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CARDIFF & VALE
REGIONAL
PARTNERSHIP
BOARD

Workshop discussions

What might the future look like?

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Exercise 1

- Imagine that in two years' time Cardiff & Vale's Integrated Community Care System has won a prestigious award for the quality, effectiveness and responsiveness of care provided to local residents
- In the groups at your table spend the next 20 minutes discussing what you think the characteristics of this award-winning system would be
 - What would the features of the system be?
 - What would it feel like for staff to work within this system?
 - How would it feel for patients and residents?
- Note your key discussion points on the flipchart paper provided
- Start with introductions at your own tables



Exercise 1 - Feedback

- What were the key characteristics of the award-winning system that you discussed?
- How did it feel for residents and staff?



Exercise 2

- Reflect on the award-winning characteristics identified
- For the next 20 minutes consider what opportunities exist to help the system bring these characteristics to life over the next two years – e.g. scaling and expanding existing initiatives or entirely new system transformation initiatives
- Consider opportunities from the perspectives of:
 - Prevention, Well-being and Self Care
 - Co-ordinated Proactive Care
 - Complex Care Closer to Home
 - Crisis/Intensive Support
- Agree on two ambitious and achievable opportunities that you'd like to explore further in the next exercise



Exercise 2 - Feedback

- What are your chosen two opportunities to discuss further?
- Are these opportunities building on existing work or new initiatives?



Exercise 3

- For the two identified opportunities complete the template on your table
- Capture the following information:
 - Describe the opportunity
 - What would the experience be for patients, residents and staff?
 - What impact would the opportunity have?
 - What would you need to make the change happen?
- Select one of your opportunities to present back to the room with your acceptance speech upon winning the prestigious award!
- Prizes are available!



Exercise 3 - Feedback

- I'd like to thank...
- Present the key features of one of the opportunities you've written up via an acceptance speech upon winning the prestigious award
- There will be a vote for the winning opportunity!

