

CARDIFF AND VALE OF GLAMORGAN REGIONAL PARTNERSHIP BOARD

10th June 2025

14:00-17:00

MINUTES OF THE MEETING

ATTENDANCE

Cllr Ash Lister (Chair)	Cabinet member, Social Services, Children's Services, Cardiff Council
Cath Doman	Director of Health and Social Care Integration, Cardiff and Vale RPB
Professor Ceri Phillips	Vice Chairman, Cardiff and Vale University Health Board
Chris Markall	Assistant Director of Finance, CVUHB (RPB Banker)
Claire Beynon	Executive Director of Public Health, Cardiff and Vale UHB
Cllr Ashley Lister (Chair)	Cabinet member, Social Services, Children's Services, Cardiff Council
Cllr Eddie Williams	Cabinet member, Social Care and Health, Vale of Glamorgan Council
Cllr Leonora Thomson	Cabinet Member, Adult Services and Public Health, Cardiff Council
Emma Cooke	Executive Director of Allied Health Professionals, Health Scientists and Community, Cardiff and Vale UHB
Estelle Hitchon	Director of Partnerships and Engagement, Welsh Ambulance Services NHS Trust
Lance Carver	Director of Social Services, Vale of Glamorgan Council
Mike O'Brien	Unpaid Carers Representative, Cardiff and Vale RPB
Sam Austin	Chief Executive and Director of Operational Services, Llamau
Sarah McGill	Corporate Director, People and Communities, Cardiff Council
Sarah Scire	Head of Service (Central) Platform: Older People
Sheila Hendrickson-Brown	Chief Executive Officer, Cardiff Third sector Council (C3SC)
Secretariat	
Rebecca Al-Nashee	CAV RPB Partnership Team, Cardiff and Vale RPB
Meredith Gardiner	Head of Partnerships and Assurance, Cardiff and Vale RPB
Guests	
Alex Staples	Partnership, Communications and Engagement Officer, Cardiff and Vale RPB
Anna Tee	Partnership Programme Manager, Cardiff and Vale RPB
Chris Ball	Ageing Well Programme Manager, Cardiff and Vale RPB
Dr Michael Allum	Consultant, Public Health Medicine
Rebecca Hooper	Operational Manager, Regeneration, Cardiff Council
Rebecca Stewart	Principal Public Health Specialist, Local Public Health Team
Stephen Clarke	Clinical Lead, Strategic Programme for Mental Health, Cardiff and Vale UHB
Suzanne Wood	Consultant, Public Health Medicine, Public Health Wales
Catherine Washbrook	Community Dietician, Dietetics
Dan Crossland	Director of Operations, Mental Health Clinical Board, Cardiff and Vale UHB
Official Observer	
Lauranne Cullen	Observer, Llais Cymru

APOLOGIES

Casey French	Policy Advisor, Care Forum Wales
Charles Janczewski	Vice Chairman, Cardiff and Vale University Health Board
Cllr Lee Bridgeman	Cabinet Member, Housing and Communities, Cardiff Council
Cllr Lynda Thorne	Cabinet Member for Housing & Communities, Cardiff Council
Cllr Margaret Wilkinson	Cabinet Member, Housing and Building Services, Vale of Glamorgan Council
Cllr Sandra Perkes	Cabinet Member for Public Sector Housing and Tenant Engagement, Vale of Glamorgan Council
Elizabeth Jones	Director of Learning and Skills, Vale of Glamorgan Council
Helen White	Chief Executive, Taff Housing Association
Lisa Trigg	Director of Workforce Development and Improvement, Social Care Wales
Melanie Godfrey	Director of Education, Cardiff Council
Rachel Connor	Chief Executive Officer, Glamorgan Voluntary Service (GVS)
Suzanne Rankin	Chief Executive, Cardiff and Vale UHB
Cllr Sandra Perkes	Cabinet Member, Public Sector Housing and Tenant Engagement, Vale of Glamorgan Council

Minute number	Minute	Lead
381	1. WELCOME AND INTRODUCTIONS <u>Apologies and Declarations of interest</u> Apologies were received from: • Charles 'Jan' Janczewski • Cllr Lynda Thorne • Cllr Sandra Perkes • Melanie Godfrey • Suzanne Rankin • Helen White. Cllr Ash Lister Chaired the meeting in Jan's absence. There were no declarations of interest.	Cllr Ash Lister
382	2. Diabetes deep-dive Michael Allum and Rebecca Stewart introduced the item, which had been circulated previously as Items 2.1–2.4, referencing the full details set out in the associated paper. The aim of the deep dive was to consider the role of the RPB and its member organisations in addressing the rising impact of diabetes. <u>Key Points</u> • Diabetes prevalence is rising, with an estimated 48,000 additional cases by 2035/36—a 22% increase from 2021/22. • Type 2 diabetes accounts for 90% of cases, with a notable rise among under-40s, especially in Cardiff East and South. • Diabetes-related healthcare costs are significant, with £10 billion spent UK-wide in 2021/22 and £25–52 million in CVUHB in 2022/23. • Risk factors include age, ethnicity, family history, and socioeconomic status. • A whole-system approach is being developed, including initiatives like <i>Good Food and Movement</i>, community growing projects, and workplace schemes.	

Minute number	Minute	Lead
	- The framework focuses on healthy environments, supportive settings, and system-wide priorities. - Equity of access and engagement with underrepresented groups remain key challenges. - Diabetes has been identified as a regional "North Star" priority for the RPB. Discussion - Concerns were raised about the removal of cooking from the school curriculum and the limited opportunities for students to eat well and be physically active during the school day. - It was noted that there was no representation from education at the meeting, and members agreed to follow up with local authorities to explore possible curriculum changes. - The potential for preventative schemes to unintentionally widen inequalities was highlighted, particularly in less affluent communities. - The importance of a layered, whole-system approach to change was emphasised, with recognition that no single intervention would be sufficient. - Barriers faced by people on low incomes and unpaid carers in accessing healthy food and physical activity were discussed, with suggestions for respite and environmental support. - The role of the third sector in engaging communities and communicating messages effectively was acknowledged. - The need to involve communities in co-producing solutions and learning from past initiatives was reiterated. - Challenges around access to health services and the risk of stigmatising certain groups were discussed, alongside the need to educate both children and parents. - The impact and accessibility of injectable, weight-loss medications was debated, with concerns about long waiting times, financial burden, and potential side effects. - It was noted that unhealthy food is often more accessible and affordable, and that different communities have varying relationships with food. - The importance of culturally sensitive, non-judgemental approaches and improved health literacy was highlighted. - The need for better coordination of existing initiatives and integration into services already accessed by communities was discussed. - A QR code and survey link were shared to gather further feedback from members. Action: ➤ Circulate link to the health needs Diabetes survey to partners for as wide a dissemination and response as possible. ➤ Members agreed to follow up with local authority education leads to explore possible curriculum changes around the removal of cookery classes and reduction in free exercise time and the potential negative impact on diabetes awareness and prevention. ➤ Consider the findings of the health needs assessment to consider next steps and an appropriate partner-wide delivery plan, further discussion to take place at SLG and RPB to support as necessary. Decision The RPB: • NOTED the deep-dive and associated findings. • APPROVED the continued development of a whole-system, co-produced approach to diabetes prevention and care.	Secretariat Cllrs Lister and Williams. Dr Michael Allum

Minute number	Minute	Lead
383	3. Report of the Chair of the Strategic Leadership Group Sarah McGill introduced the item, which was presented verbally. Key points - The 50 Day Challenge received a positive response and yielded good results. A continued focus on discharge was observed, with a need to shift toward a whole-system approach that addresses underlying causes of rising demand. Strong partnership arrangements were noted, with an emphasis on resolving issues locally before escalating to Welsh Government. - Objective 3 capital funding was approved. The full business case for Ely Parkview was ready but had been deferred; it would be shared via email to RPB members for endorsement. - Concerns were raised that recent Welsh Government correspondence to the Health Board may mean delaying some capital funding while the Health Board addresses financial challenges. - Other areas such as the Annual Report and Delivery Plan would be considered in greater detail later in the meeting. Discussion - The importance of moving beyond a discharge-focused model to a broader, system-wide approach was emphasised. - It was agreed that effective local partnership working should enable the region to resolve issues independently before involving Welsh Government. - Updates on capital funding were welcomed, though concerns were noted about potential delays due to national financial constraints. These will continue to be monitored through the SLG. Action ➤ Share the Parkview Business case for endorsement via email once ready for circulation. Decision The RPB: NOTED the report.	Secretariat
384	4. New Mental Health Strategy 25-35 and Acute and Crisis Care Redesign report Steve Clarke and Sarah Scire introduced the item which had been circulated previously as <i>Item 4</i>, referencing the full details set out in the associated paper. Key points - The strategy set out a new national vision for mental health and wellbeing, with a focus on flexible, person-centred access to both formal and informal services. - Demand for services continue to outstrip supply, with challenges including workforce capacity, limited funding, estate and digital infrastructure, and variable outcomes. - A stepped care model, inspired by Canadian practice, was proposed—offering same-day support via web, phone, text, or in person, with no limits on return visits. - Early evidence showed reduced waiting times, improved satisfaction, and increased appointment attendance. - Cultural sensitivity and lived experience were central to the model.	

Minute number	Minute	Lead
	- An accelerated design event and co-production process received positive feedback, with calls for continued involvement. - Opportunities identified included a single mental health crisis response point, improved data sharing, coordinated sanctuary provision, and cross-referral acceptance. - Over half of the mental health budget in Wales is currently spent on inpatient care; data quality remains a challenge but is expected to improve. Discussion - Concerns were raised about how the workforce would be developed to meet rising demand, and the lack of understanding around the causes of increased mental health need. - It was acknowledged that fears of being overwhelmed by open-access models exist, but processes would be in place to manage demand and map community assets. - The need for a gradual, phased implementation was emphasised. - The high cost of out-of-area placements due to limited local capacity was discussed, alongside the challenge of shifting resources upstream without a national framework. - Positive changes in service user experience were noted, though concerns were expressed about missed opportunities due to fragmented investment and planning. - It was highlighted that when people were fully informed, they often chose self-help options, underlining the importance of accessible information. - The lack of public health insight into the root causes of stress was noted, with GPs often being the default contact point despite limited capacity to address social determinants. - A need for public messaging or campaigns to guide people to appropriate support routes was identified. Action ➤ It was agreed that the RPB should maintain a watching brief on development of the strategy, inviting further discussion to take place at either SLG or RPB as appropriate. Decision The RPB: NOTED the report. APPROVED the direction of the strategy and redesign approach.	Sarah Scire / Steve Clarke / Secretariat
385	5. Part 9 Statutory Guidance 2025 amendments Cath Doman introduced the item which had been circulated previously as Item 5, referencing the full details set out in the associated paper. Key points - It was proposed that the item be taken to the Strategic Leadership Group (SLG) for further, detailed consideration. - An assessment will be undertaken to identify any implications for the RPB's Terms of Reference and forward plan as appropriate. Action ➤ Bring an action plan to ensure compliance with the 2025 Part 9 amendments to a future meeting of the RPB for assurance. ➤ Update the SLG and RPB Terms of Reference accordingly	Cath Doman Cath Doman / Secretariat



Minute number	Minute	Lead
	<u>Decision</u> The RPB: • NOTED the update. • APPROVED the proposed next steps.	
386	6. Draft Annual Report 2024-25 Meredith Gardiner introduced the item which had been circulated previously as Item 6, referencing the full details set out in the associated paper which included an assessment of compliance with statutory content requirements for assurance. <u>Key points</u> • Progress was reported across all priority areas, with most deliverables either completed or in progress. Three items within VAWDASV, @Home and Workforce had been delayed or cancelled with alternative approaches identified. • The Social Value Triannual Report was noted as part of the submission. <u>Discussion</u> • The importance of ensuring that partner organisations are aware of and engage with the Annual Report was highlighted. It was agreed that the report would be shared with local cabinets and colleagues. • Concerns were raised about Section 16 Forum arrangements for Children and Young people in Cardiff, with uncertainty around whether all required structures are currently in place. • It was confirmed that the report includes input from the Adult Forum, while the Children's Forum contribution is still pending. • Members were invited to request any further information if needed. <u>Action</u> ➤ Seek information on the implementation of a Children and Young Peoples Section 16 Forum in Cardiff. ➤ Members to ensure the Annual Report is endorsed through their respective organisational governance arrangements <u>Decision</u> The RPB: • APPROVED the RPB Annual Report for 2024/25	Cllr Ash Lister All
387	7. Annual Delivery Plan 2025-26 Meredith Gardiner introduced the item which had been circulated previously as Items 7.1-7.2, referencing the full details set out in the associated paper which included an assessment of compliance with statutory content requirements for assurance. <u>Key points</u> • The plan outlined the forward programme of work for 2025–26 which had been developed by stakeholders for each commitment area. • A framework of assurance via Annual Status Reports and / or Deep Dives to the RPB had also been planned and included within the document for reference.	



Minute number	Minute	Lead
	<u>Discussion</u> - It was noted that diabetes was not referenced in the presentation. It was confirmed that deep dives around diabetes would continue as part of the delivery approach. <u>Action</u> ➤ Members to ensure the Annual Delivery Plan 25/26 is endorsed through their respective organisational governance arrangements <u>Decision</u> The RPB: NOTED the update. APPROVED the RPB Delivery Plan for 2025/26.	All
388	8. Summary Performance Assurance Report (Revenue) - Q4 (final) Meredith Gardiner introduced the item which had been circulated previously as Item 8, referencing the full details set out in the associated paper. <u>Key points</u> - The report had been submitted to Welsh Government in April as per statutory requirement and had received positive feedback, the reports being viewed as a benchmark of best practice within Wales. - Members were encouraged to review the dashboards, numerical data, and outcome graphs presented. - The programme closed the year having fully utilised all allocations, with some funds reallocated from slippage to support objectives elsewhere within the portfolio. - The report had been previously considered and approved by SROs and the Strategic Leadership Group. <u>Decision</u> The RPB: NOTED the report APPROVED the final Q4 RPB Performance Assurance Report for 2024/25.	
389	9. Suicide Prevention and Self Harm Strategic Plan Suzanne Wood and Claire Beynon introduced the item which had previously been circulated as Items 9.1-9.2, referencing the full details set out in the associated paper. <u>Key Points</u> - This was the second Suicide and Self-Harm Strategic Plan developed in South Wales, building on the first iteration. - A draft was presented to the RPB in February 2025. - In 2023, there were 56 registered suicides in Cardiff and Vale, and in 2022, there were 122 admissions due to self-harm. - A face-to-face engagement event was held at Cardiff Castle in October 2024 and live-streamed. It informed the draft vision and eight strategic objectives. - Twenty consultation responses were received and addressed in the final version. - The plan was now presented for ratification. <u>Discussion</u> - The importance of RPB support for implementation was raised.	

Minute number	Minute	Lead
	- It was confirmed that a steering group was being established, with a public sector focus, feeding into the regional forum and national programme board as part of the governance structure. - Members requested that third sector involvement be included where possible. Action ➤ Ensure that third sector colleagues are involved within the delivery structure for the Suicide prevention and Self Harm Strategic Plan. Decision The RPB: ENDORSED the final Suicide Prevention and Self-Harm Strategic Plan.	
390	10. RPB conference report Alex Staples introduced the item which has previously been circulated as <i>Item 10</i>, referencing the full details set out in the associated paper. Key Points - The conference reflected the work delivered by the RPB and identified areas to build on, using attendee feedback to inform planning for the next event. - Attendance exceeded expectations, with strong representation across organisations and sectors. - The event highlighted the strengths of regional priorities and promoted innovation and practical collaboration. - High satisfaction levels were reported, with positive feedback on networking and engagement opportunities. - A dedicated webpage summarising the day is available, with a link included in the presentation slides. - Various suggestions for improvement at next year's event had already been made. Partners were encouraged to provide further feedback via the hyperlink noted in the report. Discussion - The event was praised for its energy and engagement, with strong guest retention noted. - It was emphasised that outputs from the workshops must be reflected in future plans to maintain credibility and engagement. - Continued conversations from the neurodivergence (ND) workshop were encouraged, with third sector partners offering to support ongoing dialogue. - It was confirmed that ND-related work would link with the <i>ND Friendly Cardiff</i> initiative, despite not being explicitly mentioned in the forward plan. Action - RPB members are encouraged to provide personal feedback on the conference via this hyperlink - Ensure that follow-on actions are taken from each workshop where appropriate. Decision The RPB: NOTED the conference report and feedback.	RPB Members Alex Staples
391	11. Board Development Plan – 2nd July 2025 Cath Doman introduced the item, which was presented verbally. Key Points	



Minute number	Minute	Lead
	- A Board Development session is scheduled for 2nd July 2025 at the All Nations Centre, with Professor Michael West leading the session. - The session will focus on advancing the RPB's maturity as a board—shifting from a primarily operational and delivery-focused group to one that also provides strategic leadership, fosters innovation, and drives system-wide transformation for better outcomes. - All members were asked to complete the Partnership Assessment Tool by 20 June 2025. - A reminder will be circulated by Cath Doman and the RPB Secretariat. - A video message from Professor West was shown, outlining the session's focus on organisational and partnership culture, shared goals, and constructive management of conflict. - The assessment tool explores key dimensions of healthy partnership working, drawing on economic and organisational learning from the past 70 years. Action: ➤ RPB members are encouraged to complete the Assessment Tool by 20.06.25 in readiness for the development session on 2nd July. Decision The RPB: NOTED the update and upcoming development session. Action - RPB members to complete the Partnership Assessment Tool by 20 June 2025. - RPB Secretariat to issue a reminder closer to the date.	All Secretariat
392	12. Items for noting 12.1 Minutes of the RPB 14.02.25 12.2 RPB action log 12.3 Minutes for noting: - Regional Digital Board 12.4 Record of items circulated to members between meetings 12.5 Draft Minutes of the SLG 09.05.25 Decision The RPB: NOTED and APPROVED the Minutes of the last RPB 14.02.25 NOTED and APPROVED the RPB action log NOTED and APPROVED the Regional Digital Board Minutes NOTED and APPROVED the Items of note circulated to members between meetings NOTED and APPROVED the Minutes of the Strategic Leadership Group 09.05.25	
393	10. Any Other Business No items of any other business were raised.	
	Meeting close	Chair

DATES OF FUTURE MEETINGS



BWRDD PARTNERIAETH
RHANBARTHOL
CAERDYDD A'R FRO
CARDIFF & VALE
REGIONAL PARTNERSHIP
BOARD

Dates of future RPB formal meetings:

02.07.25 all-day event in All Nations Centre: RPB Board development day.

09.09.25 13:00 – 16:00: Regional Partnership Board – Deep Dive on Neurodivergence