

# Cardiff and Vale – ICCS Summit

4 March 2026



Cefnogi Trydydd  
Sector **Cymru**  
Third Sector  
Support **Wales**



# Who We Are and What We Do?

- Cardiff Third Sector Council (C3SC) and Glamorgan Voluntary Services (GVS) are the county voluntary councils (CVCs) serving Cardiff & Vale of Glamorgan, respectively.
- As infrastructure charities they support and represent their local third sector.
- Both are membership organisations with a diverse range of over 2000 third sector organisations between them from across the region.
- They are the “go to” organisations for information about and engagement with the third sector as a whole , for volunteering opportunities, and for funding, training and governance guidance and support.



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# Our Impact



# Context & Purpose

- Supporting people's health and wellbeing involves a series of factors - social connection, a sense of belonging - that extend beyond clinical care
- The voluntary sector plays a critical role in community health and wellbeing.
- Increasing demand plus limited resources = an opportunity for collective action based on understanding and connecting with what is already working.



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# Health, Care and Wellbeing – Experience and Expertise in Prevention

- Tackling Poverty
- Equality & Cohesion focused initiatives
- Physical & Mental Health Support
- Taking Environmental Action
- Increasing access to Education, Training and Employment



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# Integrating the voluntary sector

- Investing in and embedding voluntary sector services
- Integrating partnership development in systems
- Integrate and respect community expertise, roles and culture
- Resist duplication - displacing existing skills, trust and expertise



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# Integrating the voluntary sector

- Embed in the switch from hospital based to community delivery
- Make use of existing resources
- Build in what's working
- Integrate resilience



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# Integrating the voluntary sector

- Coordination
- Connection
- Strengthen
- Involve



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# Thank you! / Diolch!

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