:

Title:

Date:



Ariennir gan
Lywodraeth Cymru
Funded by
Welsh Government

Funded by Welsh Government and co-ordinated by
Carers Trust Wales. The Short Breaks Scheme enables
unpaid carers in Wales to take a vital break from caring.